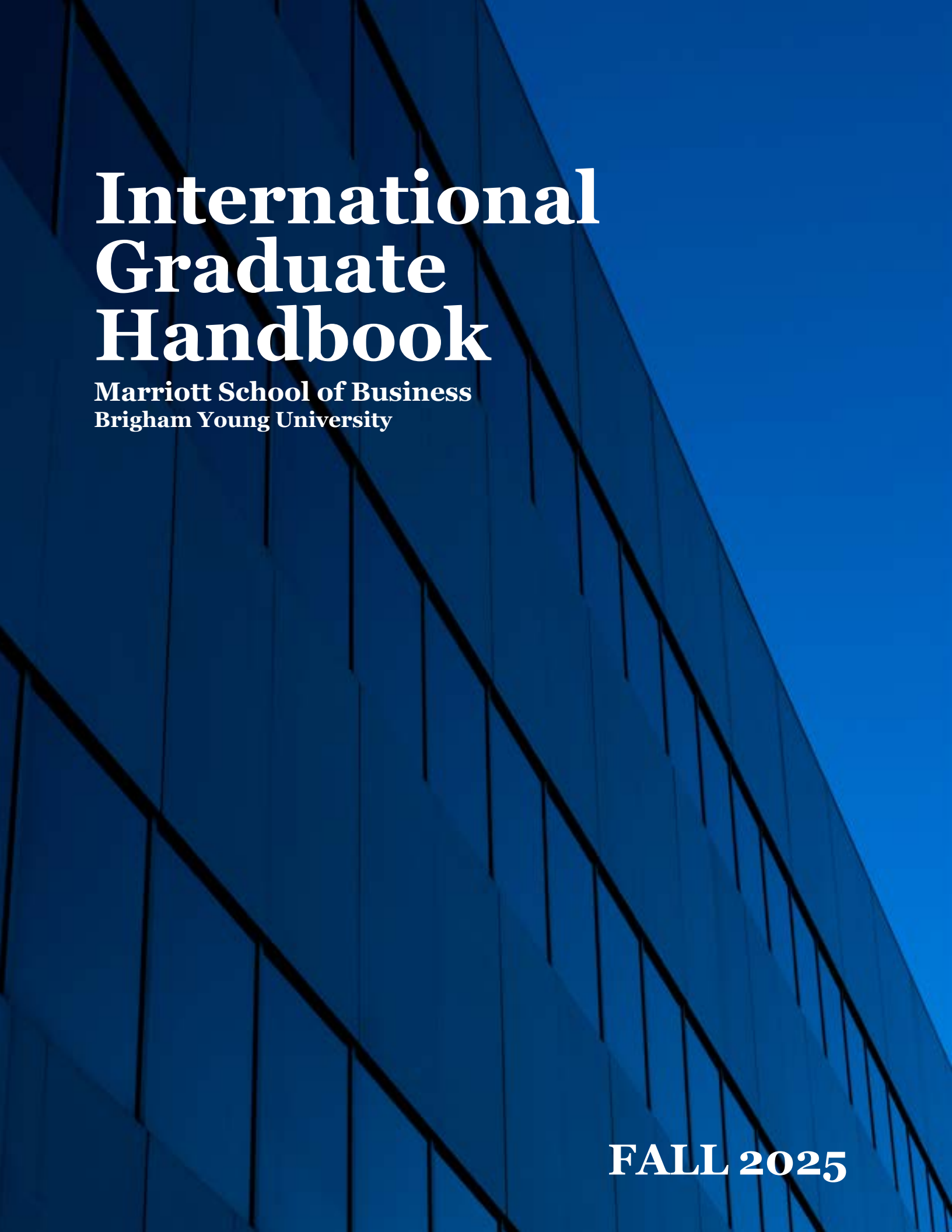


The background of the cover is a low-angle, upward-looking photograph of a modern building with a glass facade. The building's structure is composed of dark, vertical and diagonal lines that create a strong geometric pattern against a clear, vibrant blue sky. The perspective makes the building appear to be rising steeply towards the top right corner of the frame.

International Graduate Handbook

**Marriott School of Business
Brigham Young University**

FALL 2025

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Welcome to the Marriott School of Business. Studying at BYU is a unique and special opportunity. In this rich environment, you will have an opportunity to contribute to class discussions and make lasting friends who will appreciate the “unique you.” We invite you to join us and help make BYU a better place.

Take advantage of these next two years. Learn and absorb all you can. It has never been more important to be connected to the global economy than it is today. As an international student you bring a unique perspective to classroom discussion. Contribute to the learning and development of all students by sharing experiences from your international background. Seek out opportunities to get involved in case competitions, field studies, business plan competitions, and other activities in the school. You will find great benefit by participating in these programs.

Please stop by my office any time if you have questions. My staff and I would be happy to provide any assistance possible. All the best and good luck this school year.

Sincerely,

A handwritten signature in black ink, appearing to read 'Shad Morris'.

Shad Morris
Director
Whitmore Global Business Center



About the University

Brigham Young University traces its roots to Utah's pioneer heritage. The original school, Brigham Young Academy, was established in 1875, on about one acre of land in what is now downtown Provo.

The Academy's curriculum strengthened, and enrollment grew. In 1903 the name of the school was officially changed to Brigham Young University. Work began in 1909 on the Maeser Memorial Building, the first of many structures on the university's present site.

Successive administrations oversaw the university's growth in the number of buildings and the size of the student body. The university's academic development was signified by the inauguration of the school's first doctoral program in 1957. With the help of its committed presidents, BYU has continued to grow, refine its mission, and pursue excellence.

Today, under the leadership of President C. Shane Reese, the university remains dedicated to the integration of academic excellence with faith in Jesus Christ and His restored gospel. BYU now has fourteen colleges and schools within the university and more than 35,000 students from across

the United States and more than 105 countries. BYU continues to develop students of faith, intellect, and character who have the skills and the desire to continue learning and to serve others throughout their lives.

Situated in a valley with nearly half a million people, Provo offers a small city feel without losing its college town charm. When you need a break from your studies almost every type of scenery imaginable is only a short drive away—making this the perfect place to also get an education from nature. Whether you're looking to ski at nearby Sundance, go hiking on 11,752-foot Mount Timpanogos, or kayak the Provo River, recreational opportunities abound.

Weather

The weather in Utah can change quickly. It is not unusual for it to be snowy in May or sunny in December. The average temperature for January is 41° F (5° C), and for July is 93° F (34° C). Dress in layers to prepare for changing temperatures, especially in spring and fall. Snowfall can make roads slick and dangerous, so use caution when driving in the snow. For more information visit **www.weather.com**.



BYU Culture

The Marriott School at Brigham Young University is here to attract, develop, and place men and women of faith, character, and professional ability who will become outstanding leaders capable of dealing with change in a global environment. This atmosphere is created and preserved through commitment to conduct that reflects those ideals and principles. All members of the BYU family—faculty, administrators, staff, and students—agree to maintain the highest standards of honor, integrity, and morality. They strive to follow the example of the Savior, Jesus Christ. Members of the campus community follow modest dress and grooming standards that enhance the learning atmosphere. Individuals who are not members of the Church of Jesus Christ of Latter-Day Saints are expected to maintain the same standards of conduct.

BYU students commit to be honest. All work must be their own unless specified. Students should avoid academic dishonesty in all its forms, including but not limited to plagiarism, falsification, cheating, and other academic misconduct. The BYU Honor Code is found at honorcode.byu.edu.

Recognized by recruiters around the world as one of the best places to hire graduates with high ethical standards, BYU supports David O. McKay's teachings that character is the highest aim of education. Marriott School professors recognize this truth and its importance in becoming a trusted leader. The development of strong moral and spiritual values along with essential management skills help BYU graduates conduct business with integrity.

Church of Jesus Christ Religion

BYU is privately-funded by The Church of Jesus Christ of Latter-day Saints. The focus of the school is not to convert students to

The Church of Jesus Christ of Latter-day Saints. However, it may be beneficial to know some of the language and basic beliefs about the church to help build understanding in this new culture.

For a brief introduction on basic beliefs and common church terms visit marriottschool.byu.edu/gmc/student-exchange/incoming/sponsorship. For a further knowledge and understanding visit official church web sites:

Official Church Information:

churchofjesuschrist.org

Beliefs about Jesus Christ:

jesuschrist.churchofjesuschrist.org

Other religious denominations can be found at dexknows.com. There are clubs and groups on BYU campus for various religious denominations. Please visit **clubs.byu.edu** for details.

Devotionals

All students, faculty, and employees are encouraged to attend weekly devotionals. Speakers present varying topics from personal and religious enrichment to forums on current issues and other topics. Devotionals take place every Tuesday from 11:05 a.m. to 11:50 a.m. Mode of delivery is still to be determined. All on-campus services and centers are closed during this time.

Prayer in Classroom

As students attend class at BYU, lectures might start with prayer. Volunteers will be selected to offer the opening prayer to start the class. Everyone will fold their arms and bow their heads in respect. The person offering the prayer will act as the voice for the body and will end the prayer by saying the name of Jesus Christ, amen. Afterwards, everyone has the opportunity to participate by saying amen together.





BRIGHAM YOUNG UNIVERSITY





Marriott School of Business

As part of Brigham Young University, the Marriott School of Business seeks to instill strong values, high ethical standards, and a determined work ethic in its students. It is truly a unique place to gain a business education.

Named for benefactors J. Willard and Alice S. Marriott, the Marriott School is nationally recognized for its outstanding management leadership and education. The school attracts some of the brightest students and faculty from across the nation and around the world.

Business journals and magazines consistently report the Marriott School as one of the top business schools in the nation and the world. A Marriott School education is rooted in strong management and interdisciplinary training and supported by an emphasis on ethics and principle-based leadership.



