

CURRICULUM VITA

January 2026

Neil R. Lundberg, Ph.D.

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CURRENT POSITION

Professor Department of Experience Design and Management, Marriott
School of Business, Brigham Young University, Provo, UT

EDUCATION

2006	Ph.D. Major Minor Dissertation Chair	Indiana University, Bloomington, Indiana Leisure Behavior, emphasis in Therapeutic Recreation Health Promotion <i>Self-determination theory: A mechanism to explain the association between sports participation and subjective well-being in adults with spinal cord injury.</i> Dr. Bryan P. McCormick
1997	M.A. Major Thesis Chair	Brigham Young University, Provo, Utah Recreation Management & Youth Leadership <i>Cognitive therapy and rational education: A theory-based program using adventure, challenge and recreation.</i> Dr. Mark A. Widmer
1994	B.S. Major	Brigham Young University, Provo, Utah Recreation Management & Youth Leadership Option: Recreation Management

CREDENTIALS

07/18 – 05/21	Master Therapeutic Recreation Specialist (MTRS) State of Utah Division of Occupational and Professional Licensing #6791351-4001, Exp. Date 5/31/2021
04/98 – 06/20	Certified Therapeutic Recreation Specialist (CTRS)

National Council for Therapeutic Recreation Certification
(NCTRC) Certification #42053, Exp. Date 6/30/2020

ACADEMIC EXPERIENCE

- 2024 – *Professor*, Department of Experience Design and Management, Marriott School of Business, Brigham Young University, Provo, UT
Duties: Prepare and teach graduate and undergraduate courses in Experience Design and Management; mentor and advise undergraduate students; develop and conduct research projects.
- 2017 – 2024 *Professor and Department Chair*, Department of Experience Design and Management, Marriott School of Business, Brigham Young University, Provo, UT
Duties: Lead the Department and faculty towards excellence in citizenship, teaching and scholarship; make faculty assignments; evaluate faculty performance; manage department curriculum, resources and budget; prepare and teach graduate and undergraduate courses in Experience Design and Management; mentor and advise undergraduate students; develop and conduct research projects.
- 2015 – 2017 *Associate Professor and Department Chair*, Department of Recreation Management, Brigham Young University, Provo, UT
Duties: Lead the Department and faculty towards excellence in citizenship, teaching and scholarship; make faculty assignments; evaluate faculty performance; manage department curriculum, resources and budget; prepare and teach undergraduate courses in the Therapeutic Recreation and graduate courses in Youth and Family Recreation; advise undergraduate and graduate students; develop and conduct research projects; serve on college and university committees as needed.
- 2012 – 2015 *Associate Professor*, Department of Recreation Management, Brigham Young University, Provo, UT
Duties: Prepare and teach undergraduate courses in the Therapeutic Recreation and graduate courses in Youth and Family Recreation; advise undergraduate and graduate students; develop and conduct research projects; serve on college and university committees as needed.
- 2006 – 2012 *Assistant Professor*, Department of Recreation Management and Youth Leadership, Brigham Young University, Provo, UT
Duties: Prepared and taught undergraduate and graduate courses in the Therapeutic Recreation and Leisure Services Management emphasis areas; advised undergraduate and graduate students; developed and conducted research projects; fulfilled departmental responsibilities as assigned.

2003 – 2006 *Visiting Lecturer*, Department of Recreation and Park Administration, Indiana University, Bloomington, IN
Duties: Prepared and taught up to four undergraduate courses per semester in the therapeutic recreation option and department core; advised undergraduate students; placed and supervised interns; developed and conducted research projects; fulfilled departmental responsibilities as assigned.

PROFESSIONAL EXPERIENCE

2001 – 2003 *Program Director*, National Ability Center, Park City, UT
Duties: Managed year-round adaptive sports and recreation programs for people with disabilities. Supervised program managers and coordinators. Was responsible for agency expansion and new program development. Coordinated and conducted manager training, risk management compliance, program supervision, budget allocation and management, and program hiring and staffing.

1997 – 2001 *Assistant Program Director and Program Coordinator*, National Ability Center, Park City, UT
Duties: Supervised interns and winter program management. Hired, trained, scheduled and supervised program instructors. Redeveloped intern program to follow therapeutic recreation policies and standards. Assisted program director in planning and implementing all sports and recreation programs.

1996 – 1997 *Program Instructor*, National Ability Center, Park City, UT
Duties: Used Therapeutic Recreation Process in addressing clients' needs through various adaptive sports and recreation activities. Conducted assessments, planned and implemented services, and documented progress.

1995 – 1996 *Graduate Assistant*, Brigham Young University, Department of Recreation Management and Youth Leadership, Provo, UT
Duties: Assisted with data collection and analysis for research related to outdoor youth treatment programs, course management including grading, and other duties as assigned.

1993 – 1994 *Sports Camp Supervisor*, Brigham Young University, Conferences and Workshops, Provo, UT
Duties: Hired, trained, and supervised youth-camp counselors. Oversaw planning and implementation of nightly recreation activities.

1993 – 2003 *Professional Ski Instructor and Trainer*, Sundance Ski Resort and Park City Mountain Resort, Sundance and Park City, UT
Duties: Taught individuals with and without disabilities of all skill levels to ski. Lead regional and national training clinics for adaptive sports managers and

instructors. Assisted in training, coordination and implementation of adaptive sports and recreation programs in Spain, Chile, and Japan.

