

McKinsey Health Institute Holistic Health in the Workplace MORALE

PHYSICAL HEALTH



**MENTAL HEALTH** 



SOCIAL HEALTH



SPIRITUAL HEALTH



PRODUCTIVITY

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## Newton Employee Wellness Survey

I generally feel mentally well and able to handle work-related stress.



My workload is manageable and does not negatively impact my mental health.

Neutral Negative 35% 65%



## Newton Employee Wellness Survey

My work gives me a sense of purpose and fulfillment.

Neutral 13% Negative 82%

There is space for spiritual or personal reflection if needed.

Neutral Negative
17% 81%



# Newton Plant Challenges

Previous Year Attrition Rate Previous Year Process Reliability Issues

\$450 \ Increase in Unplanned Scrap

Plant Involvement in Company-wide ERG

as of January 2024

MORALE

PRODUCTIVITY

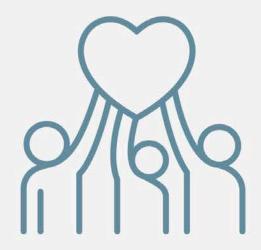






#### ERG DEVELOPMENT

Revamp current Interfaith resource group to be more frontline oriented



# CHAPLAINCY PROGRAM

Hire corporate chaplains to serve as employee counseling resource



## BUDDY SYSTEM

Pair experienced employees and new hires to boost camaraderie

#### COMPONENTS

Bottom up appraoch to create spiritual dialogue at the plant level

Site events, lunch & learns, religious support, diverse networking, mixers, mentorship & more

#### **IMPACT**

Allows for religious freedom and space to celebrate diverse beliefs

## CORPORATE EFFORTS

Faith celebrations in corporate offices

Corporate luncheon series

Networking at corporate headquarters

Workshops tailored to **corporate** employees

Corporate mentorship programs

Interfaith art exhibits at **corporate** headquarters ピ *more...* 





#### COMPONENTS

**Relationship** issues, **grief** care, child and aging parent **support**, stress management, **spirituality** 

PROVIDE VARIETY OF SUPPORT

**Tyson** Chaplaincy Program, **American Airlines**, and US Department of **VA** 

PRESENCE IN CORPORATE SETTINGS

#### **IMPACT**

Employees have shown 30% decrease in absenteeism, 20% reduction in employee turnover, and 15% increase in productivity

PROVEN RESULTS



#### COMPONENTS

Pairs employees of different faiths, ethnicities, backgrounds, age, & experience

Incentivize meetings with site lunches for participants

Create network with local businesses to give incentives for mentor pairs to meet



## **BENEFITS & IMPACTS**

Creates a diverse network and support system for new and seasoned employees

Mentored employess have shown 83% higher job satisfaction

20% higher employee engagement, 23% lower turnover rates, 18% more productive

Building a site network & community

# Productivity Metrics

Employee Monthly Production

Technician Attrition

Line Process Reliability

Unplanned Downtime

Change in...

## **ERG REVAMP**

\$28k

**\$10** per site employee to jumpstart ERG involvement replicated x 7 company ERGs (average ERG investment is \$2-5)

## **BUDDY SYSTEM**

\$4k

**\$10** per site employee to encourage sharing meals, breaks, and work-life

## CHAPLAINCY PROGRAM

\$120k

**\$60K salary** per Chaplain ~\$6k above industry average

## Investment

&

Savings

\$6.1M

NEWTON PLANT SAVINGS (24 MONTHS)