Learning at the Marriott School is enhanced by the cultural perspectives students and faculty bring to the classroom.

Nearly 10 percent of Marriott School students come from outside the United States. Most of the faculty and students have lived abroad for a year or more. Approximately 60 percent of students are bilingual, and more than 20 percent speak three or more languages fluently.

The Marriott School offers both undergraduate and graduate degrees. Approximately 2,800 undergraduate students and 1,000 graduate students are enrolled in the Marriott School. The Marriott School has more than 800 students enrolled as minors.

Nine undergraduate bachelor degrees are available: accounting, finance, information systems, marketing, human resources, strategy, entrepreneurship, experience design, and global supply chain. Four minors are also offered to students: business, global business & literacy, nonprofit management, and strategy.

The Marriott School awards four different master's degrees in six different programs. The Master of Business Administration (MBA), Executive MBA (EMBA), Master of Accountancy (MAcc), Master of Information Systems Management (MISM), Master of Public Administration (MPA), and Executive MPA (EMPA).

In addition to the superior classroom instruction offered in the Marriott School, the college also supports many programs, centers, and institutes to enhance classroom education. For more information visit **marriott.byu.edu**.

Marriott School Student Resources

Marriott School students enjoy one of the strongest support systems on campus. Aggressive career placement services, support centers, advanced computer resources and facilities, dynamic student clubs and organizations, and active alumni networks all help students move confidently through their studies. The school’s distinguished faculty and administration recognize the need for more than classroom learning. The Marriott School is home to centers and institutes specifically designed to help students succeed. Many of the centers and institutes sponsor mentored research projects, field studies, business excursions, and business plan competitions.

Global Business

The Whitmore Global Business Center gives an international perspective into all programs at the school. The GBC supports the international focus by coordinating the school’s international curriculum, research, and outreach activities. The center not only sponsors more business language courses than any other U.S. business school, it also works with faculty to develop international cases and sponsors international field study and consulting projects. Earning a Global Business Certificate—through language competency, course knowledge, and international experience—signifies to employers your ability to excel in a global economy. The GBC also acts as host and facilitator to Marriott School international students. Learn more at gbc.byu.edu.

Entrepreneurship and Technology

The Rollins Center for Entrepreneurship and Technology educates, encourages, and supports students to successfully start and operate new business ventures using innovative technology. Successful entrepreneurs and business leaders mentor and prepare students to work and lead in a highly digitized world. Students are given opportunities to explore entrepreneurship and innovative technologies through programs like the Student Entrepreneur of the Year, the Business Plan Competition, the Entrepreneur Lecture Series, the Web Business Idea

Competition, and the Omniture Web Analytics Competition. Visit learnearnreturn.com.

Social Impact

BYU Marriott’s Ballard Center for Social Impact is the world’s largest university program focused on social impact. The Ballard Center helps students become active participants in solving the world’s most pressing social problems by matching students personal skills and interests with educational experiences that lead to a meaningful life. Find more at marriott.byu.edu/ballard

Institutes

Students have access to two institutes in the Marriott School—the Romney Institute, which sponsors the MPA and EMPA programs, and the Peery Institute of Financial Services. The H. Taylor Peery Institute of Financial Services focuses on attracting high-quality faculty, developing new course material, fostering research, and providing students with employment opportunities, internships, and field studies. It also serves as an intermediary between students and financial leaders, bringing students one step closer to the industry. Find more marriott.byu.edu/peery.

Business Career Center

This center has become the focal point for the Marriott school’s placement, internship, and field study efforts. The Steven and Geor-

gia White Career Center includes, a reference library, an eRecruiting system, twenty interview rooms, and a hosting center. The center’s professional staff offers assistance in writing cover letters, negotiating offers, finding internships, networking, and composing resumes. Utilizing state-of-the-art technology, the staff is able to tailor internship, field study, and career placement to the needs of recruiters and students. Visit marriottschool.byu.edu/career.

Clubs

The Marriott School’s clubs and organizations help students network and gain additional exposure to specialized disciplines, extend classroom learning, and gain career contacts. Students may join into a network of more than 35,000 Marriott School alumni committed to the school’s mission and success. Check out the Finance Society, Marketing Association, Investment Banking Club, Business Strategy Club, Collegiate Entrepreneurs Organization, International Graduate Student Association and more than a dozen others at marriott.byu.edu/clubs.



Kay and Yvonne Whitmore Global Business Center

The Kay and Yvonne Whitmore Global Business Center houses the Center for International Business Education and Research (CIBER), which coordinates the international curriculum, research, and outreach of the Marriott School. The center supports many programs and activities that help graduate students get the most out of their BYU education.

Global Business Certificate

The Global Business Certificate is a way of packaging marketable international business skills to future employers by demonstrating experience in three areas: foreign business language, international business coursework, and international business experience. This program is designed to help students achieve international business goals. The Global Business Certificate requires 7.5-9.0 credits of international business classes, 3.0 credits of business English, and an international business experience. The aim of the program is to improve a students foreign language skills combined with an international experience to provide students with a tool for success in the business world. The certificate is the highest form of international business achievement awarded by the Marriott School.

Business English Class

The Business English class is offered each fall for non-native English speakers who want to expand their business vocabulary, practice formal business presentations, and learn common American business phrases and culture. Business English and other business languages classes count toward the Global Business Certificate, however students do not have to be pursuing the Global Business Certificate to enroll in the course.

International Graduate Student Orientation

International students are required to attend International Graduate Student Orientation (IGSO), even if they have lived in the United States before. Orientation addresses career advisement, international student services, and other topics specific to international students. The objective of IGSO is to help students thrive, not just survive, during the first year as a Marriott School graduate student. Visit igso.byu.edu to review the orientation agenda.

International Graduate Student Association (IGSA)

The Global Business Center sponsors the International Graduate Student Association. Throughout the year, IGSA sponsors activities, workshops, and forums. These activities are a great way to meet other international students and make friends. IGSA focuses specifically on meeting the needs of international students and their families.

Global Business Certificate

INTERNATIONAL BUSINESS CLASS (3 CREDITS)

MBA 584: Introduction to Global Business
MSB 432: International Business & Culture Class

INTERNATIONAL BUSINESS ELECTIVE (3 CREDITS)

Choose two of the courses listed

EMBA 606: Global Business Negotiations
MBA 521: Global Treasury Management
MBA 624: Capital and Security Markets
MBA 627: International Finance
MBA 633: Global Supply Chain Strategy
MBA 645: International Human Resources
MBA 658: International Marketing
MBA 692: Social Innovations & Social Entrp.
ACC 545: International Accounting
ACC 568: Taxation of Foreign Income

* FOREIGN BUSINESS LANGUAGE (3 CREDITS)

MSB 596R: Arabic, Chinese (CHIN 347), English, French, German, Italian, Japanese, Korean, Portuguese, Russian, Spanish or Less Commonly Taught Language (LCTL) Option

** INTERNATIONAL BUSINESS EXPERIENCE

Business study abroad, business student exchange, international internship, internship with multinational corporation, international field study project

- * If English is your second language, this requirement is waived.
- ** As an international student, this requirement may possibly be waived. Visit the GBC to discuss options.

International Services

Upon arrival, one of the first things you need to do is check in with International Student & Scholar Services in 2400 WSC. After checking in you will receive your I-94 which you will need for many processes, like obtaining a drivers license.

Maintaining Eligibility

It is important to fully understand all the requirements that are placed on international students. For the most up to date university policies regarding international students, eligibility, and visa regulations please visit iss.byu.edu or call (801)422-2695.

Social Security Numbers (SSN)

A social security number serves as a means of identification in the U.S. You are required to provide your SSN when applying for a drivers license, financial loans, tax purposes, and for other information your academics may require.

A SSN cannot be obtained before arrival to the U.S.. **Upon your admission to BYU, you need to edit your BYU profile and opt out of having a SSN.** Until you opt out, a hold will be placed on your account, limiting your ability to complete some procedures in the BYU system. Once you have obtained your SSN, you will need to opt back in and provide your number.

As an international student, you must receive permission from the DHS (F1 visa) or the DOS (J1 visa) to work. Certain laws may also require you show a social security number even if you do not have a working permit.

In order to apply for a social security number, you must:

- You can only get a SSN after you have a job.

- Complete an application for a Social Security Card available in the Social Security Office or on the Internet at www.socialsecurity.gov/online/ss-5.html.
- Visit the Social Security Office to process your application.
- Prepare original documents (and those of your dependents) showing age, identity, and lawful alien status, including your permission to work in the U.S.

Visit the Social Security Office at:

Social Security Office
88 West 100 North
Provo, UT 84601
1-866-366-9549

Office Hours: Monday–Friday 9:00-4:00

Please visit the Social Security web site at www.socialsecurity.gov for answers to questions you may have about social security numbers.



Employment

It is important that you not work, either on or off-campus, until specifically authorized by the ISSS Office. For the most current and up to date regulations please visit the International Student & Scholar Services (ISSS) website iss.byu.edu/employment and read the rules under your visa type. You will also find regulations and instructions for employment rules related to your dependents on this website. You can visit ISSS in 2400 WSC or call 801-422-6495.

Jonathon Wood in the Global Business Center works as the Marriott School liaison with International Student & Scholar Services. He can also answer questions and help guide you through the process. Sometimes there are some specific issues related to Marriott School that he can help you understand as you are completing the steps to obtain work authorization. As an international student, making sure you understand and abide by employment regulations corresponding to your visa is vital to your success and continued legal status here at BYU. **Violation of the rules can lead to termination of student status, requirements to return home to reapply and reenter the U.S., and increase costs.**

Project Based Classes

During your time in the Marriott School, you may have classes that involve working on projects that provide a benefit to external companies directly or indirectly. These opportunities give you experiential based, applied learning that can be added to your resume or discussed in interviews during the job recruiting process. As an international student you are allowed to participate in these classes, however there are work authorization implications for you based on your type of visa, and you must report engagement in the project to the government in

advance of the project and seek work authorization. As an F1 student you most likely will need to apply for Curricular Practical Training (CPT) authorization to participate in these classes. As a J1 student you most likely will need to apply for Academic Training (AT) authorization to participate.

