## VITA

# Patti A. Freeman

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## **CURRENT POSITION**

Professor – Department of Experience Design and Management Brigham Young University, Provo, UT

## **EDUCATION**

1993 Ph.D., Indiana University

Major: Human Performance (emphasis in Leisure Behavior)

Minor: Educational Inquiry Methodology

Dissertation: The Experience of "Flow" During Challenge Education Activities for

Adults

1989 M.S., Western Illinois University

Major: Recreation and Park Administration

1988 B.S., Brigham Young University

Major: Recreation Management and Youth Leadership; emphasis: outdoor recreation

Minor: Mathematics

#### ACADEMIC EXPERIENCE

Department of Recreation Management Brigham Young University, Provo, UT

1999-present *Professor* (2006)

Associate Professor (1999 – 2006)

*Associate Dean, Undergraduate Education/General Education* (2016 – 2020)

Manage and direct the general education program on campus. Oversee the assessment of every general education course on a 3-year rotation. Chair the Faculty General Education

Committee to review and approve new and existing GE courses. Chair the Advanced Writing and Oral Communication committee to review and approve AWOC classes. Direct the GE petitions committee and review student petitions. Serve on the university curriculum council. Serve on the International Study Program Oversight and Advisory committee. Chair the Study Abroad GE (SAGE) executive and oversight committees.

*Professor* (2006 – 2017; 2020 - )

Taught RecM 430 - Managing Within the Experience Economy, a core class; developed it as a new course.

For Fall 2020, designing a new elective course, "Research seminar in Experience Design and Management"

*Department Chair* (2006 – 2015)

Completed three terms as department chair, the first term in the College of Health and Human Performance and the second two in the Marriott School of Management. Successfully guided the department through the integration into the Marriott School of Management. As part of the transition, led faculty in an in-depth strategic planning process and major curriculum change resulting in a new department name and new program name for one of the department programs (Experience Industry Management). Worked closely with college deans during this process building strong relationships with them. Developed an effective approach to assessing program level learning outcomes with faculty support and involvement resulting in continuous curriculum discussions and improvement by the Experience Industry Management faculty.

*Graduate Coordinator* (2002 – 2005)

Advised students interested in the M.S. program in Youth and Family Recreation. Interviewed all prospective graduate students. Assigned graduate students to faculty mentors. Organized and led graduate student orientations. Advised all new graduate students prior to their committee selection. Read and approved *all* thesis proposals.

Director, Conservation and Outdoor Leadership Training (COLT) Program (2000 – 2005)

Developed and implemented an off-campus experiential learning program for students in the outdoor recreation option. Developed three new courses as part of the program, supervised a student intern, developed and controlled the budget, and provided safe outdoor experiences where students learned and implemented leadership skills.

Adjunct Faculty, School of Family Life (2003 – 2006)

Taught SFL 100 once per year, a General Education class.

Department of Parks, Recreation, and Tourism The University of Utah, Salt Lake City, UT

1997-1999 *Assistant Professor* (1997 – 1999)

Taught courses in the parks, recreation, and tourism core, the outdoor option, and in the graduate program. Taught two core classes per semester and mentored undergraduate and graduate students in research and classroom projects. Advised undergraduate and graduate students each semester. Fulfilled departmental and college committee assignments. Served on graduate student theses committees. Developed a new graduate class.

*Graduate Coordinator* (1998 - 1999)

Met with students interested in the M.S. and Ph.D. program. Organized potential graduate student registration packets for faculty to review and vote on acceptance. Assigned graduate students to faculty mentors. Advised new graduate students prior to their committee selection.

Department of Health, Physical Education, and Recreation Murray State University, Murray, KY

1993-1997 *Assistant Professor* (1993 - 1997)

Taught courses in the recreation core, outdoor option, and in the graduate program. Taught 12 credit hours per semester and mentored undergraduate and graduate students in research and classroom projects. Advised undergraduate and graduate students each semester. Fulfilled departmental and college committee assignments. Developed two new undergraduate courses. Heavily involved in NCATE accreditation process in the department and college.

*Graduate Coordinator* (1996 - 1997)

Met with students interested in the M.S. program. Assigned graduate students to faculty mentors. Advised new graduate students prior to their committee selection. Served on *all* graduate student curriculum and qualifying exam committees.

Department of Recreation and Park Administration Indiana University, Bloomington, IN

1992 – 1993 Visiting Lecturer

Taught two classes per semester in the recreation administration core and outdoor emphasis. Served on departmental and college committees.

National Center on Accessibility Indiana University, Bloomington, IN

1992 Research Associate

Assisted with as well as led research projects related to accessibility issues in outdoor settings. Worked closely with the National Park Service to develop and conduct research projects.

Department of Recreation and Park Administration Indiana University, Bloomington, IN

1990 – 1992 Associate Instructor

Worked with a faculty mentor to assist with teaching classes and conducting research.

## PROFESSIONAL EXPERIENCE

Glendale Youth Recreation Center Salt Lake City Parks and Recreation Department, Salt Lake City, UT

1990 Recreation Program Coordinator

Atwood Outdoor Education Center Rockford Park District, Rockford, IL

1989 Outdoor Instructor

## **SCHOLARLY ACTIVITIES**

\*Denotes co-authored with graduate student(s) throughout the scholarly activities section

# Refereed Journal Articles

- Ellis, G. E., Jiang, J. Freeman, P. A., Lacanienta, A., & Jamal, T. (2020). Leisure as immediate conscious experience: Foundations, evaluation, and extension of the theory of structured experiences. *Journal of Leisure Research*, 51(5): 581 600. DOI: https://doi.org/10.1080/00222216.2020.1754735
- Lacanienta, A., Ellis, G., Hill, B., Freeman, P., & Jiang, J. (2020). Provocation and related subjective experiences along the dark tourism spectrum. *Journal of Heritage Tourism*, 15(6): 626 647. DOI: https://doi.org/10.1080/1743873X.2020.1739055
- Ellis, G. D., Jiang, J., Freeman, P. A., Lacanienta, A., Ellis, E. (2020). In situ engagement during structured leisure experiences: Conceptualization, measurement, and theory testing. *Leisure Sciences*, DOI: 10.1080/01490400.2020.1713938.
- Ellis, G. D., Lacanienta, A., Freeman, P. A., & Hill, B. J. (2019). Evaluating the theory of structured experience propositions: Effects of service quality and experience industry techniques on quality of immediate leisure experiences. *Annals of Leisure Research*. DOI: 10.1080/11745398.2019.1568890.
- Ellis, G. D., Freeman, P., Jiang, J. & Lacanienta, A. (2019). Measurement of deep structured experiences as a binary phenomenon. *Annals of Leisure Research*, 22(1): 119 126. DOI: 10.1080/11745398.2018.1429285.
- Ellis, G. D., Freeman, P. A., Jamal, T., & Jiang, J. (2019). A theory of structured experience. *Annals of Leisure Research*, 22(1), 97-118. DOI: 10.1080/11745398.2017.1312468.
- Ellis, G. D., Freeman, P., & Jiang, J. (2017). Creating experiences for study-abroad tourists. *Journal of Tourism Insights*, 8(1), Article 4. DOI: 10.9707/2328-0824.1072.