SCHOLARLY ACTIVITIES

Publications (* Refereed) (Co-authored with *Students*)

- * Lundberg, N., Ward, P., Lundberg, G., Hill, B., Bowen, J., Zabriskie, R., Duerden, M., & **Ashby, H.** (2021). Developing the Experience Impact Scale: A Qualitative Study Using a Study Abroad and International Internship Program. *Journal of Leisure Research*, DOI: 10.1080/00222216.2021.1916798
- * **Neeley, M., Burgess, M.**, Duerden, M., & Lundberg, N. (2020). Experience design in leisure and recreation curriculum. *Schole: A Journal of Leisure Studies and Recreation Education*, DOI: 10.1080/1937156X.2020.1724019
- Lundberg, N. (2018). Experience design in leisure studies, parks, recreation, and tourism. *Schole: A Journal of Leisure Studies and Recreation Education*, 33(2), 55-65. DOI: 10.1080/1937156X.2018.1520487
- * Duerden, M., Lundberg, N., Ward, P., Taniguchi, S., Hill, B., Widmer, M., & Zabriskie, R. (2018). From ordinary to extraordinary: A framework of experience types. *Journal of Leisure Research*, 49(3-5), 196-216. DOI: 10.1080/00222216.2018.1528779
- Widmer, M., & Lundberg, N. (2017). Adventures in outcome and evaluation research. In N. Stumbo, B. Wolf, & S. Pegg (Eds.), *Professional issues in therapeutic recreation* (3rd ed.). Champaign, IL: Sagamore.
- Zabriskie, R., & Lundberg, N. (2017). Professional ethics. In D. Austin & B. McCormick (Eds.), *Perspectives on recreational therapy*. Champaign, IL: Sagamore.
- * **Amato, M.**, Lundberg, N., Ward, P., & Zabriskie, R. (2016). The mediating effects of autonomy, competence, and relatedness during couple leisure on the relationship between total couple leisure satisfaction and marital satisfaction. *Journal of Leisure Research*, 48(5), 413-430.
- * Duerden, M., Lundberg, N., & Shurna, D. (2016). Facilitating innovation in leisure service organizations. *Journal of Parks and Recreation Administration*, 34(2), 49-61.
- * **Fort, M.**, Lundberg, N., Zabriskie, R., Eggett, D., Prater, M., & Barney, K. (2016). Adolescent summer camp volunteers' attitudes towards peers with disabilities. *Leisure Sciences*, 0(0), 1-18: <http://dx.doi.org/10.1080/01490400.2016.1171740>.

- Lundberg, N., & Groff, D. (2016). Techniques and interventions: Adaptive sports. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions* (pp. 137-147). Enumclaw, WA: Idyll Arbor, Inc.
- * Lundberg, N., Taniguchi, S., McGovern, R., & Smith, S., (2016). Female veteran's involvement in outdoor sports and recreation: A theoretical sample of recreation opportunity structures. *Journal of Leisure Research*, 48(5), 349-373.
- Dustin, D., Bricker, K., Negley, S. Brownlee, M., Schwab, K., Lundberg, N. (Eds.). (2015). *This land is your land: Toward a better understanding of nature's resiliency-building and restorative power for armed forces personnel, veterans, and their families*. Urbana, IL: Sagamore Publishing LLC.
- Lundberg, N., Taniguchi, S., **McGovern, R.** (2015). Second class soldiers: The role of an outdoor sports and recreation program in addressing the relationship between gender, social support, and military trauma. In D. Dustin, K. Bricker, S. Negley, M. Brownlee, K. Schwab, & N. Lundberg (Eds.). *This land is your land: Toward a better understanding of nature's resiliency-building and restorative power for armed forces personnel, veterans, and their families* (pp. 121-128). Urbana, IL: Sagamore Publishing LLC.
- Dustin, D., Bricker, K., Negley, S. Brownlee, M., Schwab, K., Lundberg, N. (2015). Where do we go from here? In D. Dustin, K. Bricker, S. Negley, M. Brownlee, K. Schwab, & N. Lundberg (Eds.). *This land is your land: Toward a better understanding of nature's resiliency-building and restorative power for armed forces personnel, veterans, and their families* (pp. 181-184). Urbana, IL: Sagamore Publishing LLC.
- * **Price, W.**, Lundberg, N., Zabriskie, R., & Barney, K. (2015). I tie flies in my sleep: An autoethnographic examination of recreation and reintegration for a veteran with posttraumatic stress disorder. *Journal of Leisure Research*, 47(2), 185-201.
- * **Russell, M.**, Widmer, M., Ward, P., & Lundberg, N. (2015). Adaptation of an adolescent coping assessment for therapeutic recreation and outdoor adventure settings. *Therapeutic Recreation Journal*, 49(1), 18-34.
- * **Bennett, J.**, Lundberg, N., Zabriskie, R., & Eggett, D. (2014). Addressing posttraumatic stress among Iraq and Afghanistan veterans and significant others: An intervention utilizing sport and recreation. *Therapeutic Recreation Journal*, 48(1), 74-93.
- * Ward, P., Barney, K., Lundberg, N., & Zabriskie, R. (2014). A critical examination of couple leisure and the application of the core and balance model. *Journal of*

Leisure Research, 46(5), 593-611.

- * **Hodge, C.**, Zabriskie, R., Fellingham, G., Coyne, S., Lundberg, N., Padilla-Walker, L., & Day, R. (2012). The relationship between media in the home and family functioning in context of leisure. *Journal of Leisure Research*, 44(3), 285-307.
- * **Buswell, L.**, Zabriskie, R., Lundberg, N., & Hawkins, A. (2012). Contributions of father involvement in family leisure to family functioning: The importance of daily family leisure. *Leisure Sciences*, 34(2), 1-19.
- * **Ahlstrom, M.**, Lundberg, N., Zabriskie, R., Eggett, D., & Lindsay, G. (2012). Me, my spouse, and my avatar: The relationship between marital satisfaction and playing massively multiplayer online role-playing games (MMORPG's). *Journal of Leisure Research*, 44(1), 1-22.
- * Lundberg, N., **Bennett, J.**, & Smith, S. (2011). Adaptive sports participation among veterans returning from combat with acquired disabilities. *Therapeutic Recreation Journal*, 45(2), 105-119.
- * Lundberg, N., Taniguchi, S., McCormick, B., & Tibbs, C. (2011). Identity negotiating: Re-defining stigmatized identities through recreational sports participation among individuals with physical disability. *Journal of Leisure Research*, 43(2), 205-225.
- * Van Puymbroek, M., & Lundberg, N. (2011). Introduction to veteran issues: The role of therapeutic recreation. *Therapeutic Recreation Journal*, 45(4), 265-267.
- * Lundberg, N. (2010). Quality of life and mood state outcomes through participation in adaptive sports for individuals with physical disabilities: A pre-experimental examination. *Annual in Therapeutic Recreation*, 19, 104-112.
- * Lundberg, N., Groff, D., & Zabriskie, R. (2010). Psychological need satisfaction through sports participation among international athletes with cerebral palsy. *Annals of Leisure Research*, 13(1&2), 102-115.
- * Ward, P., Lundberg, N., Ellis, G., & **Berrett, K.** (2010). Adolescent peer followership: A self-determination theory perspective. *Journal of Park and Recreation Administration*, 28(2), 20-35.
- * Lundberg, N. (2009). The therapeutic use of community-based sports and recreation in the development of self-determined behavior: A case study. *Annual in Therapeutic Recreation*, 17, 11-17.
- * **Redd, A.**, Lundberg, N., **Nutter, J.**, & **Smith, E.** (2009). Using recreational therapy to improve coping self-efficacy among adolescents in residential treatment settings:

A student perspective. *Annual in Therapeutic Recreation*, 17, 61-72.

- Widmer, M., & Lundberg, N. (2009). Methods for outcome research in therapeutic recreation. In N. Stumbo (Ed.), *Professional issues in therapeutic recreation: On competence and outcomes* (pp. 433-446). Champaign, IL: Sagamore.
- * Ward, P., Lundberg, N., Zabriskie, R., & **Barret, K.** (2009). Measuring marital satisfaction: A comparison of the Revised Dyadic Adjustment Scale and the Satisfaction with Married Life Scale. *Marriage and Family Review*, 45(4), 412-429.
- * Groff, D., Lundberg, N., & Zabriskie, R., (2009). Influence of adapted sport on quality of life: Perceptions of athletes with cerebral palsy. *Disability and Rehabilitation*, 31(4), 318-326.
- * Chun, S., Lee, Y., Lundberg, N., McCormick, B., & Heo, J. (2008). Contribution of community integration to quality of life for participants of community-based adaptive sport programs. *Therapeutic Recreation Journal*, 42(4), 217-226.
- * Lundberg, N., Zabriskie, R., Smith, K., & Barney, K. (2008). Using wheelchair sports to compliment disability awareness curriculum among college students. *Schole*, 23, 61-74.
- * Heo, J., Lee, Y., Lundberg, N., McCormick, B., & Chun, S. (2008). Adaptive sport as serious leisure: Identification of the role of self-determination, skill level, and leisure constraints. *Annual in Therapeutic Recreation*, 16, 31-38.
- Simpson, C., Newman, J., & Lundberg, N.** (2008). Can parks and recreation services benefit marriages? *Utah Leisure Insights*, 28(2), 9-21.
- Lundberg, N. (2008). Motivation to participate: A self-determination perspective. *Utah Leisure Insights*, 28(2), 11-18.
- Ward, P. J., Lundberg, N., & Ellis, G. D., (2007). An examination of adolescent peer followership using social exchange and self-determination theories. *Journal of Recreation and Leisure* [Electronic Version]. Retrieved from <http://neon.byu.edu/~grayh/jrl2008.html>.
- Lundberg, N. (2007). Research update: Creating motivational climates. *Parks and Recreation*, 42(1), 22-26.
- * Lundberg, N., Widmer, M., McCormick, B., & Ward, W. (2006). Rational emotive recreation therapy: Using adventure and recreation in reducing irrational beliefs among adolescent males with behavior disorders. *Annual in Therapeutic*

Recreation, 14, 59-69.

- * Zabriskie, R., Lundberg, N., & Groff, D. (2005). Quality of life and identity: The benefits of a community-based therapeutic recreation and adaptive sports program. *Therapeutic Recreation Journal, 39* (3), 176-191.

Works in Progress (* Refereed) (Co-authored with *Students*)

- * **Bowen, A.**, Townsend, J., Britt, T., Melton, T., & Lundberg, N. (Preparing for Submission). Investigating the impact of adaptive sports and recreation involvement for veterans.
- * Freeman, P., Ellis, G., Hill, B., Lundberg, N., & Paymard, P., (Accepted with Revisions). Facilitating savoring and experience value at multinational travel destinations. *World Leisure Journal*.
- * Freeman, P., Ellis, G., Hill, B., Lundberg, N., & Paymard, P. (Analyzing Results). Facilitating awe and learning outcomes during educational travel: Strategies for educators. *Journal of Heritage Tourism*
- * Lundberg, G., Lundberg, N., & Bown, J. (Accepted). Transformative learning in the experience typology: Results of a qualitative examination of students studying abroad. *Study Abroad Research in Second Language Acquisition and International Education*.
- * Lundberg, N., & Lundberg, G. (Analyzing Results). Transformative experiences on study abroad: Constructing meaning through reflective writing.
- * Neuhofer, B., Hill, B., & Lundberg, N. (Rejected being Revised). Artefacts of Transformation: Memorabilia's Role in Transformative Tourist Experiences. *Journal of Travel and Tourism Marketing*.

Scholarly Research Presentations (* Refereed) (Co-authored with *Students*)

- * Lundberg, N., Freeman, P., Hill, B., & Ellis G (2025). Qualitative examination of absorption experiences: Techniques that elevate, enhance, or detract. World Leisure Organization, Breda, Netherlands.
- * Lundberg, N., Lundberg, G., Bown, J., **Grunvig, E.**, & Hill, B. (2023). Transformational experiences beyond borders: Study abroad and the further development of the Experience Impact Scale. 7 Experience Summit, Auckland, NZ.
- * Lundberg, G., Bown, J., Lundberg, N., & Hill, B. (2023). Further Clarifying Transformative Experiences and the Experience Typology: Results of a Qualitative Examination of Students Studying Abroad in Europe. World Leisure

Organization, Dunedin, NZ.