F1 Students

If you are an F1 student, you are normally ineligible to apply for CPT until after two full semesters in your program. This means that during your first year you cannot participate in projects in or out of class for outside entities. The one exception to this rule is if there is a core class during the first two-semester with one of these projects that **everyone** must take as a requirement for graduation. In that case, CPT can be granted through the normal process (see ISSS for assistance).

For elective classes in your first year, you are not eligible to participate in projects for the external companies. However, you may still be able to participate in the class and do the project as an academic exercise without providing your work or research to the company or to anyone else who is interacting with the company. If the professor for the class is able to make this arrangement, you may be able to still participate. Not all projects will be able to be handled in this form which may mean some classes do become options are not available to you in your first year.

Your program is aware of the regulations and will work with you to get the appropriate documentation in time to apply for CPT before working on any of these projects. Please remember that **you** are ultimately responsible to obtain this authorization. You are allowed unlimited part-time CPT, so complying with this regulation is simply a matter of doing the right paperwork on time to be compliant. Future CPT or OPT will not

be impacted. However, not complying with rule may result in termination of your I-20 student status resulting in potential travel home to reinstate lawful status. **Please make sure to apply prior to the project and work beginning.**

J1 Students

If you are an J1 student, you are eligible to apply for Academic Training (AT) at any time during your program, including your first year. You will need to apply for AT in order to participate in any of these classes that involve working on projects that provide a benefit to external companies directly or indirectly.

Your J1 visa grants you as many months of AT as your program but no more than 18 during the course of your time here in the U.S. Any AT time that is granted for these projects will reduce the total amount of months available to you for other work opportunities (summer internships or post-graduation employment). International Student & Scholar Services is willing to work with you and limit the AT used for each project in an effort maximize that amount of AT remaining for you to work post-graduation. For example, if project work can be contained to only one or two weeks, they will only apply one or two weeks of AT instead of a full month. This means more work for their office, but in the interest of helping you maximize your benefit, they will make this possible. Professors are aware of this and programs have been asked to consider this when designing project workload.

Normally, BYU applies the same two semester rule for J1 student for off-campus work. However, for project based classes with projects for off-campus entities BYU will make an exception and AT can be granted at any point during your program. **Please**

make sure to apply prior to the project and work beginning. Your program is aware of the regulations and will work with you to get the appropriate documentation in time to apply for AT before working on any of these projects.

All International Students

The U.S. Government grants student visas for the purpose of study in a degree program. Internships, projects/classes that are internship in nature, and work experiences such as post-graduation jobs are enhancements to your learning experience, but they are not the main purpose of a student visa. Whether you are paid or un-paid for any of these experiences is not a factor in the need for work authorization.

These project classes are the correct application of CPT and AT, which has been confirmed by ISSS directly with the government. By correctly following these regulations, you are not only protecting yourself from violations, but you are also showing a track record of compliance that may benefit you when applying for future visas or extensions.

It is important to note that regardless of CPT or AT being used in a project class, you must limit the work for any projects to 20 hours or less per week. You should track your own hours on a spreadsheet or some other mechanism in case you are asked to prove you are in compliance with the policy.

If you ever apply for an H1B work visa, the stem extension, or another visa, you may be asked to provide this log to prove you followed the regulation. All other rules for work authorization as listed on the ISS website at iss.byu.edu should be followed as if these projects were an internship or job. Violation of any of the rules may put your

These same stipulations also apply to the Marriott School's on-campus internships. You may hear from a professor that these projects are in class and educational so you have nothing to worry about. Please remember that you are responsible as the student to understand the rules and seek the correct authorizations. Please do not rely on statements by your professors or friends who don't know your individual situation and who may not understand these rules themselves. Always seek answers from the correct sources.

Jonathon Wood in Global Business Center is aware of the nuances of the Marriott School

programs and can help you think through what approvals you need. He can also help you work with your program and International Student & Scholar Services. You can reach out to him with questions at jcwood@byu.edu, 801-422-4832, or visit him in the Global Business Center in 360 TNRB.

International Student & Scholar Services is also ready to help you navigate the required steps and help you with the appropriate authorizations to help you stay safe to ensure your continued success.





How to Check in with BYU International Services

All J-1 students need to check in with the international office. You can do this at <https://ist.byu.edu>.

- You will log in with your Net ID and password
- Select "J-1 Student Services"
- Select "New Student Check-In"
 - Here you will find instructions to upload a picture of their passport, visa (except Canadians), entry stamp (usually found on the page opposite of your J-1 visa) and Form I-94 (instructions for downloading this important document are found on the e-form).
 - You will need to upload dependent documents as well, if applicable.
 - You will also need to upload a copy of your proof of insurance (**you must upload documentation that shows the insurance meets all [Department of State](#) requirements or the e-form will be rejected**). The Department of State has reminded sponsors (BYU) that SEVIS records are to be terminated if J-1 students do not carry the required insurance. This is a critically important rule for students to follow.
 - Thoroughly read and complete required verifications/certifications and submit.

After you check in with our office International Office, you may submit another e-form to request a Social Security letter. You can also do this at <https://ist.byu.edu>.

- Log in with your Net ID and password.
- Select "J-1 Student Services."
- Select "Letter of Certification Request (Social Security, etc.)."
 - Complete required info and submit.
 - When you get an appointment with the Social Security Office, you need to bring the Letter of Certification, your completed Social Security Application, your I-94, your DS-2019, your Passport and your Visa.
- After you receive your temporary SS# Receipt, take the receipt, your I-94, your DS-2019, your Passport, and Your visa to Room 2024 in the Wilkinson Center (WSC) and fill out a form I-9.
- After you receive your Social Security Number (SS#) please leave a copy with Lisbeth Hopper in the GBC Office.
- Social Security Administration
- 100 North 88 West, Provo, Utah 84602
- Hours are by Appointment only: 866-366-9549

How to Obtain a Driver's License

You only need a U.S. Driver's License if you have a car or are planning on buying one AND staying in the U.S. for more than six months. Otherwise, you do not need a U.S. Driver's License.

1. Provide **Identity Verification** (one of the following)
 - Unexpired Employment Authorization Document (EAD), form I-766 or I-688B
 - Unexpired Foreign Passport
2. Provide **Proof of Lawful Status** (one of the following)
 - Visa
 - Pending or approved application for asylum in the United States
 - Pending or approved application for temporary protected status in US.
 - Approved deferred action status
 - Pending application for adjustment of status of legal permanent or conditional resident
 - Conditional permanent resident alien status
3. Provide **Proof of Social Security Number** (one of the following)
 - Social Security Card
 - W-2 form
 - SSA-1099 form
 - Non SSA-1099 form
 - Pay stub showing your name and SSN
 - Letter from Social Security Administration indicating ineligibility for a SSN
4. Provide **Utah Residency Verification** (two of the following) with full name and principal address.
 - Bank statement (dated within 60 days)
 - Court documents
 - Current mortgage or rental contract
 - Major credit card bill (dated within 60 days)
 - Property Tax notice (dated within 1 year)
 - School Transcript (dated within 90 days)
 - Utility bill (dated within 60 days), cell phone bills not accepted.
 - Valid Utah Vehicle registration or title.

The Driver's License Division (DLD) is located at 759 N 1370 W Orem, UT, 84057. Hours: Monday-Friday 8:00 a.m. - 5:00 p.m, Phone Number: 801 965 4437. Visit dld.utah.gov for more information or to schedule an appointment.

This form must be completed and turned into the Social Security Office in order for you to receive your Social Security Card. Remember to bring your DS-2019, I-94, passport, and letter of certification from International Services.

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Finances and Banking

Finances and Banking

Course fees, housing rent, utilities, and other expenses will need to be paid with U.S. dollars. Using a debit card or check card internationally is usually associated with fairly high fees. It is suggested all international students open a local bank account. This can be a lengthy process, and there are a lot of differences between American banks and international banks. A visa and passport will be required before paperwork is administered. Many banks and credit unions are located in Provo and some may be more accommodating than others.

You will need to be physically in the U.S. to open an account. You should check in at BYU ISS prior to creating an account.

Take the time to visit a few local banks and ask questions to gain a better understanding. Wells Fargo Bank is located in the Bookstore on campus and Zions Bank located next to the parking lot by the indoor practice field. Both are very common and used by

many students on campus. They tend to work with students and international students more readily. For example, these two banks allow you to open an account without a SSN. Other banks may also allow you to open an account without an SSN, but the two near campus do for sure. More information can be found at:

www.wellsfargo.com
www.zionsbank.com

Other banks options include KeyBank, Chase Bank, Central Bank, and U.S. Bank:

www.key.com
www.chase.com
www.cbutah.com
www.usbank.com

Banking with BYU Wells Fargo

To set up an account, they'll need two forms of ID. Passport (primary form of ID) and BYU ID or Visa from your passport (secondary form of ID).

- You will also need to bring in proof of their current Utah

address. Something such as a lease agreement would work.

- You will need to deposit \$25 to fund that account and they can open a checking AND savings account. (That is different from Zion's Bank.)
- The only thing international students can't do is apply for a credit card without a social security number.

Overall, Wells Fargo and Zion's Bank are pretty similar when it comes to international students setting up a bank account in the US.

Banking with Zions Bank

To set up a bank account with Zion's Bank, the international students will just need two forms of ID; A passport and BYU ID will work.

You can't set up a savings account with no social security card, but you can set up a

checking account. They'll just need a foreign address and \$50 (minimum) to set that up.