- Freeman, P. A., Duerden, M. D., & Hill, B. J. (2016). Being student and practitioner centered: Lessons learned from integrating a recreation management department into a business school. *Schole: A Journal of Leisure Studies and Recreation Education*, 31(2), 26-36. DOI: 10.18666/SCHOLE-2016-V31-I2-7482.
- \*Gagalis-Hoffman, K., Zabriskie, R., & Freeman, P. (2016). A retrospective consideration of recreational family storytelling among parents and their adult children. *Marriage and Family Review*, 52(4), 392-412. DOI: 10.1080/01494929.2015.1100696.
- Duerden, M., Ward, P., & Freeman, P. (2015). Conceptualizing structured experiences: Seeking interdisciplinary integration. *Journal of Leisure Research*, 47(5), 601-620.
- \*Hornberger, L., Zabriskie, R. & Freeman, P. (2010). Contributions of family leisure to family functioning among single-parent families. *Leisure Sciences*, 32, 143-161.
- \*Smith, K., Freeman, P., & Zabriskie, R. (2009). An examination of family communication within the Core and Balance Model of Family Leisure Functioning. *Family Relations*, 58, 79-90.
- \*Swinton, A., Freeman, P., Zabriskie, R., & Fields, P. (2008). Nonresident fathers' leisure patterns during parenting time with their children. *Fathering*, 6(3), 205-225.
- \*Homer, M., Freeman, P., Zabriskie, R., & Eggett, D. (2007). Rituals and Relationships: Examining the Relationship between Family of Origin Rituals and Young Adult Attachment. *Marriage and Family Review, 42*(1), 5-28.
- \*Palmer, A., Freeman, P., & Zabriskie, R. (2007). Family Deepening: A Qualitative Inquiry into the Experience of Families Who Participate in Service Expeditions. *Journal of Leisure Research*, 39(3), 438-458.
- \*Christenson, O., Zabriskie, R., Eggett, D., & Freeman, P. (2006). Family acculturation, family leisure involvement, and family functioning among Mexican-Americans. *Journal of Leisure Research*, 38(4), 475-495.
- \*Liechty, T., Freeman, P., & Zabriskie, R. (2006). Body image and beliefs about appearance: Constraints on the leisure of college-age and middle-age women. *Leisure Sciences*, 28, 311-330.
- \*Freeman, P., Palmer, A., & Baker, B. (2006). Perspectives on life and leisure of LDS women who are stay-at-home mothers. *Leisure Sciences*, 28, 203-221.
- Taniguchi, S., Freeman, P., & Richards, A. L. (2005). Attributes of meaningful learning experiences in an outdoor education program. *Journal of Adventure Education and Outdoor Learning*, 5(2), 25-38.

- Zabriskie, R. B, & Freeman, P. A. (2004). Contributions of family leisure to family functioning among transracial adoptive families. *Adoption Quarterly*, 7(3), 49 77.
- Freeman, P.A., & Zabriskie, R. (2003). Leisure and family functioning in adoptive families: Implications for therapeutic recreation. *The Therapeutic Recreation Journal*, *37*(1), 73 93.
- Freeman, P., & Zabriskie, R. (2002). The role of outdoor recreation in family enrichment. *The Journal of Adventure Education and Outdoor Learning*, 2(2), 131-145.
- \*Freeman, P., Hill, B., & Huff, C. (March, 2002). Development of a family recreation agenda. *LARNet; The Cyber Journal of Applied Leisure and Recreation Research*. (http://www.nccu.edu/larnet/abstracts.html).
- \*Long, T. D., Ellis, G. D., Trunnell, E., Tatsugawa, K. H., & Freeman, P. (2001). Animating recreation experiences through face-to-face leadership: Efficacy of two models. *Journal of Recreation and Park Administration*, 19(1), 1 22.
- Wiggins, M. S., & Freeman, P. A. (2000). Anxiety and flow: An examination of anxiety direction and the flow experience. *International Sports Journal*, 4(2), 78 87.
- Hawkins, B. A., & Freeman, P. A. (1993). The relationship of age, gender and adaptive skill to self reported leisure participation, preferences, and interests of adults with mental retardation. *Leisure Sciences*, 15(2), 131-147.

#### Publications - Under Review or Revision

Ellis, G., Locke, D., Jiang, K. & Freeman, P. Experience journey map: A new experience design tool for structuring youth activities. *Journal of Youth Development*. Submitted for review: July 2020.

### Chapters in Edited Books

- Ellis, G. D., Lacanienta, A. & Freeman, P. A. (2018). Reducing attrition from youth programs through structuring deep, valued, and impactful experiences for youth. In P. Witt & L. Caldwell (Ed.), *Youth Development Principles and Practices in Out-of-School Time Settings*. Sagamore/Venture, p. 351-387.
- \*Swinton, A., Freeman, P. A., & Zabriskie, R. (2009). Divorce and recreation: Nonresident fathers' leisure during parenting time with their children. In T. Kay (Ed.), *Fathering Through Sport and Leisure*. Oxford: Routledge/Taylor & Francis, p. 145-163.
- \*Freeman, P. A., Baker, B., & Zabriskie, R. (2009). Traditional marriages, non traditional leisure: Leisure and fathering of LDS (Mormon) men. In T. Kay (Ed.), *Fathering Through Sport and Leisure*. Oxford: Routledge/Taylor & Francis, p. 164-182.

- Freeman, P. A. (2004). The history of rodeo. In G. L. Cross, G. Chick, & J. Loy (Eds.), *The Encyclopedia of Recreation and Leisure in America* (pp. 225 227). New York: Charles Scribner.
- Duncan, S., & Freeman, P. A. (2005). Families and communities. In C. Hart, L. Newell, E. Walton, & D. Dollahite (Eds.), *Helping and Healing Families: Prophetic Principles of Marriage and Family Life* (pp. 264-269). Salt Lake City, UT: Desert Book Company.