- * Townsend, J., **Whaley, D., Santiago, T., Bowen, A.**, Crowe, B., Ward, P., Zabriskie, R., & Lundberg, N. (2023). Development and testing of the experience impact scale. World Leisure Congress, Dunedin, NZ.
 - * **Grundvig, E., Warner, A., Johnson, W.**, Lundberg, N., Hill, B., Lundberg, G., Bown, J., & Ward, P. (2022). Memorable, meaningful, and transformative experiences on study abroad: A qualitative analysis from a uniquely ExDM perspective. Poster presentation at the 7 Experiences Summit, Brigham Young University, Provo, UT.
- Lundberg, N. (2021). Measuring experiences: Developing the experience impact scale. Invited workshop presentation at the 7 Experiences Summit, Breda University, Netherlands.
- * Hill, B., Lundberg N., **Glazier, R., & Dominguez, D.** (2019). Exploring emotions associated with transformational, meaningful, memorable and ordinary experiences. Podium Presentation at the Annual Positive Psychological Association Conference, Melbourne Australia.
 - * Lundberg, N., Lundberg G., Ward, P., Bown, J. Hill, B., & Zabriskie, R. (2019). Transformational experiences on study abroad Part 1: The relationship between emotion and experience types. Paper presented at the Australia and New Zealand Association for Leisure Studies, Queenstown, New Zealand.
 - * Ward, P., Duerden, M., Lundberg, N., Lundberg, G., Bown, J., Hill, B., & Zabriskie, R. (2019). Transformational experiences on study abroad Part 2: Developing a psychometric scale to identify different experience types. Paper presented at the Australia and New Zealand Association for Leisure Studies, Queenstown, New Zealand.
- McCormick, B., Sneathen, G., & Lundberg, N. (2015). Evidence based practice in behavioral health. American Therapeutic Recreation Association Annual Pre-Conference, Albuquerque, NM.
- * **Russell, M.**, Widmer, M., Lundberg, N., & Ward, P. (2015). Adaptation of an adolescent coping assessment for adventure therapy. Outdoor Behavioral Healthcare Council/Wilderness Therapy Symposium. Park City, UT.
- Hill, B., Freeman, P., Lundberg, N., & Duerden, M. (2015). Using positive psychology and recreation to impact community wellness. Utah Recreation and Park Association Annual Conference. St. George, UT.

- Widmer, M. & Lundberg, N. (2015). Building an effective organization through line of sight. National Association of Therapeutic Schools and Programs Annual Conference. Nashville, TN.
- Widmer, M., Lundberg, N., & Bingham, J. (2015). Line of sight: Creating a culture around a shared vision. National Association of Therapeutic Schools and Programs Annual Conference. Nashville, TN.
- Lundberg, N., Taniguchi, S., McGovern, R., Layland, E., & Bennett, J. (2014). Second class soldiers: The role of an outdoor sport and recreation program in addressing the relationship between gender, social support, and military trauma. Paper presented at This Land Is Your Land: Toward a Better Understanding of Nature's Resiliency-Building and Restorative Power for Armed Forces Personnel, Veterans, and their Families, University of Utah, Salt Lake City, Utah.
- Hill, B., Freeman, P., Lundberg, N., & Duerden, M. (2014). Using positive psychology and recreation to impact community wellness. National Recreation and Park Association Annual Conference. Charlotte, NC.
- Hill, B., & Lundberg, N. (2014). Practice models within the experience industry: Staging experiences and guiding transformations. Leisure Studies Association Summer Conference, Paisley, Scotland.
- * **Hutchings, C.**, Freeman, P., Lundberg, N., & Coyne, S. (2012). Spousal Connectedness and Communication Technology Devices. Abstracts from the 2012 Symposium on Leisure Research, Ashburn, VA; National Recreation and Park Association.
- Lundberg, N. (2011). Relationships, communication and connectedness: A response to re-visioning leisure research in an increasingly digital world. Paper presented at the opening session of the 2011 Symposium on Leisure Research, Ashburn, VA; National Recreation and Park Association.
- * Hill, B., Lundberg, N., Hill, K., **Taylor, S., & Russell, M.** (2010). Today's families and leisure time. Paper presented at the 2010 Symposium on Leisure Research, Ashburn, VA; National Recreation and Parks Association.
- * **Bennett, J.** & Lundberg, N. (2010). Addressing posttraumatic stress among Iraq and Afghanistan veterans and significant others: An intervention utilizing sport and recreation. Paper presented at the 2010 ATRA Research Institute. Alexandria, VA; American Therapeutic Recreation Association.
- * **Bennett, J.**, Lundberg, N., & Smith, S. (2009). Outcomes related to adaptive sport participation among veterans returning from combat with acquired disability. Paper presented at the 2009 ATRA Research Institute, Alexandria, VA; American

Therapeutic Recreation Association.

