

# CHOOSE TO THRIVE™

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A 'BETA EXPERIENCES' PRESENTATION



“Would you live your life over and over again for eternity?”

*paraphrased from Friedrich Nietzsche's*

THE ETERNAL RECURRENCE OF THE SAME

ARE YOU JUST ENDURING LIFE OR ARE YOU THRIVING?



## YOU CAN CHOOSE TO BE INTENTIONAL

CHOOSE YOUR LIFE'S PATH, NOT BY SEEING YOURSELF AS A PRODUCT OF YOUR PAST, BUT BY TAKING CONTROL OF THE FUTURE.

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MAKING YOUR

## LIST TO THRIVE

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1. CHOOSE TO THRIVE
2. IDENTIFY YOUR VALUES
3. PRIORITIZE YOUR VALUES
4. MAKE YOUR LIST

Nothing on your list can conflict with your values

Items on your list can be retroactive

Once on your list, you *cannot* take it off

And...

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# LIVE YOUR LIST AND THRIVE!

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“You must live your List in order to know what THRIVE feels like.

Then will you be committed to live a life to THRIVE.”

~ Dr. Creagh

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TO LEARN MORE CONTACT US AT

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**WE DESIGN AND GUIDE CUSTOMIZED EPIC LEARNING ADVENTURES**

BECAUSE YOU CAN ONLY FULLY UNDERSTAND WHAT THRIVING MEANS  
WHEN YOU EXPERIENCE IT FOR YOURSELF