#### Grants/Funded Research

External funding is/was not essential or required in the academic units I have worked in. I have sought internal funding, however, as well as limited external funding for research and mentoring projects.

Funded = \$288,212.00

- Freeman, P. *Measurement and Evaluation of Tourist Experiencescapes*. Brigham Young University, Mentoring Environment Grant. (12/16: \$19,020).
- Freeman, P., & Taniguchi, S. Conservation and Outdoor Leadership Training (COLT) Program: Meeting the professionals in parks, recreation, and tourism in Alaska. Brigham Young University, Fulton Fellowship - College of Health and Human Performance. (5/08: \$3,250).
- Freeman, P. (P.I.), & Zabriskie, R., & Liechty, T. *Qualitative Inquiry into the Leisure Patterns of Transracial Adoptive Families*. Brigham Young University, Fulton Fellowship College of Health and Human Performance. (3/05: \$5,500).
- Zabriskie, R. (P.I.), & Freeman, P. A National Study of Family Leisure Functioning Among Single Parent Families. Brigham Young University, College of Health and Human Performance. (12/04: \$3,500).
- Widmer, M. (P.I.), Freeman, P., & Taniguchi, S. (2004). *Family Leisure Research: WILD Youth Self-Efficacy Study*. External Funding. Working with Kyle Tresner of the BYU LDS Foundation, (12/04: \$115,000.00 to support our ongoing research program).
- Taniguchi, S. (P.I.), & Freeman, P. (2004). *Meaningful Experiences: A Study of Married Couples Perceptions of Meaningful Experiences in the Outdoors*. Brigham Young University, College of Health and Human Performance. (10/04: \$6,000).
- Freeman, P. (P. I.) *Graduate Mentoring in Classroom Teaching Award*. Brigham Young University, Office of Graduate Studies. (5/04: \$4,000).
- Widmer, M. (P.I.), & Freeman, P. The Effects of Challenging Outdoor Recreation on Academic Efficacy and Family Strength Among Disadvantaged Youth and Families. Brigham Young University, Mentoring Environment Grant. (3/04: \$20,000).

- Zabriskie, R. (P. I.), & Freeman, P. A National Study of Family Leisure Functioning Among Single Parent Families. Brigham Young University, College of Health and Human Performance. (10/03: \$7,000).
- Freeman, P. (P. I.) *Leisure and the Lives of Lower-Income LDS Stay-at-home Mothers*. Brigham Young University, College of Health and Human Performance. (10/03: \$4,875).
- Freeman, P. (P. I.) *Graduate Mentoring in Classroom Teaching Award*. Brigham Young University, Office of Graduate Studies. (5/03: \$4,000).
- Freeman, P. (P. I.) *Graduate Mentoring in Research Award*. Brigham Young University, Office of Graduate Studies. (5/03: \$4,000).
- Freeman, P. (P.I). *LDS Mothers' Leisure*. Brigham Young University, College of Health and Human Performance. (10/02: \$3,485).
- Nelson, D. (P. I.), Zabriskie, R, & Freeman, P. Leisure Functioning Among Families with an Adjudicated Youth in a Court Ordered Wilderness Therapy Program. Brigham Young University, The Family Studies Center. (10/02: \$6,400).
- Freeman, P. (P.I.) & Zabriskie, R. *Leisure Functioning in Families with Special Needs Adopted Children*. Brigham Young University, The Family Studies Center. (9/01-5/02: \$2,400).
- Zabriskie, R. (P. I) & Freeman, P. In-kind research funding for *Leisure Functioning in Families with Special Needs Adoptive Children*. Donations received from Raging Waters, SLC, UT. (4/02: \$15,750).
- Hill, B. (P.I.), Widmer, M. & Freeman, P. *Strengthening Marriages Through Joint and Parallel Leisure*. Brigham Young University, Mentoring Environment Grant. (3/00: \$20,000).
- Hill, B. (P.I.), Freeman, P, & Widmer, M. Building Family Strength Through Challenging Family Recreation Experiences. Brigham Young University, College of Health and Human Performance. (1/00 11/00: \$6,000).
- Hill, B. (P.I.), Freeman, P., & Widmer, M. Family Recreation Research Initiative. Brigham Young University, College of Health and Human Performance. (10/99 12/99: \$2,418).
- Freeman, P. (P.I.), Ellis, G., Ruddell, E., & Whitworth, P. *Camp Floyd Stagecoach Inn State Park Visitor Focus Group Study*. State of Utah, Department of Natural Resources, Division of Parks and Recreation. (6/98 10/98; \$4,080).
- Ellis, G. (P.I.), & Freeman, P. Acquisition of Playground Safety Inspection Equipment. University of Utah Teaching Grant. (5/98 12/98; \$2,534).

Freeman, P. (P.I.). *Land Between The Lakes Visitor Profile Study*. Tennessee Valley Authority--Land Between the Lakes. (7/97 - 9/98; \$29,000).

## Refereed Research Presentations Delivered at Professional Meetings

 $\Delta$  Denotes there were published proceedings or abstracts from conference

- Lacanienta, A., Ellis, G., Hill, B. Freeman, P., & Jiang, J. (2019, December). *Testing propositions of Relaxing, pleasurable, and mindful absorption experiences from the theory of structured experience*. Presented at the Australian and New Zealand Association for Leisure Studies. Queenstown, New Zealand.
- Lacanienta, A., Ellis, G., Hill, B. Freeman, P., & Jiang, J. (2019, December). *Provocation on the spectrum of dark tourism*. Presented at the Australian and New Zealand Association for Leisure Studies. Queenstown, New Zealand.
- Ellis, G., Jiang, J., Lacanienta, A., Hill, B., & Freeman, P. (2019, December). *Determinants and results of engagement during story experiences*. Presented at the Australian and New Zealand Association for Leisure Studies. Queenstown, New Zealand.
- Harwell, R., Ellis G., Freeman, P., Hill, B., & Pegg, S. (2019, December). *The historical evolution of diverse conceptions of the immediate leisure experience: Select iconic and merging perspectives.* Presented at the Australian and New Zealand Association for Leisure Studies. Queenstown, New Zealand.
- Jiang, J., Ellis, G. Lacanienta, A., & Freeman, P. (2019, September). *Engagement in interpretation through stories: Coherence, personalization, provocation, and engagement*. Paper presented at the National Recreation and Park Association Conference. Baltimore, Maryland.
- Jiang, J., Ellis, G. Lacanienta, A., & Freeman, P. (2019, March). *Engagement During Structured Leisure Experiences: Conceptualization, Measurement, and Theory Testing.*Paper presented at the Southeastern Travel and Tourism Research Association Annual Conference. Daytona Beach, Florida.
- Lacnienta, A., Ellis, G., Freeman, P., and Hill, B. (2019, February). Testing select propositions about absorption from the theory of structured experience. Paper presented at The Academy of Leisure Sciences Conference on Teaching and Research. Greenville, SC.
- Lacanienta, A., Ellis, G., Freeman, P., & Jiang, K. (2018, November). *Interpretation and Structured Experience Theory*. Paper presented at National Association of Interpretation Conference. New Orleans, Louisiana.