There are bankers that speak Portuguese, French, and Spanish there, so they're happy to help the students if needed.

Utilities

Gas is through Questar and Electricity is through Provo City Power. These payments will be on top of your current rent payment. Payments are usually made on a monthly basis.





Housing

As you prepare for your experience at BYU, we advise that you take time to search for a housing facility that meets your needs and your budget. There are housing facilities located both on-campus and off-campus. You may choose either accommodation depending on the needs of your family, your budget, and your sources of transportation. Use caution when renting a housing facility and make sure you familiarize yourself with the terms of the contract, the location, and distance from BYU.



On-Campus Locations

For on-campus housing information, please visit **housing.byu.edu**.

On campus housing is popular so you will want to register early or get on the waitlist as soon as you can. You won't be able to register until you are admitted as a student. Once admitted, this should be one of the first things that do.

Single Students

Brigham Young University offers housing facilities for single students throughout three dormitories located on campus: Helamen Halls, Heritage Halls, and Wyview Park. Generally, freshmen and a few undergraduate students live in these buildings; most students choose to live in off-campus housing after their first year of college. If you would like more information about on-campus housing contact the Campus Accommodations Office at (801)422-2611, toll free at (877)403-0040 or at **housing.byu.edu**.

Married Students

Brigham Young University offers housing facilities for married students at Wymount Terrace. Student family housing can be a great part of your educational experience, because it offers a gospel-centered environment and an opportunity to learn, live, and grow in a student community. Student family housing also provides a great environment for family and community activities through recreational lawns, barbecue grills, basketball courts, volleyball courts, playgrounds and picnic tables.

Wymount Terrace, at the northeast corner of campus, comprises South Wymount (24 three-story apartment buildings) and North Wymount (48 two story apartment buildings).

A multipurpose building is available for ward activities and social gatherings. Adult recreation facilities, children's swing and play areas, and self-service laundry facilities are conveniently located throughout the complex. The Wymount central office building includes a small convenience store, which is an extension of the BYU Creamery, and a computer lab.

Wymount Terrace apartments are furnished with blinds, a stove and oven, a family-sized refrigerator, and a garbage disposal. Wymount also offers furniture rental on a monthly basis according to availability.

Family housing contracts are month-to-month agreements. Residents are required to provide 60 days notice before moving or canceling their contract. Housing payments are due on the first of each month, and a late fee is assessed after the tenth of the month. Monthly rates include local phone, gas, water, sewer/refuse removal, Cougar Cable, and high-speed internet connection. Tenants are responsible for electricity and long-distance telephone service.

A non-refundable \$50 application fee is required at the time of application. A \$100 security deposit is required at the time the contract is signed and will be refunded after departure, provided that no fees are owed to the university. For more information about Wymount Terrace please call (801)422-2549



or visit **housing.byu.edu**.

Off-Campus Locations

Brigham Young University desires an environment for its single and married students living on- and off-campus that is conducive to their moral and spiritual growth, as well as their academic performance. As such, the university approves certain apartments which meet its living standards and guidelines. Single undergraduate students are required to live in BYU approved housing. Married students and graduate students can live in BYU approved housing, but are not required.

For a listing of BYU approved housing vacancies and comparative data about each complex, visit **byu.edu/offcampushousing**, or pick up a housing guide in 2170 Wilkinson Center. For other listings, visit **www.courgarhousing.com** or **provo.craigslist.org/**.

Meal Plans

Brigham Young University offers several meal plans for using the cafeterias and dining services. While you do not need a meal plan to dine at BYU, you can get large discounts by using a meal plan if you plan to eat at the cafeterias often. There are different plans for on- and off-campus residents. Visit **dining.byu.edu** for pricing an details about each plan.

Health Insurance

All BYU students are required to carry adequate medical insurance. International students are required to have proof of insurance for the duration of their time in the United States. Medical care is expensive and without insurance patients are expected to cover the full amount of the treatment. Many hospitals and doctors will not treat uninsured patients unless it is a life-threatening emergency.

Full-time students must enroll in the BYU Student Health Plan or provide verification of other adequate insurance coverage when first enrolling at BYU. For any private medical insurance plan, students are recommended to:

- Provide at least 70 percent coverage for all major medical expenses, including physician, hospital, and ancillary service.
- Have an individual annual deductible of no more than \$500.
- Have an annual plan limit of no less than \$25,000.

Students who do not provide proof of private insurance to the BYU Health Plan Office will be automatically enrolled in and assessed the appropriate premium (single or married student rate) for the BYU Student Health Plan. The health plan premium will be charged to the student’s account. For students and their families covered by BYU insurance, the costs are minimal for each visit to the Student Health Center.

Maternity coverage is included for all insured students. Non-student spouses may purchase coverage as dependents with or without maternity coverage. See a health center doctor before making appointments for surgery or other hospital procedures. F-1 students have no requirements from the federal government regarding insurance.

However, F-1 student must satisfy the BYU requirements mentioned above.

Required Minimum Insurance Coverage for J-Visa students:

- Medical benefits of at least \$100,000 per accident or illness;
- A deductible not to exceed \$500 per accident or illness.
- It may require a waiting period for pre-existing conditions.
- It may include provision for co-insurance to pay up to 25% of the covered benefits per accident or illness; and
- It shall not unreasonably exclude coverage for perils inherent to the activities of the exchange program in which the exchange visitor participates.
- Repatriation of remains in the amount of \$25,000;
- Expenses associated with the medical evacuation to home country in the amount of \$50,000.

Listed above, you’ll notice the require minimum insurance coverage needed for those students with J-Visas. Regarding the last two bullet points, it is important to make note that not all insurances (including BYU insurance) will cover repatriation of remains or expenses associated with a medical evacuation to a home country. In this case, the student will likely have to obtain supplemental insurance. Either Jonathon Wood or ISS can help you with some ideas of where to find an affordable option for the additional insurance.

Other insurance information for J-1 students, including the tax impacts of using Affordable Care Act insurance, can be found at iss.byu.edu/insurance.

Please familiarize yourself with these rules. Some students have been surprised by the tax implications.

TB Test

International students are required by federal law to have a TB (tuberculosis) test done upon arrival to campus. This test can be done at One-Stop student services in the Wilkinson Center during the first week of school or at the Student Health Center. For more information or to schedule an appointment call the Student Health Center at (801)422-5156.

Student Health Center

The Student Health Center is a service available to all Brigham Young University students, their spouses, and their children. Health center services are available to these individuals whether or not they have insurance coverage. Patient medical records cannot be given to anyone, including parents and/or spouses, without written permission from the patient. The health center is located on the corner of 900 East and University Parkway. For additional information, call the Student Health Center at (801)422-2661 or visit health.byu.edu.

Hospital Visits

Call 911 if there is a life-threatening emergency.

Go to the Urgent Care Clinic in the Student Health Center if injury occurs or other immediate medical assistance is needed. The center can be reached at (801)422-5128 and their hours are 8 am – 6 pm.

If Urgent Care is closed, treatment is available at:

Utah Valley Regional Medical Center (UVRMC)
Emergency Department
1034 North 500 West, Provo
801-357-7001



INTERMOUNTAIN HEALTHCARE OFFERS A FINANCIAL ASSISTANCE PROGRAM to residents in our service area for medical care received at Intermountain clinics and hospitals.

THE FINANCIAL ASSISTANCE PROGRAM can be used for most Intermountain Healthcare medical care that a medical provider decides is needed.

HOW DO I KNOW IF I QUALIFY?

If you are uninsured or have difficulty paying for healthcare, you may qualify. Eligibility is based on a sliding scale that considers many factors. This includes your family size, income, cash, bank account balances, and your medical bills. You may also qualify if you have a catastrophic healthcare event.

This table will help you see if you may qualify:

Family size	2016 household income before taxes up to these amounts:
1	\$57,450
2	\$77,550
3	\$97,650
4	\$117,750
5	\$137,850
6	\$157,950
7	\$178,050
8	\$198,150

If your family has more than eight people, add \$20,100 for each additional family member.

This information is a guideline only, and is updated each year.

To apply for Financial Assistance in person, or to learn more about payment options, please call 800.705.9175 or visit any location below:

If you received or plan to receive medical care in an Intermountain hospital or clinic:

INTERMOUNTAIN FINANCIAL ASSISTANCE OFFICE:

4646 Lake Park Boulevard • PO Box 27327
Salt Lake City, UT 84127

Request a mailed application by phone:

800.705.9175

Request a mailed application online:

www.intermountainhealthcare.org/assistance



FINANCIAL ASSISTANCE PROGRAM



When those who live in our communities need care, financial concerns should not prevent them from receiving treatment. Intermountain Healthcare is committed to providing medically necessary care by offering financial assistance to individuals that qualify.

☐ Graduate student	☐ Dependents have other coverage	☐ Deferring _____, returning ____ with at least .5 credits
☐ Last semester	☐ Dropped from private coverage, date_____	☐ Marital status change _____
☐ New dependent	☐ ELC, Study Abroad, internships, etc.	☐ Under 3/4 time

NAME: _____ BYU ID #: _____

LAST FIRST MIDDLE

BYU EMAIL: _____ PERSONAL EMAIL: _____

☐ Fall Semester 2025	☐ 1st Block	☐ 2nd Block	☐ Male	☐ Female	SOCIAL SECURITY #: _____
☐ Winter Semester 2026	☐ 1st Block	☐ 2nd Block	☐ Married	☐ Single	
☐ Spring Term 2026	☐ Summer Term 2026	(The Student Health Plan is an academic year-long policy.)			