ASSUMES 20% ATTRITION RATE REDUCTION AND 4 ISSUES ELIMINATED

#### **6 MONTHS**

Announce additional Interfaith ERG events

Create **Buddy Matching System** 

Interview and hire site chaplain

# How We Implement

TIMELINE MILESTONES

## 18 MONTHS

**Reconduct McKinsey Survey** to analyze culture change

> Explore site budget to create safe spaces

Collaborate with local businesses for Buddy System rewards & perks

## **24 MONTHS**

Hire additional Chaplain(s) based on site headcount

Expand ideas to scale to other OmniBrand Sites

LONG-TERM

#### 12 MONTHS

Host Interfaith ERG sponsored site event

Host **Buddy** System employee luncheon

Analyze YOY changes to production levels

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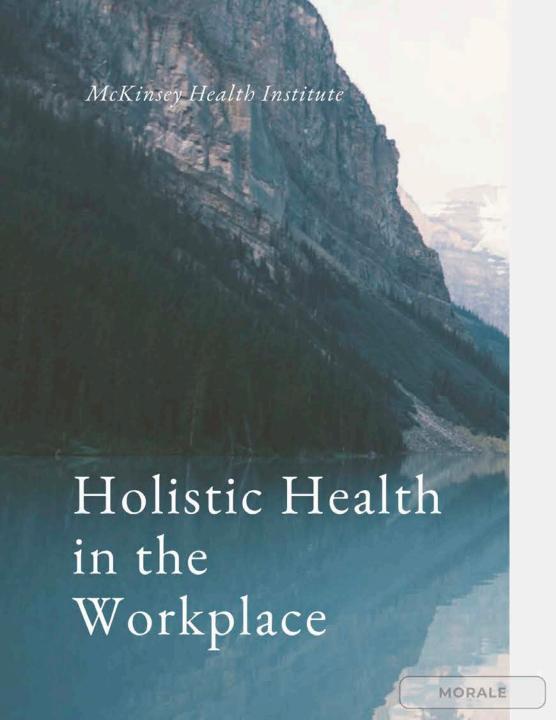
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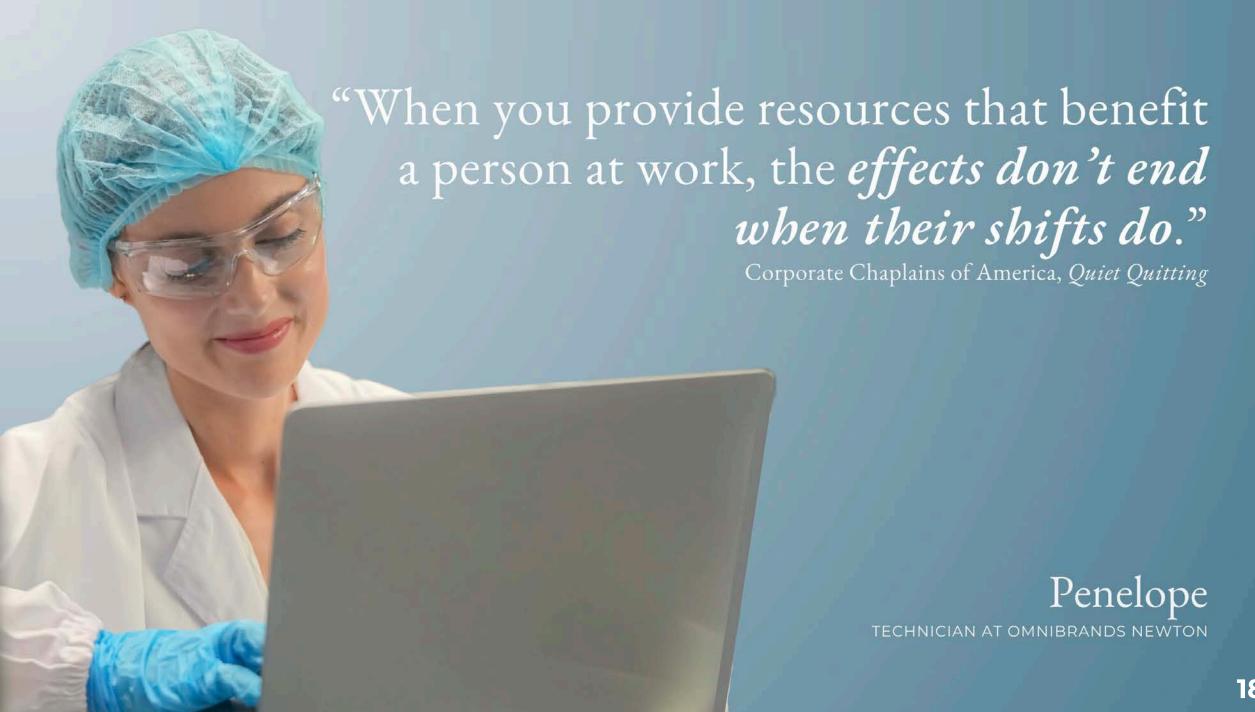
SOCIAL HEALTH



SPIRITUAL HEALTH



PRODUCTIVITY



# Our Team











# Wellness Survey Results

Metadata

150 Respondents

4 categories

4 questions per category

## Likert Scale 1-5

1- Strongly Disagree

2-Disagree

3- Neutral

4-Agree

5-Strongly Agree

## Impact

Negative

Positive









# Financial Metrics

Costs				Cost Savings	
Total Emplo	oyees	200		1 Unplanned Reliabil	\$56,25
ERG Numb	ers	7			
<b>ERG Rate</b>		\$ 10.00	per employee		
Buddy System Rate		\$ 10.00	per employee		
Chaplain Sa	lary	\$ 60,000.00			
Total Invest	tment Newton Site				
		Month 0	Month 24		
ERG		\$ 14,000.00	\$ 28,000.00		
Buddy		\$ 2,000.00	\$ 4,000.00		
Chaplaincy		\$ 60,000.00	\$120,000.00		
TOTAL		\$ 76,000.00	\$ 152,000.00		
		\$56,250			
	Savings 24 months	\$225,000			
		\$ 73,000.00			
	ROI	48%			