- ΔEllis, G., Lacanienta, A., Freeman, P., & Hill, B. (2018, June) Testing the presumed effects of service performance, theme, personalization, and multisensory appeal on quality of structured experiences. Paper presented at 49<sup>th</sup> Annual International Travel and Tourism Research Association Conference. Coral Gables, Florida. https://scholarworks.umass.edu/ttra/2018/Academic Papers Oral/3/
- Lacanienta, A., Ellis, G. D., Freeman, P. A., Jiang, J., Stricklin, M., & Hill, B. (2018, February) *A graphical approach to measuring deep structured experiences as a binary phenomenon*. Paper presented at TALS Annual Conference on Research and Teaching. Indianapolis, Indiana.
- Freeman, P. A., Ellis, G. D., & Jiang, J. (2016, May). *An empirical examination of select propositions of situated experience theory among education tourists*. Paper presented at the 12<sup>th</sup> Annual International Conference on Tourism. Athens, Greece.
- Ellis, G. D., Freeman, P. A., & Jiang, J. (2016, May). *Measurement of situated tourist experience theory concepts*. Paper presented at the 12<sup>th</sup> Annual International Conference on Tourism. Athens, Greece.
- Freeman, P., Ward, P., & Agate, S. T. (2014, July). *Recreation-related venues' social media practices: Use patterns, engaging practices, and building relationships.* Paper presented at the 2014 Leisure Studies Association Summer Conference, Paisley, Scotland.
- Hill, B., & Freeman, P. (2014, July). *Defining the experience industry Practitioners' perspectives*. Paper presented at the 2014 Leisure Studies Association Summer Conference. Paisley, Scotland.
- \*Hutchings, C., Freeman, P., Lundberg, N., & Coyne, S. (2012, October). *Spousal connectedness and information and communication technology device use*. Paper presented at the Leisure Research Symposium, NRPA National Congress. Anaheim, CA.
- ΔFotu, I., Freeman, P., Zabriskie, R., & Egget, D. (2008). Family Leisure Involvement and Family Functioning In Samoa. *Abstracts from the 2008 Leisure Research Symposium*, 57 59. Ashburn, VA; National Recreation and Park Association.
- \*Agate, S. T., Freeman, P. (2008, February). *Exploring the meaning of family leisure from fathers' perspectives*. Paper presented at the Strengthening Families, Youth, and Communities: Putting Knowledge to Work Conferenc. Myrtle Beach, SC.
- \*Malcarne, B., Taniguchi, S., & Freeman, P. (2008, February). *Wilderness skills and youth treatment interventions*. Paper presented at the Strengthening Families, Youth, and Communities: Putting Knowledge to Work Conference. Myrtle Beach, SC.

- ΔPhilbrick, P., Freeman, P., & Nelson, D. (2007). An examination of family skiing and its relationship to family functioning. In I. Schneider & B. McCormick (Eds.), Abstracts from the 2007 Symposium on Leisure Research (p. 45-46). Ashburn, VA; National Recreation and Park Association.
- ΔTaniguchi, S. T., Freeman, P., & Draper, C. (2007). A call for theory: Moving leisure research beyond description. In I. Schneider & B. McCormick (Eds.), Abstracts from the 2007 Symposium on Leisure Research (p. 212-216). Ashburn, VA; National Recreation and Park Association.
- ΔTaniguchi, S. T., & Freeman, P. A., Taylor, S., & Malcarne, B. (2006). Conflict processing and marital satisfaction: A study of marital conflict in outdoor winter recreational settings. In W. Hendricks & I. Schneider (Eds.), *Abstracts from the 2006 Symposium on Leisure Research* (p. 89). Ashburn, VA; National Recreation and Park Association.
- ΔTaniguchi, S. T., & Freeman, P. A. (2006). Grounded theory in leisure research: The classical grounded theory approach or QDA? In W. Hendricks & I. Schneider (Eds.), *Abstracts from the 2006 Symposium on Leisure Research* (p. 96). Ashburn, VA; National Recreation and Park Association.
- ΔHomer, M. M., Freeman, P. A., Zabriskie, R. B., & Eggett, D. L. (2006). An examination of the relationship between family of origin rituals and young adult attachment style. In W. Hendricks & I. Schneider (Eds.), Abstracts from the 2006 Symposium on Leisure Research (p. 29). Ashburn, VA; National Recreation and Park Association.
- ΔTaniguchi, S., & Freeman, P., Taylor, S., & Malcarne, B. (2005, November). *Married couples' perceptions of meaningful experiences and marital satisfaction in outdoor recreation activities*. Paper presented at the Association for Experiential Education International Conference, Tucson, AZ. Abstract published in *Journal of Experiential Education*, 28(3), 253-256.
- ΔPalmer, A., Freeman, P., & Zabriskie, R. (2005). Family deepening: A qualitative inquiry into the experience of families who participate in service missions. In D. Kerstetter & W. Hendricks (Eds.), *Abstracts from the 2005 Symposium on Leisure Research* (p. 57). Ashburn, VA; National Recreation and Park Association.
- ΔWidmer, M., Taniguchi, S., Duerden, M., & Freeman. P. (2005). Increasing and generalizing self-efficacy: Effects of wilderness guide training on academic efficacy. In D. Kerstetter & W. Hendricks (Eds.), Abstracts from the 2005 Symposium on Leisure Research (p. 69). Ashburn, VA; National Recreation and Park Association.
- ΔBaker, B., Freeman, P., Zabriskie, R., & Palmer, A. (2005). Family and personal leisure perspectives from LDS fathers and mothers: Implications for service provision. In T. Delamer, Randall, C., & Robinson, D. (Eds.), *Book of abstracts: 11<sup>th</sup> Canadian Congress on Leisure Research-CD Rom.* Nanaimo, BC: The Recreation and Tourism Research Institute.