Please choose one of the coverage options below. **You may change your coverage option only before the last day to add/drop at the beginning of each fall semester or within 60 days of acquiring a new dependent through marriage, birth, or adoption. You must have 3/4-time student status to be auto-enrolled in the plan your first semester or term, excluding independent study. If you want to enroll in the plan but don't have 3/4-time status, please email healthplan@byu.edu or visit the Student Health Plan office by the add/drop deadline.**

If you gain new health coverage, you may disenroll from the Student Health Plan at the beginning of the following semester or term provided that the new health coverage meets BYU's requirements.

Coverage will be effective on the first day of classes and will end on September 1, 2026 (or when you graduate or lose your continuing student status, whichever comes first). You must notify the Health Plan Office.

* Your student account will be billed the appropriate semester/term premium (based on the coverage option you choose) when you are enrolled in the Student Health Plan. For your convenience, you can make monthly payments.

COVERAGE OPTION	PREMIUM PER BILLING PERIOD*					
	Fall	Block	Winter	Block	Spring	Summer
Single Coverage: ☐ One unmarried student only	\$ 432	\$ 216	\$ 432	\$ 216	\$ 216	\$ 216
☐ One unmarried student with dependent(s)	\$1,596	\$ 798	\$ 1,596	\$ 798	\$ 798	\$ 798
Married Coverage: ☐ One married student only	\$ 688	\$ 344	\$ 688	\$ 344	\$ 344	\$ 344
☐ One married student with dependent(s)	\$2,408	\$1,204	\$ 2,408	\$ 1,204	\$ 1,204	\$ 1,204

Note: Maternity coverage is included for all student contract holders with no additional deductible. An eligible spouse or dependent must meet a \$3,000 deductible before the plan pays for maternity care.

COVERED DEPENDENT'S NAME	SOCIAL SECURITY NUMBER	BYU ID NUMBER	MALE	FEMALE	BIRTH DATE	SPOUSE OR CHILD
_____	_____	_____	☐	☐	_____	_____
_____	_____	_____	☐	☐	_____	_____
_____	_____	_____	☐	☐	_____	_____
_____	_____	_____	☐	☐	_____	_____

If your spouse is a full-time student at BYU, you must complete and return a separate form in his/her name.

I am enrolling in the BYU Student Health Plan for the 2025-2026 academic year and I choose the enrollment option indicated above. I agree to pay BYU the appropriate premium for each billing period. By enrolling in the plan, I give consent to all healthcare providers to furnish any needed medical information to the plan administrator. **(Your signature is required below. We cannot process this form without it.)**

Signature: _____ Date: _____

NAME: _____			BYU ID #: _____
LAST	FIRST	MIDDLE	
BYU EMAIL: _____		PERSONAL EMAIL: _____	
Semesters/terms you would like to waive:			
☐ Fall Semester 2025	☐ 1st Block	☐ 2nd Block	
☐ Winter Semester 2026	☐ 1st Block	☐ 2nd Block	
☐ Spring Term 2026	☐ Summer Term 2026	(The Student Health Plan is an academic year-long policy.)	

CERTIFICATION OF MEDICAL COVERAGE

All continuing BYU students who are enrolled in classes for at least 3/4 time must be covered by a major medical insurance plan that meets or exceeds BYU's minimum coverage standards. Most group insurance provided by your employer or your spouse's or parent's employer meets this requirement. To meet the BYU insurance requirement, you must do one of the following:

- Be enrolled in a group health plan provided by your parent's, your own, or your spouse's employer that covers you in Utah.
- Enroll in an individual Affordable Care Act-compliant health plan that covers you in Utah.

You will need to provide this certification of coverage when you first enroll at BYU and before the beginning of each academic year thereafter. **Also, you must maintain coverage continuously.**

If you become ineligible to continue your group insurance as an employee or as the spouse or child of an employee, you may enroll in the BYU Student Health Plan if you apply within 60 days of losing your eligibility for the other coverage. Contact the SHC Health Plan Office for more information.

I am covered by the following qualifying major medical plan:

* Insurance company: _____	* Policy effective date: _____
* Policyholder name: _____	* Policyholder birth date: _____
* Member ID/Policy number: _____	* Insurance co. phone number: _____

*** Required fields**

I certify that the medical insurance coverage I have indicated above is in force. I understand that I must maintain adequate insurance coverage continuously while I am a continuing BYU student. **(Your signature is required below. We cannot process this form without it.)**

Signature: _____ Date: _____

Getting involved in activities during my time at BYU made my experience better than I imagined possible. Classes were wonderful, but the friends and memories I made at BYU will last forever.

—Ana Karla Gonzalez

BYU Campus

BYU education is about more than just nurturing the mind; it is about nurturing a person. In an effort to meet student needs, BYU has developed several services, centers, and social resources on campus.

The Student Center

The Student Center, commonly called the Wilk or WSC, is the campus hub for socializing, eating, and finding assistance. The Cougar eat, and Jamba Juice are found on the second floor (main level). Also found on the second floor is the Student ID center where students receive their BYU ID card. An academic advisement center, career counseling centers, and an on campus job placement center are willing to help with any concerns or questions. Located in the basement are a post office, barber shop, bowling alley and student classified advertisement bulletin board. Campus Craft and Floral, Cougar Creations (printing shop), and the campus lost and found are all found in the basement as well.

Another important stop in the WSC is the Bookstore. It sells textbooks, leisure books, candies, clothing, and BYU paraphernalia. The Twilight Zone (convenience store) is located on the second floor. The first floor is school supplies and electronics and the third floor is where textbooks may be purchased. The third floor also has a computer store where inexpensive software and computer parts can be found. A technician is available to work on student computers.

During the first week of school, a temporary One-Stop facility is open on the third floor.

One-Stop includes many on-campus services consolidated into one central campus location. Offices involved include Financial Aid and Scholarships, Counseling, Student Services, Registration, Off-Campus Housing, Student Employment, Dining Services, Student ID, Parking Services, and Student Locker Rental. For more information visit enrollment.byu.edu.

International Services

International Services (2400 WSC), is available to help with visa and immigration needs of students. They are also available to help with legal concerns of international students. Located in the same office is the Multicultural Service Center. This center helps international students connect with other students from foreign countries. They also support several cultural activities (luau, fiesta, etc.) and ethnic clubs.

Centers and Service Organizations

The Women's Service and Resource Center (3326 WSC) provides support groups, specialized activities, and discussions and lectures on women's issues. An on campus Counseling Center (1500 WSC), Student Health Care Center (900 E. and University Pkwy), and Conflict Resolution Center (4412 WSC) are all available to students. University Accessibility Center (2170 WSC) helps students with physical, learning, emotional, or chronic health disabilities.

The Y Serve Office (2330 WSC) and the Center for Service and Learning (2010 WSC) are the campus connection to service. These two



centers have a broader vision of service and incorporate community, state, national, and international projects. To get involved in on-campus service, visit the BYUSA offices (3400 WSC). BYUSA is the student service association on campus. They plan and facilitate activities and service around campus. They also support more than 100 clubs and organizations on campus. Clubs of all interests and hobbies are enjoyed by thousands of students.

The Marriott School also has several clubs specifically designed for business students visit marriott.byu.edu/clubs.

Museums and Culture

BYU supports four museums, two of which are located directly on campus. The Museum of Art is one of the largest and best attended art museums in the Mountain West. The Museum of Art offers a dynamic exhibition schedule that includes displays of its permanent collection, world-class traveling shows, and unique temporary exhibitions. The Monte L. Bean Life Science Museum houses vascular and nonvascular plants, and invertebrate and vertebrate animal collections.

The Museum of Peoples and Culture, north of campus, strives to share knowledge through anthropological, archaeological,

and ethnographic collection. The Earth Science Museum houses one of the top five collections from the Jurassic Period in the world. It also displays anthropological artifacts from prehistoric sites in Utah and throughout the world.

A few other sites of interest are the Royden G. Derrick Planetarium located in the Eyring Science Center (ESC), the International Cinema located in room 250 of the Spencer W. Kimball Tower (SWKT), and the Harrison Fine Arts Center (HFAC), where university plays, recitals, and concerts are performed.

Harold B. Lee Library

The Harold B. Lee Library contains over 8 million items including 3.3 million books, 27,000 journal titles, 250,000 maps, 3 million microfilms, and more than 1 million photographs and prints.

The library provides study seating for nearly 5,000 students including 800 computer stations. Locations throughout the library provide students access to equipment and workstations for creating and editing multimedia.

The library is also home to several special collections that host traveling exhibits. Traveling exhibits are found on the third floor of the library.



BYU Campus

Athletics and Physical Fitness

Brigham Young University has many sporting events that spectators can enjoy. For a list of sporting events and schedules visit **byucougars.com** for more information.

The ROC Pass (“Roar of the Cougars”) is available for students wanting to cheer on the cougars at all sporting games. This pass allows the student to enter most events for the entire year. Last year the ROC pass cost between \$200-275 epending on if you are a student or a guest and if your seat rotates or not. To purchase a ROC Pass **byutickets.com/ROC-PASS**

The Intramural Program is a popular activity for more than 12,000 students, faculty/staff, and Provo community members. Students can join soccer, water polo, basketball, tennis, racquetball, badminton, flag football, softball, ultimate frisbee, volleyball, and golf teams. For more information visit **isports.byu.edu**.



For those students interested in the facilities on-campus, BYU has two main physical fitness buildings available; the Smith Fieldhouse and the Richards Building.

Between the two facilities there is an indoor track, full-service gym, swimming pool, lap pool, diving pond, basketball courts, volleyball courts, racquetball courts, and more. Almost any sport imaginable can be found between these two facilities. The Richards Building is also where students sign up to participate in intramural sports teams and non-credit classes. Many sports, dance, and physical fitness classes are available as both credit and non-credit classes.

Most facilities require a wristband that can be acquired in the locker rooms with a BYU ID card. For more information visit room 112 in the Richards Building or call (801)422-3980.