- * Lundberg, N., Ward, P., & Zabriskie, R. (2009). Modeling the relationship between marital satisfaction and couple leisure. Paper presented at the 2009 Symposium on Leisure Research, Ashburn, VA; National Recreation and Park Association.
- * **Nutter, J.**, Lundberg, N., & **Ehlers, S.** (2008). Quality of life benefits through participation in adaptive sports for individuals with physical disabilities. Paper presented at the 2008 ATRA Research Institute, Alexandria, VA; American Therapeutic Recreation Association.
- * Lundberg, N., Zabriskie, R., Ward, P., & **Nutter, J.** (2008). Couple leisure and marital satisfaction: Examining the mechanisms of satisfaction using self-determination theory. Paper presented at the 2008 Symposium on Leisure Research, Ashburn, VA; National Recreation and Park Association.
- * Ward, P., Lundberg, N., Zabriskie, R., & **Barret, K.** (2008). Validity and reliability of satisfaction with married life scale. Paper presented at the 2008 Symposium on Leisure Research, Ashburn, VA; National Recreation and Park Association.
- * Lundberg, N., Zabriskie, R., & Groff, D. (2007). Predicting the relationship between need Satisfaction in sport and general self-determination. Paper presented at the 2007 ATRA Research Institute. Alexandria, VA; American Therapeutic Recreation Association.
- * **Korhman, M.**, Lundberg, N., **Peterson, N.**, & Taniguchi, S. (2007). The therapeutic use of adventure and service: A comparison of mood states among young adults participating in high risk and service-oriented recreation. Poster presented at the 2007 ATRA Research Institute, Alexandria, VA; American Therapeutic Recreation Association.
- * **Nutter, J.**, Lundberg, N., **Holden, S.**, **Schenk, C.**, & **Draper, C.** (2007). Inclusive intramural sport participation and discomfort levels with individuals with disabilities. Poster presented at the 2007 ATRA Research Institute, Alexandria, VA; American Therapeutic Recreation Association.
- * Lundberg, N., & McCormick P. (2007). Socio-demographic and psychological factors in distinguishing between sports participation and sports non-participation in adults with spinal cord injury. Paper presented at the 2007 Symposium on Leisure Research, Ashburn, VA; National Recreation and Park Association.
- * Lundberg, N., & McCormick. B. (2007). Self-determination theory: A mechanism to explain the association between sports participation and subjective well-being among adults with spinal cord injury. Poster presented at the Third International

Conference on Self-Determination Theory held May 24th-27th, 2007 in Toronto, Ontario Canada.

- * Lundberg, N. (2006) Physical self-perceptions and self-determination of athletes with a disability: CP world games. Paper presented at the Leisure Research Symposium sponsored by the Department of Recreation and Park Administration, Indiana University, Bloomington, IN.
- * Lundberg, N., Lee, Y., McCormick, B., Chun, S., Nolan, C., Heo, J. & Reed, C. (2006). Testing self-determination in sport based on participation in sport, disability type, and gender. Poster presented in the 2006 American Therapeutic Recreation Association Research Institute, held in conjunction with the 2006 American Therapeutic Recreation Association Annual Conference, Orlando, FL.
- * Nolan, C., & Lundberg, N., Lee, Y., & McCormick, B. (2006). A paradigm shift in disability models: Role of the international classification of functioning, disability and health model in understanding adaptive sport. Poster presented in the 2006 American Therapeutic Recreation Association Research Institute, held in conjunction with the 2006 American Therapeutic Recreation Association Annual Conference, Orlando, FL.
- * Chun, S., Lee, Y., McCormick, B., Heo, J., Lundberg, N., Nolan, C., & Reed, C. (2006). Contribution of community integration to quality of life for participants of community-based adaptive sports programs. Poster presented in the 2006 American Therapeutic Recreation Association Research Institute, held in conjunction with the 2006 American Therapeutic Recreation Association Annual Conference, Orlando, FL.
- * Heo, J., Lee, Y., McCormick, B., Chun, S., Lundberg, N., Nolan, C., & Reed, C. (2006). Do self-determination, skill levels, and leisure constraints discriminate between serious leisure and non-serious leisure participants? Poster presented in the 2006 American Therapeutic Recreation Association Research Institute, held in conjunction with the 2006 American Therapeutic Recreation Association Annual Conference, Orlando, FL.
- * Lundberg, N. (2005) A mother and son perspective on the role of adaptive sports and recreation in the development of self-determined behavior. Poster presented in the 2005 American Therapeutic Recreation Association Research Institute, held in conjunction with the 2005 American Therapeutic Recreation Association Annual Conference, Salt lake City, UT.
- * Lundberg, N. & McCormick P. (2005). Opportunities and benefits: The role of adaptive sports and recreation in the lives of individuals with disabilities. Paper presented at the 2005 Symposium on Leisure Research held in conjunction with the 2005

National Recreation and Parks Association Congress & Expo, San Antonio, TX.

- * Lundberg, N., McCormick, P., & Widmer, M. (2004). Beliefs among adolescent males with behavior disorders. Paper presented at the 2004 Symposium on Leisure Research held in conjunction with the 2004 National Recreation and Parks Association Congress & Expo, Reno, NV.

Hafets, B. & Lundberg, N. (2004). Innovative programs: Adaptive bobsledding. Poster presentation at National Therapeutic Recreation Society, NRPA national conference: Reno, NV.

- * Groff, D., Zabriskie, R., & Lundberg, N. (2003). Contributions of a community-based adapted sports program: Implications for therapeutic recreation practitioners. Paper presented in the 2003 American Therapeutic Recreation Association Research Institute, held in conjunction with the 2003 American Therapeutic Recreation Association Annual Conference, Atlanta, GA.

Professional Presentations

Lundberg, N. (2010-2013). Professional Presentations at the Utah Recreational Therapy Association Annual Conference.

Lundberg, N. (October, 2009). Recreational therapy in Thailand. Invited speaker at a gathering of University and Hospital Representatives, Bangkok, Thailand.

Lundberg, N. (August, 2009). Recreational therapy and Soto's syndrome. Invited speaker at the 2009 Soto's Syndrome Annual Conference, Salt Lake City, UT.

Lundberg, N. (April, 2009). How to develop evidence-based practice: What you, your clients, and your administrators want. Presented at the 2009 URTA Annual Conference, Aspen Grove, UT.

Lundberg, N. & Lozano, D. (October, 2008). Community-Based Treatment Network. Presented at the 2008 ATRA Annual Conference, Reno, NV.

Lundberg, N. (March, 2008). Are your programs really working? Doing and using research at your facility. Presented at the 2008 URTA Annual Conference, Park City, UT.

Lundberg, N. (December, 2007). Autism review and research update. Presented at the Professional Ski Instructors of America National Adaptive Academy: Breckenridge, CO

Lundberg, N. (December, 2007). Understanding autism for the recreation environment.