- ΔTaniguchi, S., Freeman, P., & Richards, A. L. (2005). Challenging recreation in education: Dewey and Kant perspectives for creating meaningful learning experiences in schools. In T. Delamer, Randall, C., & Robinson, D. (Eds.), *Book of abstracts: 11<sup>th</sup> Canadian Congress on Leisure Research-CD Rom.* Nanaimo, BC: The Recreation and Tourism Research Institute.
- ΔBaker, B., Freeman, P., Palmer, A., & Zabriskie, R. (2004). Traditional marriages, non-traditional leisure: A qualitative inquiry into the leisure of LDS (Mormon) men. In W. Borrie & D. Kerstetter (Eds.), *Abstracts from the 2004 Symposium on Leisure Research* (p. 22). Ashburn, VA; National Recreation and Park Association.
- ΔLiechty, T., Freeman, P., Zabriskie, R., & Hawkes, S. (2004). Body image and beliefs about appearance: Maternal influences and resulting constraints on leisure of college aged women. In W. Borrie & D. Kerstetter (Eds.), *Abstracts from the 2004 Symposium on Leisure Research* (p. 28). Ashburn, VA; National Recreation and Park Association.
- ΔCoco-Ripp, J., Compton, D., & Freeman, P. (2004). The effect of staff training on the provision of inclusive recreation services for persons who are deaf. In W. Borrie & D. Kerstetter (Eds.), Abstracts from the 2004 Symposium on Leisure Research (p. 3). Ashburn, VA; National Recreation and Park Association.
- ΔPalmer, A., Freeman, P., & Baker, B. (2004). A qualitative inquiry into the leisure and ideology of LDS women who are stay-at-home mothers. In W. Borrie & D. Kerstetter (Eds.), *Abstracts from the 2004 Symposium on Leisure Research* (p. 11). Ashburn, VA; National Recreation and Park Association.
- ΔTaniguchi, S., & Freeman, P. A. (2003, November). Outdoor education and meaningful learning: Finding the attributes to meaningful learning experiences in an outdoor education program. Paper presented at the Association for Experiential Education International Conference, Vancouver, British Columbia, Canada. Abstract published in Journal of Experiential Education, 26(3), 210-211.
- ΔHansen, N., Freeman, P. A., Ihli, A., & Young, S. (2003). Mom, Mormon, and student: A qualitative inquiry into the leisure of young LDS mothers. In S. Stewart & W. Borrie (Eds.), *Abstracts from the 2003 Symposium on Leisure Research* (p. 24). Alexandria, VA: National Recreation and Park Association.
- ΔHill, B. J., Freeman, P. A., & Huff, C. (2001). The influence of challenging family recreation on family functioning. In Havitz, M. & Floyd, M. (Eds.), *Abstracts from the 2001 Symposium on Leisure Research* (p. 65). Alexandria, VA: National Recreation and Park Association.
- ΔHuff, C., Hill, B., & Freeman, P. (2000). Development of a family recreation research agenda. In Samdahl, D. & Havitz, M. (Eds.), *Abstracts from the 2000 Symposium on Leisure Research* (p. 26). Alexandria, VA: National Recreation and Park Association.

- ΔLong, T., Ellis, G., Trunnell, E., Tatsugawa, K., & Freeman, P. (1999). Effectiveness of Four Models for Engineering Recreation Experiences. In Stewart, W. P. & Samdahl, D. (Eds.), *Abstracts from the 1999 Symposium on Leisure Research* (p. 17). Alexandria, VA: National Recreation and Park Association.
- ΔFreeman, P. A. (1998). Direction of anxiety and the flow experience: An intra-individual analysis. In Bialeschki, M. D. & Stewart, W. P. (Eds.), *Abstracts from the 1998 Symposium on Leisure Research* (p. 41). Alexandria, VA: National Recreation and Park Association.
- ΔFreeman, P. A. (1997). An exploration of flow using the Flow State Scale. In Hultsman, J. & Bialeschki M. D. (Eds.), *Abstracts from the 1997 Symposium on Leisure Research* (p. 20). Alexandria, VA: National Recreation and Park Association.
- ΔFreeman, P., & Wiggins, M. (1997, September). *Directionality of anxiety and the flow experience*. Paper presented at the 1997 Association for the Advancement of Applied Sports Psychology, San Diego, CA. Abstract published in *Journal of Applied Sports Psychology*, 9(Supplement), 50.
- ΔFreeman, P. A., Tarrant, M. A., & Cordell, H. K. (1996). The reliability of the perceived crowding scale. In Stokowski, P. A. & Hultsman, J. (Eds.), *Abstracts from the 1996 Symposium on Leisure Research* (p. 81). Alexandria, VA: National Recreation and Park Association.
- ΔFreeman, P. A. (1994). Facilitating flow experiences during challenge education activities. In Villanueva, J. (Ed.), *Proceedings Manual for the 22nd Annual AEE International Conference* (pp. 11-13). Boulder, CO: Association for Experiential Education.
- ΔFreeman, P. A., & Hawkins, B. A. (1993). The experience of 'flow' during challenge education activities for adults. In Riddick, C. C. & Watson, A. (Eds.), *Abstracts from the 1993 Symposium on Leisure Research* (p. 77). Alexandria, VA: National Recreation and Park Association.
- ΔHawkins, B. A., & Freeman, P. A. (1993). Factor analysis of leisure constraints for aging adults with mental retardation. In Riddick, C. C. & Watson, A. (Eds.), *Abstracts from the 1993 Symposium on Leisure Research* (p. 7). Alexandria, VA: National Recreation and Park Association.
- ΔHawkins, B. A., Mash. C., & Freeman, P. A. (1991). Leisure interests and preferences of aging adults with mental retardation: An exploration of choice-making determinants. In C. Sylvester & L. Caldwell (Eds.), *Abstracts from the 1991 Symposium on Leisure Research* (p. 30). Alexandria, VA: National Recreation and Park Association.