Campus Guide

Many buildings on BYU campus have an abbreviation or nickname. It is important to become familiar with these, as many people and documents refer to buildings by the abbreviation or nickname. Here is a list of some of the most common ones:

Name of Building	Abbreviation / Nickname	Important Details
Ernest L. Wilkinson Student Center	WSC; “The Wilk”; formerly ELWC	Contains the Varsity Theatre, Student Employment Office, CougarEat (food court), BYU Bookstore, Ballroom, and the Skyroom Restaurant
N. Eldon Tanner Building	TNRB; “The Tanner Building”	Most Marriott School classes are held in the Tanner Building. Also contains Business Career Center, Marketplace Café, Global Business Center, and MBA lounge
Abraham O. Smoot Administration Building	ASB; “The ASB”; occasionally “The X building”	Contains Cashier’s Office, Scholarship Office, Payroll Office, Registration Office
BYU West Campus	WCCB; “West Campus”	Houses the Dept. of Fine Arts and many of their events. Contains the Black Box Theatre, Mainstage Theatre, and Fine Arts Ticket Office
Harold B. Lee Library	HBLL; “The Library”; occasionally “The Hubble”	BYU’s main library. Contains computer labs, study areas, Learning Resource Center (LRC), Business Library (1st floor), and over one million books
Jesse Knight Building, originally Jesse Knight Humanities Building	JKB or JKHB; “The JKHB”;	The College of Humanities recently moved to the Joseph F. Smith Building, so you still hear people include “Humanities” in the title. Contains foreign language computer labs and writing lab (rm 1010); currently under reconstruction
Heber J. Grant Building	HGB; “The Testing Center”	Many classes require you to take tests in this building, rather than in class
Joseph F. Smith Building	JFSB; “The JFSB”; “The Fielding Building” or “The new Smith building”	Houses College of Humanities; Family, Home, and Social Sciences; and language depts.
Stephen L. Richards Building	RB; “The RB” or “The Richards Building”	Physical Education building; contains swimming pool, locker rooms, basketball and volleyball courts, and dance rooms
George Albert Smith Fieldhouse	SFH; “The Fieldhouse”	Contains an indoor jogging track, weight room, and large basketball/ volleyball court; hosts intercollegiate volleyball and gymnastics
Spencer W. Kimball Tower	SWKT; “The Swickett”	Houses many professors’ offices, the School of Family Life, and the College of Nursing
Joseph Smith Building	JSB; “The JSB”	Many religion classes are held here; contains a large auditorium
Marriott Center	MC; “The Marriott Center”; occasionally “The Mac”	Weekly devotionals and forums are held here every Tuesday at 11 am; hosts intercollegiate basketball games and other important events
Harold R. Clark Building	HRCB; “The Kennedy Center”; occasionally “The Clark Building”	Contains the International Travel Office, which can give BYU students discounts on international flights.

Visit **map.byu.edu** for an online map to find out where all the buildings are located.



Recreation and Entertainment

On-Campus Activities

BYU Sports

Men's and Women's sporting events take place at the Marriott Center, the Smith Fieldhouse, the Richards Building, or Miller Baseball Field. You can buy a ROC Pass that will get you into almost every sporting event of the school year. For more information, visit www.byucougars.com.

Monte L. Bean Life Science Museum

Located north of the bell tower, this museum has a vast collection of preserved plants and animals. Admission is free call (801)422-5051 for more information.

BYU Museum of Art (MOA)

The museum is north of the Harris Fine Arts Center (HFAC) on campus. General admission is free, special exhibits may have an additional cost. Collections include a variety of media and artists. Call (801)422-0527 for more information.

BYU West Campus

Concerts, recitals, plays, and art exhibits take place at BYU West Campus (formerly Provo High School). Visit byuarts.com or call (801)422-7664 for more details. Free Transportation from main campus to west campus is available via shuttle. The shuttle schedule and pickup location can be found at studentmovement.byu.edu.

International Cinema

Free films are shown in a variety of different languages (all with English subtitles) at the Varsity Theatre in the Wilkinson Center. Visit ic.byu.edu or call (801)422-3529 for a schedule.

BYU Creamery

Ice cream parlors are located on "Ninth" (900 East and 1209 North), Wymount, and Wyview. Call (801)422-2663 for more information.

Bowling Alley

Located in the basement of the Wilkinson Center. Each student gets one free game of bowling per academic year (applicable Monday – Thursday before 5 pm). Visit games-center.byu.edu or call (801)422-4370 for more information.

Outdoors Unlimited

This shop rents all sorts of equipment for enjoying the beautiful Utah scenery. Located at 2201 North Canyon Rd in Provo, Outdoors Unlimited rents skis, kayaks, camp stoves, and more. Visit outdoors.byu.edu or call (801)422-2708 for details and pricing.

Earth Science Museum

The museum houses one of the top five collections from the Jurassic Period in the world. It is located at 1683 N. Canyon Rd. in Provo. For more information call (801)422-3680.

Museum of Peoples and Cultures

The Museum of Peoples and Cultures houses research on archaeological and ethnographic collections from around the world. Museum office hours are 9 am-5 pm Monday, Wednesday, Friday, and 9am-7 pm Tuesday, Thursday. The Museum is free to the public. A nominal fee is required for guided tours. For more information, call (801)422-0020.

Off-Campus Activities

Hike the Y

A long-standing tradition at BYU, hiking to the Y on the mountain is a fun afternoon activity. The hike is quick (less than an hour one way), but steep. Take 800 North as far east as you can go, then take a right to the trail head.

The Quarry

An indoor rock climbing arena is located in north Provo, right by Movies 8 and Shopko. Visit www.quarryclimbing.com for details. For more information call 801-418-0266.

Nickel City

Video arcade where most videogames cost 5¢ per play. Expect to pay a small admittance fee. Games for all ages and is located at 1515 S. State St. Orem. Call 801-802-8555 for more information.

Fat Cats

Fat Cats has a variety of activities that are fun for the whole family. They have a full sized bowling alley, an arcade, and food options. For more information visit www.fatcatsfun.com/locations/provo/

Parks

Provo has many parks and areas for social and family activities, many of which are within walking distance of BYU campus. Visit www.provo.org/departments/parks for locations and more details.

Skiing/snowboarding

Utah is home to some of the greatest ski resorts in the Rocky Mountains. Visit skicentral.com/utah.html for a list of resorts and links to their web sites.

Discount Movies

Theaters in Utah County have movie show-

ings discounted every Tuesday. Student discounts may also be available on weekdays. See the following websites for showtimes and more information at www.cinemark.com/discounts/discount-tuesdays and www.amctheatres.com/discount-tuesdays.

Provo Canyon

The Provo Canyon Scenic Byway (US 189 and SR 113) officially begins in Provo city at the intersection of SR 52 (800 North in Orem) and US 189 (University Avenue). Parks, waterfalls, rivers, and other great things are all popular attractions. Some of the most popular are:

Heber Valley Railroad

A historic tourist attraction based in Heber City, Utah. Trains cross the farmlands of the Heber Valley, follow the shore of Deer Creek Lake and descends into a majestic and breathtaking canyon. The track follows the Provo River to Vivian Park in Provo Canyon.

Bridal Veil Falls

A double cataract waterfall worth getting a closer look at www.utahvalley.com/listing/bridal-veil-falls/41/.

Cascade Springs

This series of pools and springs provides a beautiful walk visit <https://www.gohebervalley.com>

Deer Creek State Park

This area provides great water fun and camping opportunities visit stateparks.utah.gov/parks/deer-creek/discover/

National Parks

Provo has several national parks within driving distance. Information about each park is available at www.nps.gov/state/ut/index.htm





Traveling to Provo

What to Bring, What Not to Bring

Please remember that things one family would bring are different from those of other families, depending on their situation. The items listed below are just to give you an idea. Please use your best judgement.

Clothes

Bring only the necessary amount of clothes because clothes from foreign countries roll up (shrink) quite a bit in the dryers here. Bring at least two sets of suits or business formal attire as well as two to three sets of business casual attire.

Bath Towels

One set of towels per person is sufficient. After arrival more towels can be purchased for about \$6 at stores like Wal-Mart.

Kitchenware

Most kitchenware can be purchased here. Some bring their own pressure cooker and/or rice cooker.

Books

You do not need to bring any books except for,

perhaps, your personal scriptures or children's books. BYU and Provo city both offer large libraries where you can get books on loan.

Toys

Bring only a few favorite toys of your children. Toys in the U.S. are very inexpensive.

Electronic Appliances

The voltage in the U.S. is 110w and may be different from your home country. Electronics tend to be less expensive in the U.S., so one option is to buy what you need after you arrive. If you choose to bring them with you, be sure to bring a power adapter or voltage converter.

Medications

Bring only the medications that you are already using. Medications will not be covered by the BYU Health Insurance. BYU Health Insurance starts the first day of orientation. Don't forget the prescriptions for medications including specific amounts because the airport police in the U.S. are thorough. If you don't have the prescription you might not be able to take the medicine into the country.

Personal Articles

Bringing family pictures and other small transportable goods is acceptable. It is best to leave most family belongings in your country in case they get damaged or stolen.

Documents

Bring all documents you consider important, such as vaccination forms (especially for your children), dental examination form, drivers license, etc.

Upon Arrival to Provo

When you arrive to Provo you should go to the apartment complex where you will be living and check-in. Please note that if you will be arriving on a weekend or national holiday the office will be closed. However, if you call beforehand, it is possible to make arrangements to have your house keys picked up at the office or a neighbor's apartment.

Get your student ID at the ID center which is located in room 1057 WSC of the Wilkinson Student Center (WSC). Check in with BYU International Services Office located in 2400 WSC. You will need to bring all visa-related documents. It is also beneficial to check in with your respective graduate office (ex. MBA, MPA, MISM) so as to let them know you have arrived. These offices are located in the Tanner Building (TNRB).