Presented at the Professional Ski Instructors of America National Adaptive Academy: Breckenridge, CO

Lundberg, N. (December, 2007). Tools and techniques: Working with individuals with autism. Presented at the Professional Ski Instructors of America National Adaptive Academy: Breckenridge, CO

Lundberg, N. & Lozano, D. (September, 2007). Community Inclusion Treatment Network, presented at the 2007 ATRA Annual Conference, Orlando, FL.

Lundberg, N. & Whitney, M. (December, 2006). Dealing with autism: The current epidemic. Presented at the Professional Ski Instructors of America National Adaptive Academy: Breckenridge, CO

Groff, D., Zabriskie, R., & Lundberg, N. (July, 2005) Contributions of community-based adaptive sports on quality of life and athletic identity. Presented at the Cerebral Palsy World Games: New London, CT

Lundberg, N. (November, 2003). Adaptive sports programs in therapeutic recreation. Presented at Recreation Therapists of Indiana, State Conference: Elizabeth, IN

Workshops/Clinics

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| September 2012
– to 2014 | Motivational Interviewing at the Utah State Hospital
Sponsored by the Utah State Hospital
Present and participate in weekly educational sessions intended to develop Motivational Interviewing skills in the Therapeutic Recreation discipline at the Utah State Hospital |
| December 2007 | Adaptive Ski Instructor Training
Sponsored by the Professional Ski Instructors of America
Presented clinics on recreation services for individuals with autism and ski instructions for individuals with disabilities |
| January 2007 | Disability Awareness, Provo, UT
Held at Discovery Academy
Presented the following sessions:
“Living with a Spinal Cord Injury”
“Wheelchair Sports: Quad Rugby and Wheelchair Basketball” |
| December 2006 | Adaptive Ski Instructor Training
Sponsored by the Professional Ski Instructors of America
Presented clinics on ski instructions for individuals with disabilities |

December 2002 Adaptive Ski Instructor Training
Sponsored by the Professional Ski Instructors of America
Presented clinics on ski instructions for individuals with disabilities

January 2001 “Student Internship Fair”, Salt Lake City, UT
Sponsored by Utah Recreational Therapy Association & Utah
Neuropsychiatric Institute
Presented the following session:
“Panel Discussion: My Best and Worst Interns”

SERVICE

Professional

State

Executive Committee Member, University Representative (2007 – 2013), Utah
Recreation Therapy Association

Research Committee Member (2007 – 2012), Utah Recreation Therapy Association

State and Regional Advisory Committee, Executive Board (1999 - 2000) Utah Recreation
Therapy Association

National

Associate Editor (2014-2018) Therapeutic Recreation Journal

Higher Education Task Force (Co-leader 2013 – 2015) American Therapeutic Recreation
Association

Co-Editor (2011) Therapeutic Recreation Journal: Special Edition on Veteran Issues

Research Committee (member 2004 – 2011) American Therapeutic Recreation
Association

Annual in Therapeutic Recreation, Editorial Board (2008 – 2010), American Therapeutic
Recreation Association

Community Inclusion Network (Co-leader 2006 – 2008) American Therapeutic
Recreation Association

National Council on Therapeutic Recreation Certification item writer for the national
certification exam (2008)

Section Coordinator, National Recreation and Parks Association: Leisure Research Symposium, Leisure and Disability (2008)

Invited Reviewer, Leisure Sciences (2008, 2009, 2011, 2013)

Invited Reviewer, Family Relations (2008)

Invited Reviewer, AAHPERD Research Consortium (2007)

Invited Reviewer, National Recreation and Parks Association: Leisure Research Symposium, Special Populations (2007)

Invited Reviewer, Journal of Leisure Research (2006, 2007, 2012, 2013)

Invited Reviewer, Therapeutic Recreation Journal (2006, 2007, 2009, 2011, 2013, 2015, 2017)

Invited Reviewer, American Therapeutic Recreation Association Research Symposium (2006, 2007, 2009-2011)

Invited Reviewer, Journal of Rehabilitation Research & Development (2013, 2014)

Masters Student Committee Member, (2014 - 2015) Stephanie Curry, Moray House School of Education, University of Edinburgh, Edinburgh, Scotland.

Doctoral Student Committee Member, (2015 - 2017) Elizabeth Kellogg, School of Mind-Body Medicine, Saybrook University, Somerville, MA.

Doctoral Student Committee Member, (2024 - 2025) Ashley Bowen, Department of Parks, Recreation and Tourism Management, Clemson University, Clemson, South Carolina.

Department

Department Chair (2015 – 2024), Department of Experience Design and Management, Marriott School of Business, Brigham Young University, Provo, UT

Graduate Coordinator (2012 – 2015), Department of Recreation Management, Brigham Young University, Provo, UT

Internship Supervisor (2012), Therapeutic Recreation Option, Department of Recreation Management, Brigham Young University, Provo, UT

Therapeutic Recreation Option Coordinator (2009 – 2010), Department of Recreation

Management Youth Leadership, Brigham Young University, Provo, UT

Committees

Search Committee, Professional Teaching Faculty, (Chair, 2025) Department of Experience Design and Management, Provo, UT

Performance Evaluation Committee (Member, 2015) Department of Recreation Management, Provo, UT

Rank and Status/Advancement Committee, (Chair, 2014) Department of Recreation Management, Provo, UT

Search Committee, Leisure Service Management Faculty Position, (Member, 2012) Department of Recreation Management, Provo, UT

Outdoor Committee, (Member, 2006 – 2010) Department of Recreation Management and Youth Leadership, Provo, UT

Search Committee, Leisure Service Management Faculty Position, (Member, 2009) Department of Recreation Management and Youth Leadership, Provo, UT

Social Committee, (Member, 2006 – 2010) Department of Recreation Management and Youth Leadership, Provo, UT

Search Committee, Therapeutic Recreation Faculty Position, (Member, 2005) Department of Recreation and Park Administration, Indiana University, Bloomington, IN

Research Committee, (Member, 2003 – 2005) Graduate Recreation Society, Department of Recreation and Park Administration, Indiana University, Bloomington, IN

Graduate Student Committees

Masters Student Committee Member, (2014 - 2018) Emerson Watenabe, Department of Experience Design and Management, Brigham Young University, Provo, UT.