# Research Presentations at State-level Meetings

- \*Smith, K., Freeman, P., & Zabriskie, R. (2005, March). An examination of family communication within the Core and Balance Model of Family Leisure Functioning. Paper presented at the Utah Recreation and Park Association, Salt Lake City, UT.
- \*Palmer, A., & Freeman, P. (2004, March). A qualitative inquiry into the leisure of LDS women who are stay-at-home mothers. Paper presented at the Utah Recreation and Park Association, St. George, UT.
- \*Leichty, T., & Freeman, P. (2004, March). *Body image and beliefs about appearance:* Constraints on leisure of college-aged women. Paper presented at the Utah Recreation and Park Association, St. George, UT.
- Freeeman, P., & Zabriskie, R. (2003, March). Family leisure among intact adoptive families: *Implications for recreation providers*. Paper presented at the Utah Recreation and Park Association, Ogden, UT.
- \*Hansen, N., Young, S., & Freeman, P. (2003, March). *Mom, Mormon, and student: Is there time for leisure?* Paper presented at the Utah Recreation and Park Association, Ogden, UT.
- Jacquot, R., Baust, J., Freeman, P., & Jacobs, M. (1996, August). *An evaluation of Kentucky Hunter Education Programs*. Presented to the Kentucky Department of Fish and Wildlife Resources, Frankfurt, KY.

## **Professional Presentations**

- Duerden, M., & Freeman, P. (2016, March). *Experience research: Priming the pump*. Session at 3<sup>rd</sup> annual Experience Industry Management Conference, Provo, UT.
- Hill, B., Freeman, P., Lundberg, N., & Duerden, M. (2015, March). *Using positive psychology and recreation to impact community wellness*. Education Session Presentation at the Utah Recreation and Park Association Congress, Provo, UT.
- Hill, B., Freeman, P., Lundberg, N., & Duerden, M. (2014, October). *Using positive psychology and recreation to impact community wellness*. Education Session Presentation at the National Recreation and Park Association Congress, Charlotte, NC.
- Duerden, M. D., & Freeman, P. (2013, October). *Moving beyond customer satisfaction:* Staging memorable recreation experiences. Education Session Presentation at the National Recreation and Park Association Congress, Houston, TX.

- Larsen, D., Freeman, P., Chalip, L., & DeLuce, J. (2013, October). *A matter of degree: Chapter 2*. Education Session Presentation at the National Recreation and Park Association Congress, Houston, TX.
- Larson, D., Allen, L., Freeman, P., Henderson, K. (2012, October). *A matter of degree*. Education Session Presentation at the National Recreation and Park Association Congress, Anaheim, CA.
- Freeman, P., Palmer, A. & Baker, B. (2008, February). *Family leisure beyond Jurassic Park: A case for purposeful leisure*. Paper presented at the Strengthening Families, Youth, and Communities: Putting Knowledge to Work Conference, Myrtle Beach, SC.
- Freeman, P. (2005, May). *Professional leadership and survival within higher education*. Faculty Women's Association annual retreat, Provo, UT.
- Hill, B. J., & Freeman, P. A. (2003, November). *Permit systems on national public lands*. International Conference on Outdoor Recreation Education, Orem, Utah.
- \*Taniguchi, S., & Freeman, P. (2002, March). Conservation and Outdoor Leadership Training: A model for experiential learning and program evaluation. Utah Recreation and Park Association, St. George, UT.
- Freeman, P., & Nelson, D. (2001, March). Experiential learning opportunities through Conservation and Outdoor Leadership Training (COLT). American Alliance of Health, Physical Education, Recreation, and Dance, Cincinatti, OH.
- Hill, B. J., & Freeman, P. A.. (2001, January). *Adding value to research and evaluation courses*. Society of Park and Recreation Educators Bi-Annual National Conference, Salt Lake City, UT.
- Freeman, P., Chipman, C., Baldwin, J., & Rothschadl, A. (1999, June). *Family leisure activities for a healthy lifestyle*. American Association of Family and Consumer Sciences Conference Seattle, WA.
- Ellis, G., & Freeman, P. (1999, March). *How to evaluate playgrounds for safety*. Recreation and Parks Association Conference, St. George, UT.
- Freeman, P., & Ellis, G. (1998, November). *Playground safety evaluation: It can be a part of your curriculum.* Intermountain Leisure Symposium, Provo, UT.
- Freeman, P., & Rothschadl, A. (1998, June). *Leisure across the life cycle: The role of family*. American Association of Family and Consumer Sciences Conference, Atlanta, GA.
- Chipman, C., & Freeman, P. (1998, June). *Traditions: Linking generations and strengthening families*. American Association of Family and Consumer Sciences Conference, Atlanta, GA.

Freeman, P. (1994, October). Facilitating challenge education programs to avoid unintentional psychotherapy. Presentation at the Kentucky Alliance of Physical Education, Recreation, and Dance state conference, Louisville, KY.

#### SUPERVISION OF STUDENT SCHOLARSHIP

#### Graduate Student Theses and Dissertations

- Hutchings, C. (2012). Spousal Connectedness and Personal Information and Communication Technology Use. Brigham Young University, UT. Master's thesis, committee chair.
- Clark, T. (2011). A Qualitative Exploration of Family Strength and Unity in Family Crucibles. Brigham Young University, UT. Master's thesis, committee member.
- Covey, C. (2010). *An application of Importance Performance Analysis to Family Camps*. Brigham Young University, UT. Master's thesis, committee member.
- Draper, C. (2009). Exploring <u>Calvin and Hobbes</u>: Comic strip illuminates issues surrounding family recreation. Brigham Young University, UT. Master's thesis, committee chair.
- Bennion, Z. (2008). "Work is Fun": The phenomenon of boys enjoying work in a camp setting. Brigham Young University, UT. Master's thesis, committee chair.
- Fotu, I. (2007). Family leisure involvement and family functioning in Samoa. Brigham Young University, UT. Master's thesis, committee chair.
- Malcarne, B. (2007). Constructive enabling: Applying a wilderness skills intervention to support the therapeutic change process of adolescent females in residential treatment. Brigham Young University, UT. Master's thesis, committee member.
- Agate, J. (2007). An examination of the relationship between family leisure satisfaction and satisfaction with family life. Brigham Young University, UT. Master's thesis, committee member.
- Hornberger, L. (2007). Contributions of family leisure to family functioning among single-parent families. Brigham Young University, UT. Master's thesis, committee member.
- Philbrick, L. P. (2007). An examination of family skiing and its relationship to family functioning. Brigham Young University, UT. Master's thesis, committee member.
- Swinton, A. T. (2006). An examination of nonresident fathers' leisure patterns, leisure constraints, leisure facilitators, and satisfaction with leisure involvement during parenting time with their children. Brigham Young University, UT. Master's thesis, committee chair.