Places of Worship

Provo offers a diversity of religious meeting places for many different faiths.

LDS Church Meeting Houses

There are several buildings used on campus as well as multi-purpose buildings used at apartment complexes for church meetings. There are also several regular church buildings near campus. The best way to learn ward meeting times is to talk to a neighbor in your apartment block. You can also contact the wards and stakes office tel. (801)422-5508.

Iglesia Biblica Bautista El Faro

817 South Freedom Blvd, Provo, UT
(801)372-8102.

St. Mark's Lutheran Church

464 West 3700 North St., Provo, UT
(801)225-5777

Utah Islamic Center

9000 South 225 West, Sandy, UT
(801)225-2212.

Salt Lake Buddhist Temple

211 West 100 South, Salt Lake City, UT
(801)363-4742.

Seventh Day Adventist

255 South 700 East, Provo, UT
(801)374-2978



Important Information

Schools for Children

Preschool (3-5 years old)

Headstart
Offered for children 3-5 years old. Head Start is located at 262 West 300 North, Provo, UT. Classes are Monday-Thursday during the morning or afternoon. For more information on how to enroll, call (801)375-7981 or visit **mountainlandheadstart.org**.

Sunrise PreSchool
A free program for children 3-5 years old who are residents of Provo. For more information, visit **preschool.provo.edu** or call (801)374-4915.

Kindergarten - High School
(5 years and older)
Children attend a school depending on where they live geographically. Check which school your child will attend at **maps.provo.org/home/**

Information regarding registration can be found by contacting Provo School District. Visit **www.provo.edu** or call (801) 374-4800.

Adult English Class
The following schools offer English language classes:

Adult English Language Acquisition
Provo City School District
Free classes provided Tuesday-Thursday mornings, and Monday-Thursday evenings. The course focuses on speaking, listening, reading and writing. Information available at **https://provo.edu/provo-adult-education/adult-english-language-acquisition-program/**.

English Language Center (ELC)
On BYU campus (35 East University Pkwy, Provo, UT). Tele. (801)422-3137.

Community Classes
Utah Valley University in Orem offers several community classes that adults and

children can register for. These classes range from photography and ceramics to athletics and computer training. Visit **uvu.edu/ce** for more information.

Law Enforcement
Provo City Police are the law enforcement entity in Provo. The police are provided as a service and protection to the community and its residents. They enforce the law and provide emergency assistance.

In case of an emergency the police can be reached by dialing 911.

For all other inquiries or questions regarding the law or customs dial (801)852-6210.



Living in Provo

It will be important to know where to shop. The following includes a list of stores that will be useful for purchasing all things from food to clothes, and much more.

Supermarkets and Grocery Stores

Wal-Mart
2255 North University Parkway, Provo, UT 84604
tele. (385)219-3070

1355 Sandhill Rd., Orem, UT 84058
tele. (801)221-0600
It is about 10 minutes away by car and sells just about everything you need.

Costco
648 East 800 South, Orem, UT
tele. (801)851-5020
This store requires a membership of about \$55 per year, but it carries goods and food in bulk.

Sam’s Club
1313 South University Ave, Provo, UT
tele. (801)374-9700
This is the same format as Costco.

Target
1290 N State St, Provo, UT
tele. (385) 447-5020

1200 Towne Center Blvd SPAC A, Provo, UT
tele. (385) 447-5902

175 West Center St, Orem, UT
tele. (801) 224-6007

Macey’s
1400 North State Street, Provo, UT
tele. (801)356-3216

Smith’s
350 North Freedom Blvd, Provo, UT
tele. (801)377-9050

Value Stores
Dollar Tree
1033 South University Ave, Provo, UT
tele. (801)373-4059
Everything is \$1.00 in this store.

Family Dollar
355 South 600 East, Provo, UT
tele. (801)373-0131

Department Stores
Ross
1235 S. University Ave, Provo, UT
tele. (801) 373-9537

222 West University Pkwy, Orem, UT
tele. (801)434-4111
Clothes, shoes, and accessories.

Old Navy
245 West University Pkwy, Orem, UT
tele. (801)223-9195
Clothing store.

T.J. Maxx
268 West University Pkwy, Orem, UT
tele. (801)226-6050

J.C. Penney
1200 Towne Centre Blvd, Provo, UT
tele. (801)852-3530
Inside the Provo mall.

Thrift Shops and Secondhand Stores
Deseret Industries (DI)
1415 North State St, Provo, UT
tele. (801)373-7920
Sells used goods.

Saver’s
81 North State St, Orem, UT
tele. (801)225-9445

Kid to Kid
155 South State St, Lindon, UT
tele. (801)796-8667

Plato’s Closet
592 East University Pkwy, Orem, UT
tele. (801)225-0075

Electronic Stores
Best Buy
309 East University Pkwy, Orem, UT
tele. (801)225-4922

RC Willey
693 East University Parkway, Orem, UT
tele. (801)227-8800
Inside the University Mall.

BYU Bookstore
800 E Campus Dr, Provo, UT 84602
tel. (801)422-2400
A great place to buy computers; they frequently offer discounted prices. Located on the second and third floor of the Wilkinson Student Center.

Latino Stores
La Pequeñita
1102 South State St, Orem, UT
tele. (801)224-5788

Super Hispano
192 West Center St, Orem, UT
tele. (801)426-7636

Rancho Market
1700 North State St, Provo, UT
tele. (801)655-0700

Asian Stores
First Oriental Market
286 North State St, Orem, UT
tele. (801)221-5949

Asian Market
24 North 500 West, Provo, UT
tele. (801) 375-7913

Stores That Carry LDS Church Materials
BYU Bookstore

Their selection of religious materials can be found in the basement level of the Wilkinson Student Center.

LDS Distribution Center
232 East University Pkwy, Orem, UT
tele. (801) 226-2087
They sell temple clothes in addition to church materials.

Deseret Book
989 South University Ave, Provo, UT
tele. (801)375-1009
They do not sell temple clothes.

Seagull Book
331 East University Pkwy, Provo, UT
tele. (801)225-7219
They do not sell temple clothes.





Transportation

From the Airport

Ground transportation is available from the Salt Lake City Airport to any location in Utah County. A ground transportation desk is located in both airport terminals at the far end of the baggage claim terminals. Make arrangements and reservations at the ground transportation desk by calling **801- 575-2477** or by contacting any of the companies below. Shuttle vans are recommended for international students in order to accommodate luggage.

Vans Express Shuttle
1-800-397-0773
www.expressshuttleutah.com

S.L. Express Shuttle
1-800-356-9796
www.saltlakeexpress.com

Local Public Transportation

For local transportation, the Utah Transit Authority (UTA) bus system is the cheapest and easiest way to get around Provo and the surrounding areas. All students, using their BYU ID card, have access to free transportation. Simply use the BYU ID card in place of a ticket and students have the ability to travel anywhere, for free, on UTA buses and Frontrunner. Information on bus/train passes, bus/Frontrunner routes, ticket rates, and trip planning are available at **<http://www.rideuta.com>**, by calling **1-888-RIDE-UTA**, or in brochures at the Wilkinson Center Information Desk.

Utah Transit Authority
801-287-4636
www.utabus.com

Automotive Information

Buying a Car

When buying a vehicle, it is important the buyer knows their legal rights and respon-

sibilities as a buyer. Be cautious and get as much information as possible about the car and the owner before completing the purchase.

Remember: if the deal looks too good to be true, it probably is.

Do some research before purchasing a car. A customer has the right to know the vehicle's history. Vehicle history reports enable consumers to check for problems with used vehicles prior to purchase. Check the history of a vehicle by going to **www.carfax.com** and entering the VIN (vehicle identification number).

The following links are commercial sites helping consumers make informed decisions when purchasing a car. Additional web sites are also provided for vehicle classified ads and information on pricing estimates. Local newspaper classified ads may also provide information.

Vehicle Pricing and Information
www.nadaguides.com

Car Reviews, vehicle History Reports
www.cars.com

Vehicle History
www.autocheck.com

Tips on Purchasing a Car
www.carbuyingtips.com

Vehicle Classifieds
www.thriftynickelads.com

Retail Reports on Used Vehicles
www.kbb.com

Transportation (continued)

For consumer tips visit:
www.dmv.utah.gov/buying-selling
www.edmunds.com/advice

Buying a Car from Local Dealers

Most Utah automobile dealers are bonded and licensed, meaning that there are strict regulations they must follow in every transaction. Many dealers inspect the vehicles they sell and may provide warranties on used vehicles to provide repair, if needed. For listings of local car dealers, visit www.carsdirect.com.

To learn more about purchasing cars in the U.S. visit dmv.utah.gov/buying-selling to access the links provided about purchasing cars. File complaints by calling **1-801-297-2600** & toll-free **1-800-662-4335**, or send written complaints to the following address:

Motor Vehicle Enforcement Division
Utah State Tax Commission
210 N. 1950 West
Salt Lake City, UT 84134

Buying a Car from an Individual

Buying from an individual is another way to purchase a vehicle. Advertisements for vehicles can be found in the classified sections of city, regional, and neighborhood newspapers. The internet is also an option for buying vehicles from individuals.

Caution should be exercised when buying from a private party. Some private sellers do not comply with federal and state laws. Buyers have no protection against dishonest individual sellers. Purchasing a car from individual sources increases the risk of the purchase.

Be sure to have a professional mechanic inspect the car for wear or damage before

making a purchase. Take someone who knows about cars to help evaluate the vehicle before a purchase. If fraud is suspected, please contact the Motor Vehicle Enforcement Division at 1-801-297-2600.