Masters Student Committee Chair, (2014 - 2017) Damien Cavanaugh, Department of Recreation Management, Brigham Young University, Provo, UT.

Masters Student Committee Member, (2014 - 2017) Quinn Lindford, Department of Recreation Management, Brigham Young University, Provo, UT.

Masters Student Committee Member, (2014 - 2016) Courtney Bradshaw, Department of Recreation Management, Brigham Young University, Provo, UT.

Masters Student Committee Chair, (2012 - 2014) Sara Hyde, Department of Recreation Management, Brigham Young University, Provo, UT.

Masters Student Committee Chair, (2012 - 2013) Miriam Amato, Department of Recreation Management, Brigham Young University, Provo, UT.

Masters Student Committee Chair, (2011 - 2014) Megan Fort, Department of Recreation Management, Brigham Young University, Provo, UT.

Masters Student Committee Member, (2011 - 2015) Benski Daley, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Chair, (2011 - 2013) Warren Price, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Member, (2011 - 2013) Robert Henderson, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Member, (2011 - 2012) Chelsea Mairs, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Member, (2010 - 2011) Camilla Hodge, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Member, (2009 - 2011) Melissa Russell, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Member, (2008 - 2010) Lydia Buswell, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Chair, (2008 - 2010) Jessie Bennett, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Chair, (2007 - 2009) Michelle Ahlstrom, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Member, (2006 - 2009) Casey Schenk, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Member, (2006 - 2010) Kristen Barrett, Department of Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Masters Student Committee Chair, (2006 - 2008) Derence Walk, Department of

Recreation Management & Youth Leadership, Brigham Young University, Provo, UT.

Undergraduate Student Committees

Honors Thesis Committee Member, (2025) Savannah Travis, Department of Experience Design and Management, Brigham Young University, Provo, UT.

Honors Thesis Committee Member, (2024) Rosemary Ashby, Department of Experience Design and Management, Brigham Young University, Provo, UT.

Honors Thesis Committee Member, (2021 - 2022) Hadlie Robertson, Department of Experience Design and Management, Brigham Young University, Provo, UT.

Advisement

Undergraduate Advisor (2006 – 2019) Therapeutic Recreation option area, Department of Recreation Management Youth Leadership, Brigham Young University, Provo, UT

Internship Supervisor (Jan 2004 – 2005), Therapeutic Recreation Option, Department of Recreation and Parks Administration, Indiana University, Bloomington, IN

College

Committees

Search Committee, Marriott School Dean, (Member, 2012) Marriott School of Management, Provo, UT

Magazine Committee (Member, 2006 – 2009) College of Health and Human Performance, Brigham Young University, Provo, UT

Learning and Teaching Technology Lab (Member, 2006 – 2009) College of Health and Human Performance, Brigham Young University, Provo, UT

University

Committees

Internal Review Board Committee (Member, 2012 – 2014) Brigham Young University, Provo, UT

HONORS AND AWARDS

Citizenship Award, Marriott School of Management, 2015
 Recognition Award for Outstanding Service, National Ability Center, 2003
 Outstanding Graduate Student, Brigham Young University, Provo, UT, 1996
 Eagle Scout, Boy Scouts of America, 1984

PROFESSIONAL DEVELOPMENT / SPECIALIZED TRAINING

Experience Economy Expert Certification, Strategic Horizons, August 6-10, 2018
 Event Design Certification, San Diego State University, January 10 – 13, 2018
 Influencer Training: Best Practice Skills for Successfully Influencing Change, BYU,
 November 5, 7, 12, 14, 2014
 Motivational Interviewing: Introductory Training for the Motivational Interviewing
 Treatment Integrity (MITI) Coding System, Utah Department of Corrections,
 Draper UT, September 4-6, 2013
 Motivational Interviewing: Train New Trainers, Utah Department of Corrections, Draper
 UT, November 2012, 2013
 Motivational Interviewing: Intensive 2 Day Training, San Diego CA, November 2012
 Writing Matters Workshop, BYU, Winter Semester 2010
 Undergraduate Education Academy on Teaching and Learning, July 2009
 Wilderness First Responder, Wilderness Medicine Institute, May 2009 – present
 Society of Parks and Recreation Educators' Teaching Institute, January 2009
 Prometric's Training Workshop, NCTRC Computer Based Test Development Project,
 Writing Multiple Choice Questions, 2008
 Autism and Treatment Education: 7960, University of Utah, 2007
 Faculty Development Workshop, BYU, 2007
 Publish and Flourish Workshop, BYU, 2007
 Management Action Program, Intensive Leadership Workshop, 2002

TEACHING ASSIGNMENTS

<u>Semester / year</u>	<u>Course / Title</u>	<u># of Students</u>
Brigham Young University		
Winter 2026	Univ 101, BYU Foundations, Section 007	13
Fall 2025	ExDM 422, Experience Needfinding, Section 001	36
	ExDM 422, Experience Needfinding, Section 002	38
	ExDM 422, Experience Needfinding, Section 003	27
	ExDM 422, Experience Needfinding, Section 004	32
	EMBA 693R, Special Topics: Experience Design	35
Winter 2025	Univ 101, BYU Foundations, Section 041	23