- Homer, M. M. (2006). An examination of the relationship between family of origin ritual and young adult attachment style. Brigham Young University, UT. Master's thesis, committee chair.
- Smith, K. (2005). An examination of family communication within the Core and Balance Model of Family Leisure Functioning. Brigham Young University, UT. Master's thesis, committee chair.
- Ihli, A. (2004). A qualitative inquiry into the experience of families who participate in service missions. Brigham Young University, UT. Master's thesis, committee chair.
- Baker, B. (2004). Family differentiation, family recreation, and symptoms of eating disorders. Brigham Young University, UT. Master's thesis, committee member.
- Christenson, O. (2004). An examination of perceptions for family acculturation, family leisure involvement, and family functioning among Mexican-Americans. Brigham Young University, UT. Master's thesis, committee member.
- Gagalis-Hoffman, K. (2004). An examination of the meaning of family recreational storytelling among parents and their adult children. Brigham Young University, UT. Master's thesis, committee member.
- Taniguchi, S. (2004). Outdoor education and meaningful learning: Finding the attributes of meaningful learning experiences in an outdoor education program. Brigham Young University, UT. Doctoral dissertation, committee member.
- Leichty, T. (2004). Body image and beliefs about appearance: Maternal influences and resulting constraints on leisure of college-age women. Brigham Young University, UT. Master's thesis, committee chair.
- Coco-Ripp, J. (2003). The effect of awareness training and planned contact on the provision of an inclusive environment for persons who are deaf. University of Utah, Salt Lake City, UT. Doctoral dissertation, committee member.
- Pennington, C. (2002). *Children's beliefs as determinants of physical activity*. Brigham Young University, Provo, UT. Master's thesis, committee chair.
- Wells, M. W. (2001). The influence of adventure recreation on the collective efficacy of families with at-risk youth. Brigham Young University, Provo, UT. Master's thesis, committee member.
- Miller, D. (1999). Effect of values-based training on job esteem and hospitality values of front line hotel employees. University of Utah, Salt Lake City. Doctoral dissertation, committee member.

Armstrong, Y. (1995). Relationships between environmental attitudes and demographic characteristics of state park visitors. North Carolina State University, Raleigh, NC, Master's thesis, committee member.

# INVITED SPEAKING OPPORTUNITIES WHILE AT BRIGHAM YOUNG UNIVERSITY

Freeman, P. (2012, July). *Intentional recreation and things that matter most*. University forum given at Brigham Young University, Provo, UT. Broadcast worldwide on BYUTV. http://www.byutv.org/watch/59e1a149-864b-492c-a5e3-e3807f3dc12f/byu-forum-address-patti-freeman-71712

Freeman, P. & Packer, N. (2011, April). *The whole idea of wholesome activities*. Presentation at LDS Women's Conference, Provo, UT.

Freeman, P., & Widmer, M. (2008, April). *Threads that bind: Families that play together, stay together*. Presentation at LDS Women's Conference, Provo, UT.

## CITIZENSHIP/PROFESSIONAL SERVICE

# Council on Accreditation of Parks, Recreation, Tourism and related programs

Chair; 2020 - 2021

Vice-Chair; 2019 - 2020

Council member; 2018 – present

Academic Accreditation and COAPRT Program Visitor Training; Presenter 2018 - present

#### Editorial and Review Positions

Session Chair, ANZALS Biennial Conference, 2019

Reviewer, World Leisure Journal, 2019

Reviewer, Child and Family Social Work, 2019

Reviewer, Annals of Leisure Research, 2018, 2019

Associate Editor, Leisure Sciences, 2005 – 2015

Associate Editor, Schole: A Journal of Leisure Studies and Recreation Education, 2002 – 2008

Reviewer, Journal of Youth Development, 2017

Reviewer, *Journal of Leisure Research*, 1997, 2008, 2009, 2010, 2011, 2012, 2013, 2015, 2018

Reviewer, Family Relations, 2005, 2009, 2010, 2013, 2015

Reviewer, LARNet; The Cyber Journal of Applied Leisure and Recreation Research, 2002 - 2009

Reviewer, SPRE Leisure Research Symposium/NRPA Research Meeting, 1998, 2003, 2010, 2015

Reviewer, textbook for McGraw-Hill, 1997

Reviewer, Schole: A Journal of Leisure Studies and Recreation Education, 1994 – 1998, 2003, 2005

Reviewer, Therapeutic Recreation Journal, 1992, 1993

Associate Editor, *Illuminare: A Student Journal in Recreation, Park, and Leisure Studies*, 1992 - 1993

#### Accreditation Visitor

East Carolina University, Recreation and Leisure Studies – Visitor Chair, March 2018. Texas A&M University, Parks, Recreation, and Tourism Sciences – Visitor Chair, January 2016

Metropolitan State University of Denver, Recreation Professions Program – Accreditation Team Member, March, 2015

Temple University, Sport and Recreation Management Program – Accreditation Visitor Chair, April, 2013

California State University Chico, Department of Recreation – Accreditation Team Member, April, 2012

Arizona State University, School of Community Resources and Development – Accreditation Single Visitor. April, 2010

Texas State University; Department of Health, Physical Education and Recreation – Accreditation Visitor Chair, October, 2008.

University of Missouri; Department of Parks, Recreation, and Tourism – Accreditation Team Member. April, 2007.

# Invited External Program Reviewer

California State University – Northridge, Invited member of external review team for the University Program Review of the Department of Leisure Studies and Recreation. March 2-3, 2005.

#### Invited Reviewer for Tenure and Promotion

Dawn Trussell, University of Manitoba, Tenure and Promotion to Associate Professor, 2015 Mary Wells, University of Utah, Tenure and Promotion to Associate Professor, 2013 Ariel Rodriguez, Arizona State University, Tenure and Promotion to Associate Professor, 2013

Michael Moode, Stephen F. Austin University. For promotion to Full Professor, 2003 Barbara Hawkins, Indiana University. For promotion to Full Professor, 1999.