48%
ROI = (Savings-Cost)/Cost

## SAVINGS FROM RECOMMENDATIONS

Employee Turnover reduction of 20%				
2 employees per month				
24	months			
48	employees retained			
\$ 15,000.00	cost of attrition per employee			
\$720,000.00	savings over 24 month period			

Reduction to 8 unplanned issues errors by end of 2 years				
\$ 56,000.00	Cost per issue			
4	issues on average reduced			
24	months			
\$5,376,000.00	Expected Savings			

\$6,096,000.00 TOTAL SAVINGS

# Financial Impact

SAVE NEWTON MONEY

50%

\$56K

DECREASE IN COMMON RELIABILITY ISSUES

FACTORY SAVING PER RESOLVED ISSUE

# Well Being vs Productivity

The reasons to act go beyond improving health:

Recent McKinsey research finds that employee disengagement and attrition—more common among workers with lower well-being—could cost a median-size S&P company between \$228 million and \$355 million a year in lost productivity.



## Reframing employee health: Moving beyond burnout to holistic health

We look at how companies can take a holistic health approach with programming that helps employees prioritize physical, mental, social, and spiritual health.

McKinsey & Company / Nov 1, 2023

# The Cost of Low Employee Morale and Engagement

According to a 2021 Gallup workplace study, low employee engagement costs the global economy about \$8.1 trillion. The same study found that employee engagement has decreased to a very low 20% across the globe, and that has senior leadership scratching their heads wondering how to boost employee morale and have a more productive workforce.



# Faith Oriented ERG's on the Rise

"These long-termers include Tyson Foods, Texas Instruments, and American Airlines. That number is increasing today -- 20% of the Fortune 100 companies have established faith-oriented Employee Resource Groups (ERGs) as part of their workplace diversity initiatives. And the number of companies embracing faith-based ERGs is growing."

https://www.faithandworkstl.org/blog/faith-based-employee-resource-groups-on-the-rise

## Embrace Religion in The Workplace

Companies that openly acknowledge and engage religious diversity as an asset, however, can strengthen team cohesion and improve performance.

Accenture offers inclusive holiday policies and religious literacy training, among other hallmarks. At the first annual Faith & Belief @ Work case competition, held at Brigham Young University in February, Sumreen Ahmad, a global change management lead at Accenture, spoke to the power of engaging religious diversity: "If leaders want to create an environment where people are not only **incentivized to come to work** but also where they can **thrive for the greater good**, they need to start by understanding what matters most."

Treating religion as an asset and giving employees permission to talk about religion at work is the first step to harnessing the power of religious diversity.

Harvard Business Review

## Embrace Religion in The Workplace



Redi Index is a measure of religious diversity in the workplace

Top companies are ranked on various criteria within their leadership and workforce



# Methods of Implementing Inclusive Faith Policies

- 1. Inclusive Language
- 2. Work flexibility
- 3. Appropriate dress code
- 4. Company marketing and awareness
- 5. Celebrations
- 6. Safe Spaces
- 7. Networking & learning meetings



# Corporate Chaplain Association Employee Support

### **CCA PROVIDES 1-ON-1 EMPLOYEE SUPPORT**



#### Pre-Marriage and Marriage Issues

Marriage isn't always like the romantic comedies that Hollywood portrays. Whether you're engaged or married, a CCA Corporate Chaplain is available for you.



#### Grief Care and Hospital Visits

You can't control when tragedy strikes; however, you can control who walks alongside you. A CCA Corporate Chaplain supports you and your family.



#### Children and Aging Parents Support

Whether you are caring for children or caring for aging parents, each season of life has fresh challenges. A CCA Corporate Chaplain is here to support you through it.



#### Stress Management

Don't let stress control you; a CCA Corporate Chaplain is here to help you manage your stress to help you get back in control of your life.

# Why Outsource Corporate Chaplains?

Outsourcing is more cost-effective and timely than hiring and training a full-time staff person.

CCA's training and support network gives your company a wealth of **resources** in addition to your onsite **chaplain**. CCA has an outstanding track record of working with employees in all types of businesses.

CCA has chaplains spread across America.

# Impact of Corporate Chaplains in Various Industries

Association of Corporate Chaplains (ACC): Reported a 30% reduction in absenteeism and a 15% increase in productivity among employees who utilized their chaplaincy services, citing improved stress management and focus.

Baptist Health South Florida: Implemented a chaplaincy program, reporting a **20% reduction in employee turnover** within a year.

"Kevin Scherer will lead and direct Tyson Foods' chaplaincy program – **one of the largest private sector corporate chaplaincy programs in the country**. Tyson's chaplaincy network includes more than 100 chaplains across **22 states** who provide pastoral care, counseling and support to team members at many of the company's plant and office locations... Tyson Foods' chaplaincy program **began in 2000** and provides compassionate pastoral care to team members and their families, **regardless of their religious affiliation or beliefs**. The program includes **full and part-time chaplains** who informally make themselves available to talk to team members."