Registering a Car

Utah residents must register their vehicle for use with the Division of Motor Vehicles (DMV). For vehicle registration purposes, a resident is anyone who will be residing in Utah whether for trade, profession, occupation, study, or gainful employment for more than sixty days. When registering a used vehicle, the title of the vehicle must be transferred into the name of the resident registering the car. In order to register a vehicle the following items must be presented to the DMV:

- Most recent registration documents
- Title
- Utah safety inspection certificate
- Utah emission certificate, if required
- Serial number (VIN) inspections, if being titled in Utah for the first time
- At least one person whose name must appear on the new title

The DMV is located at 150 E. Center St. in Provo. When registering a vehicle for the first time, Form TC-656, application to register/title, must be completed and submitted to a motor vehicle office with inspection certificates and evidence showing ownership of the vehicle. Contact the DMV with questions at 1-800-368-8824.

Campus Parking Pass

Please follow the steps located on the following website to receive a BYU campus parking pass, visit: security.byu.edu/parking-services

License Plates

All registered vehicles in Utah must display

two valid license plates, one for the front and one for the back of the car. There are two-standard issue plates, as well as personalized plates available. License plates vary in price. For more information, visit dmv.utah.gov/plates. To obtain a license plate, visit the local DMV office: 150 E Center St #1400, Provo UT

Driver's License

International students are required to obtain a valid driver's license in order to drive a motor vehicle on the highways and roads in Utah. A driver's license is also a widely accepted form of personal identification. International students are recommended to bring a valid driver's license from their country. All individuals who wish to drive and have never been licensed to drive motor vehicles will be required to complete an approved driving course and the driver's exam before being licensed in Utah.

The driver's license exam consists of

- A written test
- An eye-vision test
- A road test.

The first step in obtaining a driver's license is to take a written test at a driver's license office. The office is located in Orem and is open Monday through Friday from 8:00 am to 5:00 pm. Arrive at least an hour before the office closes. First-time applicants for a Utah driver's license must present a primary identification form that provides proof of name, date and place of birth. Any of the following forms of identification are accepted:

- Driver's license issued in the U.S.
- Foreign birth certificate with notarized translation
- Foreign passport with VISA stamped and attached I-94 Card or INS I-551 Card
- Matricular consular/ID resident alien card
- U.S. passport

For more information, visit www.driverslicense.utah.gov. The nearest Driver License Office is located at the following address:

Driver's License Division
759 North 1370 West
Orem, Utah 84057-2810
(801) 965-4437

Auto Insurance

All drivers of vehicles in the U.S. must hold auto insurance coverage. Auto insurance is necessary to:

- Pay for medical expenses in case of an accident.
- Provide financial protection from lawsuits.
- Cover losses caused by uninsured or uninsured drivers.
- Pay for damage due to theft, vandalism or natural disasters.

Different coverage options are offered by auto insurance companies and can be tailored to fit individual needs. Owning a car will bring additional expenses for maintenance and insurance. The following web sites can help provide estimate price quotes:

www.progressive.com
www.statefarm.com
www.geico.com
www.allstate.com

Additional auto insurance companies can be found by searching www.dexknows.com.

Students are advised to call several companies to ensure the coverage and price best meets their needs.

Frequently Asked Questions

How do I find out more about immigration and visa requirements?

There is a whole center on campus dedicated to helping our international students. Please visit iss.byu.edu or call 801-422-2695 for additional information.

Can I work on campus with an F-1 or J-1 visa?

Many programs do not allow you to work during your first year in the program. If your program allows, you can qualify for on-campus student employment with approvals from the International Student Services. On-campus internships or projects that are internship-esque in nature require a regular work authorization such as CPT or AT—talk with Jonathon Wood in the Global Business Center or International Student Services for more information. As an international student, you may work up to 20 hours during the fall and winter semesters. You may work up to 40 hours a week during the spring and summer terms (your vacation period). You may not go over your hours or you may lose your job and your visa status, which jeopardizes your residency! Likewise, do not start working until you have obtained the correct approvals. The international student office web site may help you with the procedures for on-campus employment at the following address: iss.byu.edu.

Can my spouse work while I study at BYU?

Dependants of an F-1 who have an F-2 visa are not eligible to hold any on-campus or off-campus job. Dependents of a J-1 visa holder with a J-2 visa may work. However, they may not start working without work authorization. Contact the International Student Office for work permit applications and questions about status or employment. Visit iss.byu.edu, 2400 WSC, call: 801-422-2695, or e-mail at intloff@byu.edu.

Am I required to have medical insurance during the summer?

As a BYU student you are required to have insurance throughout the length of stay in the United States. Even if you are not taking classes during the spring and summer terms, you are required to have a valid health insurance policy during this time. Please note that you will be provided health insurance from the BYU Health Center if you do not declare any other medical insurance upon your arrival at BYU. If you leave the country or need to change your insurance policy, you are responsible to contact the BYU Health Center to inform them of the change. J-1 students, please note that technically you need the health insurance coverage from the day you arrive in the U.S. for you and your dependents.

Bring a supply of medication for existing medical conditions. You may want to ask your doctor for the correlating drug in the US or at least have him write down the official medical name of any drugs you may need while in the US.

What do I need to do if I am leaving the country?

If you are an F-1 student you need to have a travel signature on your I-20 in advance of leaving. If you are a J-1 student you are also required to have a signature on your DS-2019. Generally as a J-1 student you cannot travel outside of the U.S. over 30 days without additional approval from International Student Services. Otherwise, you may be classified as having abandoned your program. In addition, any travel over 30 days should be generally be related to your course of study, such as an internship. You need to contact the International Services Office at least two weeks before you leave the country. They are located in room 2400 of the Wilkinson Student Center and can be reached by calling 801-422-2695.

Is there any association for international graduate students?

The International Graduate Student Association (IGSA) is designed to help international students interact through social and academic activities. You

may contact the IGSA advisor, Jonathon Wood, at 801-422-4832 to receive more information about the IGSA.

Should I apply for an off-campus internship?

As an international student, you are encouraged to apply for an off-campus internship in between your first and second year. Many times, an internship can lead to full-time employment with the same company after graduation. The process that allows you to participate in a paid internship is called the Curricular Practical Training (CPT) for F-1 students and Academic Training (AT) for J-1 students. You must apply for the CPT and AT in advance of starting to work or you risk jeopardizing your visa status. Since the rules for work authorization are detailed and different for each visa, please visit iss.byu.edu/employment for the most up to date requirements and processes. Contact the International Student Services office to complete the paperwork and necessary requirements.

Can I be employed off-campus?

Students may not work off-campus during the first year unless your degree programs require you to do so or grants you special permission. During your second year or with permission in your first, international graduate students are allowed to work off-campus if the job is related to their field of study and they have the proper work authorization. Curricular Practical Training (CPT) for F-1 students and Academic Training (AT) for J-1 students are the work authorization you need to obtain for off-campus employment. You may participate in a full time (40 hours per week) paid internship during the spring and summer terms (your vacation period). It is also possible in special circumstances to work off-campus during the Fall or Winter semesters. If authorization is granted for off-campus work during Fall or Winter semester you are only allowed to work 20 hours per week.

For authorization (CPT, AT) you must contact the International Student Services office and fill out the

necessary paperwork including the online e-forms. Instructions and further details can be found at iss.byu.edu/employment. Or you can call them by phone 801-422-2695, by e-mail at intloff@byu.edu. Jonathon Wood in the Global Business Center can also help you with questions and the nuances related to internships and jobs during your time in the Marriott School.



Frequently Asked Questions (continued)

Can I work in the U.S. upon graduation of a graduate program?

Yes. If you are hired for employment in the U.S. upon your graduation from BYU's graduate program, you must apply for Optional Practical Training (OPT) if you are an F-1 student or additional Academic Training (AT) as a J-1 student. You must apply for the OPT and AT in advance of starting your new job. Please make sure not to start prior to the start date of your granted OPT or AT. Violating this rule can lead to a termination of your OPT or AT which would mean you would need to start making plans to leave the U.S. The details of the rules and processes are very important for you to understand, and you can read them at **iss.byu.edu/employment**. You must contact the International Student Office to apply for the correct authorization before the completion of your studies. The ISS office is located 2400 WSC. You can also reach them by phone at 801-422-2695 or by emailing intloff@byu.edu.

Do I have to register for classes during the summer to maintain my visa status?

U.S. law requires internships to be related to a student's course of study. F-1 students need to be registered for academic credit with the University during the time of their internship. J-1 students do not need a class during the time of their internship. However, your graduate department will need to provide paperwork for either visa status as part of your CPT or AT authorization. Visit **iss.byu.edu/employment** for more information and details, or contact Jonathon Wood in the GBC or International Student Services.

What do I do if I change my address?

If you change your address, you must contact the International Services Office within 15 days of your move. You must always have this information current on school records. You must keep this updated in your myBYU profile as well.

What official documents will I need to bring?

Each member of the traveling family will need a valid passport from your home country. Make sure passports are valid for at least 6 months beyond graduation. You will need to make sure you have an F-1 or J-1 visa and your spouse has the appropriate visa if they plan on working. Bring a valid driver's license, official medical records, birth certificates for children you may want to enroll in school, and any other document you deem important.

For further information regarding visa regulations, CPT, OPT, AT, e-forms, travel, dependents, and student employment, contact the International Services Office at 2400 WSC and 801-422-2695. Further information and the necessary e-forms are located on their website at iss.byu.edu. The Global Business center and particularly Jonathon Wood also are ready to help you work through your personal situation and needs. The Global Business Center is located in 360 TNRB, by calling 801-422-6495, or emailing globalbusiness@byu.edu. Jonathon Wood can be reached at jcwood@byu.edu or 801-422-4832.

Problems for you or your family, such as health emergencies or accidents, don't always happen conveniently during the work day. If something goes wrong and you need help, don't hesitate to contact Jonathon Wood anytime of day or night including weekends on his mobile phone 801-360-8951. This number is also his WhatsApp number.





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