Fall 2024	Univ 101, BYU Foundations, Section 017	18
	ExDM 422, Experience Needfinding, Section 001	37
	ExDM 422, Experience Needfinding, Section 002	37
	ExDM 422, Experience Needfinding, Section 003	24
	ExDM 422, Experience Needfinding, Section 004	34
	EMBA 693R, Special Topics: Experience Design	19
Winter 2024	MBA 693R, Special Topics: Experience Design	14
Fall 2023	ExDM 422, Experience Needfinding	143
	EMBA 693R, Special Topics: Experience Design	28
Winter 2023	MBA 693R, Special Topics: Experience Design	13
Fall 2022	ExDM 422, Experience Needfinding	124
	EMBA 693R, Special Topics: Experience Design	46
Winter 2022	IAS 201, Cultural Survey: ExDM Study Abroad	30
Fall 2021	ExDM 422, Experience Needfinding	120
	EMBA 693R, Special Topics: Experience Design	45
Fall 2020	ExDM 422, Experience Needfinding	64
	ExDM 422, Experience Needfinding	51
	EMBA 693R, Special Topics: Experience Design	32
Winter 2020	ExDM 403, Managing in the Experience Economy	102
Fall 2019	ExDM 422, Experience Needfinding	46
	ExDM 422, Experience Needfinding	45
Winter 2019	MBA 693R, Special Topics: Experience Design	20
	ExDM 490R, Special Topics: Inclusive Experience Design	32
Fall 2018	TRM 420, Programs and Interventions in Therapeutic Recreation	27
Winter 2018	RecM 471, Assessment and the Therapeutic Recreation Process	29
Fall 2017	RecM 472, Programs and Interventions in Therapeutic Recreation	41
	RecM 699R, Masters Thesis	1
Summer 2017	RecM 699R, Masters Thesis	1
Winter 2017	RecM 471, Assessment and the Therapeutic Recreation Process	43

Fall 2016	RecM 472, Program Dynamics in Therapeutic Recreation RecM 699R, Masters Thesis	31 1
Spring 2016	RecM 699R, Masters Thesis	1
Winter 2016	RecM 699R, Masters Thesis	1
Fall 2015	RecM 472, Program Dynamics in Therapeutic Recreation	37
Winter 2015	RecM 472, Program Dynamics in Therapeutic Recreation RecM 611, Philosophy and Social Psychology or Leisure	18 6
Spring 2014	RecM 460, Inclusion and Disabilities in Therapeutic Recreation RecM 699R, Masters Thesis	6 2
Winter 2014	RecM 472, Program Dynamics in Therapeutic Recreation RecM 460, Inclusion and Disabilities in Therapeutic Recreation RecM 699R, Masters Thesis	23 16 2
Fall 2013	RecM 472, Program Dynamics in Therapeutic Recreation	33
Spring 2013	RecM 699R, Masters Thesis	2
Winter 2013	RecM 472, Program Dynamics in Therapeutic Recreation RecM 496, Therapeutic Recreation Senior Internship RecM 699R, Masters Thesis	24 23 2
Fall 2012	RecM 472, Program Dynamics in Therapeutic Recreation RecM 611, Philosophy and Social Psychology or Leisure RecM 496, Therapeutic Recreation Senior Internship RecM 497, Special Topics and Research	22 4 12 4
Winter 2012	RMYL 472, Program Dynamics in Therapeutic Recreation RMYL 611, Philosophy and Social Psychology or Leisure	35 4
Fall 2011	RMYL 472, Program Dynamics in Therapeutic Recreation RMYL 304, Leisure in Contemporary Society	19 49
Winter 2011	RMYL 472, Program Dynamics in Therapeutic Recreation RMYL 611, Philosophy and Social Psychology or Leisure	18 8
Fall 2010	RMYL 472, Program Dynamics in Therapeutic Recreation RMYL 304, Leisure in Contemporary Society	27 53

Winter 2010	RMYL 472, Program Dynamics in Therapeutic Recreation	25
	RMYL 611, Philosophy and Social Psychology or Leisure	6
	RMYL 699R, Masters Thesis	1
Fall 2009	RMYL 472, Program Dynamics in Therapeutic Recreation	25
	RMYL 304, Leisure in Contemporary Society	41
	RMYL 699R, Masters Thesis	1
Winter 2009	RMYL 472, Program Dynamics in Therapeutic Recreation	35
	RMYL 611, Philosophy and Social Psychology or Leisure	4
	RMYL 699R, Masters Thesis	1
Fall 2008	RMYL 472, Program Dynamics in Therapeutic Recreation	25
	RMYL 304, Leisure in Contemporary Society	48
Winter 2008	RMYL 472, Program Dynamics in Therapeutic Recreation	30
	RMYL 611, Philosophy and Social Psychology or Leisure	5
	RMYL 699R, Masters Thesis	2
Fall 2007	RMYL 472, Program Dynamics in Therapeutic Recreation	20
	RMYL 304, Leisure in Contemporary Society	44
Winter 2007	RMYL 472, Program Dynamics in Therapeutic Recreation	29
	RMYL 611, Philosophy and Social Psychology or Leisure	5
Fall 2006	RMYL 472, Program Dynamics in Therapeutic Recreation	20
	RMYL 304, Leisure in Contemporary Society	31

Indiana University

Spring 2006	R277, Introduction to Therapeutic Recreation	27
	R390, Statistical Application in Leisure Studies	53
	R367, Leisure Program Development	55
Fall 2005	R301, Internship Preparation for Therapeutic Recreation Majors	34
	R378, Techniques in Therapeutic Recreation	31
	R390, Statistical Application in Leisure Studies	46
	R402, Senior Seminar in Therapeutic Recreation	40
Spring 2005	R272, Recreation Activity and Leadership Methods	43
	R277, Introduction to Therapeutic Recreation	35
	R363, Professional Internship	8

Fall 2004	R272, Recreation Activity and Leadership Methods	46
	R301, Internship Preparation for Therapeutic Recreation Majors	33
	R378, Techniques in Therapeutic Recreation	34
	R402, Senior Seminar in Therapeutic Recreation	35
Summer 2004	R340, Leisure in Modern Society	32
Spring 2004	R272, Recreation Activity and Leadership Methods	45
	R277, Introduction to Therapeutic Recreation	33
	R363, Professional Internship	7
Fall 2003	R301, Internship Preparation for Therapeutic Recreation Majors	34
	R402, Senior Seminar in Therapeutic Recreation	37
	R479, Trends and Issues in Therapeutic Recreation	35

Organization Memberships

Current	World Experience organization
Current	Experience Research Society