# CCA Quote on Effects of Resources

"In reality, how a person feels all the time plays an enormous factor in how they work. Therefore, one of the greatest things a company can do is invest in looking after its employees' personal well-being on the job.

"When you provide resources that benefit a person at work, the effects don't end when their shifts do."

# Chaplain Importance

Private lives bleed over into work life. A chaplain provides a constant source of support for employees, regardless of their faith. The best organizations are voluntary, permission-based, and completely confidential. They are a direct extension of your company offering ongoing support, guidance, and encouragement. A chaplain's presence and continued efforts can lead to a wide range of benefits that have lasting impacts on personal happiness and company performance. Plus, in a crisis, a chaplain will provide support for all employees that can drive loyalty.

TODAY, CORPORATE CHAPLAINS OF AMERICA CARE FOR MORE THAN 500,000 EMPLOYEES AND THEIR FAMILY MEMBERS ACROSS THE NATION. A chaplain in the workplace is a compassionate, caring presence to listen when people need to talk. Through openness, non-judgement, and empathy, they provide one-on-one care that can often prove life-changing.

Source : Corporate Chaplains of America

# Mentor Program Statistics:

- Higher Retention: A study by BambooHR revealed that companies with buddy programs experience 23%
  lower turnover rates among new hires. Having a friendly face and support system early on helps them feel
  valued and integrated.
- Enhanced Productivity: Research by Brandon Hall Group suggests that employees with buddies are 18% more productive during their first six months. This comes from quicker learning, avoiding mistakes, and receiving timely support.
- Boosted Morale: Buddy systems can lead to 20% higher levels of employee engagement according to SHRM. The sense of belonging, social interaction, and informal learning contributes to a more positive workplace.
- Career Development: A study by Deloitte found that employees with mentors are 6 times more likely to be promoted within their companies. Mentors provide guidance, advice, and opportunities for skills development.
- Increased Leadership Skills: A report by The Ken Blanchard Companies revealed that participants in mentoring programs saw a 22% improvement in their leadership skills. Mentors can share best practices, offer feedback, and help cultivate leadership qualities.
- Stronger Work Relationships: Mentoring fosters deeper connections between employees of different levels and backgrounds. This creates a more collaborative and supportive work environment.
- Improved Job Satisfaction: Research by the International Coach Federation indicates that mentored employees have 83% higher job satisfaction compared to their non-mentored counterparts. The guidance, support, and recognition received through mentoring contribute to greater happiness at work.

# Americans & Religion

#### STORY HIGHLIGHTS

- 82% say they are religious, spiritual or both
- 18% say they are neither spiritual nor religious, up from 9% in 1999
- Percentage saying they are religious down from 54% in 1999

Gallup.com

### Links: Faith Based Orgs and Articles

Denver Institute: Faith and the Workplace

Faith Co-Op: Chattanooga

Faith Study: MIT Sloan

**Charlotte Institute for Faith at Work** 



### Employee Happiness

### What makes employees happy?

It's easy to assume that money is the main motivation for being happy at a job, but research doesn't back up that idea. According to a survey by **Indeed**, while lack of fair pay is a top reason employees consider leaving.

### Top three things that make employees feel truly happy at work are:

- Feeling energized and motivated by their tasks.
- Feeling like they belong in their workplace and company.
- Feeling like they have a clear purpose for being at work.

Where did being paid fairly rank in the survey in terms of bringing happiness at work? It landed in last place, with only 5% of people stating that as their biggest happiness motivator.

## Forbes Report on Work Life Balance

The pandemic gave a lot of workers time to think and reconsider what they wanted out of their work situations. This reflection led to what became known as the **Great Resignation**, where many people **left their jobs** for new opportunities.

The truth is, most people didn't leave their job only because of wage or benefits issues. Many also left in pursuit of what is known in Greek as "eudaemonia." According to Britannica, in conventional translations to English, this word means "happiness." Simply put, many people left their jobs for the pursuit of happiness.

Forbes.com

### Indeed Survey Article



### The Great Realization: Why Happiness at Work Is Possible

According to an Indeed work happiness survey by Forrester, people believe you can be happy at work -- learn...

indeed.com

In a 2021 Microsoft study of hybrid work, 40% of respondents said they are considering leaving their employers this year. In June alone, four million workers resigned. While some call this pattern a "Great Resignation," Indeed sees this moment rather as a "Great Realization" of the opportunity to find happier, more fulfilling work and, in turn, lives.

"How we spend our days, of course, is how we spend our lives." Annie Dillard author of "The Writing Life" 92% of workers say how they feel at work impacts their personal lives at home.