Doug Nelson, Brigham Young University. For promotion to Associate Professor, 1994

## **Profession**

University Accreditation Visitor, Council on Accreditation of Parks, Recreation, Tourism and related programs, 2005 - present

Academy of Leisure Sciences Challenge Grant Committee, 2013 – 2019

Committee Member, Society of Park and Recreation Educators (SPRE) Manual of Procedures Committee, 2008 - 2010

Committee Member, Society of Park and Recreation Educators (SPRE) Professional Development Committee, 2003 - 2005

Kentucky Parks and Recreation Society, Outdoor Section Chair, 1997 - 1998

Dean, National Outdoor Recreation and Rural Tourism Consortium, 1996

National Recreation and Park Association liaison with the Association for Experiential Education, 1993 - 1996

American Association of Leisure and Recreation, Board of Directors, 1991 – 1993

## University

# **Brigham Young University**

University Curriculum Council, Member, 2016 – 2020

Faculty General Education Council, Chair, 2016 – 2020

Advance Writing and Oral Communication, Chair, 2016 – 2020

International Studies Programs Oversight Committee, 2016 – 2020

Affordable Textbook Committee, Member, 2017 – 2020

Advisor Council Committee, Member, 2017 – 2020

Study Abroad General Education (SAGE) Committee, Chair, 2017 – 2020

Faculty Women's Association, President-elect, President, and past-president, 2016 – 2019

Evaluation of Online Courses Committee, Member, 2016 –2017

Search Committee for Experiential Learning Center Director, 2017

Women's Conference Planning Committee, 2010 - 2012

Gerontology Program Review Committee, 2008 - 2009

Faculty Women's Association – Leadership Committee Chair, 2005 - 2009

College of HHP Dean's Search Committee, 2003 - 2004

Faculty Women's Association – Leadership Committee Member, 2003 - 2005

Outdoor Club Faculty Advisor, 2000 – 2001

## Murray State University

Marketing Land Between the Lakes to Students Committee, 1996 – 1997

#### College

#### Brigham Young University

Marriott School of Business Diversity and Inclusion Committee, Chair, 2020 – present

Marriott Inclusion in the Business School Student Association, Faculty Advisor, 2020 – present

Marriott Inclusion in the Business School Student Association, Advisory Board Member, 2020 - present

General Education Student Petition Committee, Chair, 2016 - 2020

Marriott School of Business Dean's Search Committee, Member, 2017 – 2018

Undergraduate Education IT Committee, Chair 2017 – 2018

Marriott School Curriculum Task Force Committee, 2010

Marriott School Curriculum Committee, 2009 - 2016

Marriott School Business Management Application Committee, 2010, 2012, 2103

Graduate Research Committee, 1999 - 2004

Learning Resource Center Advisory Committee, 1999 – 2000

## Murray State University

Graduate Studies Committee, 1996 - 1997

Academic Dishonesty Committee, 1995 - 1996

NCATE Syllabi Review Committee, 1995 - 1996

Technology Strategic Planning Committee, 1993 - 1995

Performance & Assessment Task Force, 1993 – 1997

Indiana University

HPER Outstanding Teacher Award Nomination Committee, 1993

Academic Fairness Committee, 1992 – 1993

# Department

## **Brigham Young University**

Co-chair of accreditation self-study preparation, 2020

Department Chair, 2006 - 2015

Member, Curriculum Development Committee, 2004 – 2006

Member, Development Committee, 2004 – 2005

Member, Assessment Committee, 2003 –2006

Graduate Coordinator, 2002 - 2005

Member, Executive Committee Member, 2001 – 2005

Graduate Faculty, 1999 – present

Chair & Member, Outdoor Programs Committee, 2002 - present

Member, Faculty Search Committees, 2000, 2002, 2004, 2005

Member, Collaboration with the U of U Committee, 2001 – 2002

Chair, Scholarship Awards Committee, 1999 – 2000

## University of Utah

Director of Graduate Studies, 1998 - 1999

Chair, Master's Degree Title for Professional Track Degree Committee, 1998 - 1999

Chair, M.S. Professional Track Development Committee, 1998 - 1999

Chair, Grievance Committee, 1997 – 1999

#### Murray State University

Graduate Studies Coordinator, 1996 - 1997

Chair, Grievance Committee, 1996 – 1997

Chair, Assessment (Goals and Mission) Committee, 1996 - 1997

Teaching Portfolio Review Committee co-chair, 1995 - 1997

Carr Health Building Renovation Committee, 1995 - 1997

Co-chair, Professional Development Committee, 1994 - 1997

Chair, Program Evaluation Committee, 1993 – 1997

#### **Community**

Swiss Days Volunteer, Midway, UT, 2003 - present

Wasatch County Horse Council Secretary, 2017 - 2018

Stroke and Turn Judge, Wasatch High School Swim Team, 2015 – 2019

Salt Lake 2002 Winter Olympics Volunteer, Snowbasin Women's Course, 2002

America's Freedom Festival Gala Event, Committee Member, 2001

Murray/Calloway County Parks and Recreation Department, Board Member, 1996 - 1997

Planning Committee, Chair Program Committee, Member

Planning and Advisory Committee, Gateway Challenge Course - National Scouting Museum

## PROFESSIONAL MEMBERSHIPS

The Academy of Leisure Sciences, 2012 – present
National Recreation and Park Association, 1989 – 2016
International Association of Venue Management, 2012 - 2015
Society of Park and Recreation Educators, 1994 - 2012
National Therapeutic Recreation Society, 1992 – 1995
Utah Recreation and Park Association, 1998 – 2005, 2008 - 2016
Association for Experiential Education, 1993 – 1998, 2001 – 2005,
Kentucky Alliance of Physical Education, Recreation, and Dance, 1994 - 1997
Kentucky Recreation and Parks Society, 1995 - 1997
Wilderness Education Association, 1990 – 1994

## CONSULTING/CONTRACTUAL WORK

Greater Rockies Initiatives Program; 1998: Facilitated challenge education activities Tennessee Valley Authority--Land Between The Lakes; 1996: Facilitated three focus groups to examine visitor perceptions of the Elk and Bison Prairie

Murray State University; 1996, 1997: Program facilitator at "Interconnected: Integrating Math and Science Using Environmental Education" workshop

Ballard County Middle School,1996: Workshop facilitator at Peer Leadership Retreat. Kentucky Department of Fish and Wildlife; 1995 - 1996: Research design and statistical consultant to assist in the evaluation of Kentucky Hunter Education Programs

National Scouting Museum; 1994 - 1997: Provide staff training in challenge education programming, new program development and evaluation, and facilitate challenge education programs

Girl Scouts of America--Camp Bear Creek; 1994 - 1997: Provide staff training in challenge education programming

Bradford Woods, Indiana University; 1991 - 1993: Facilitated challenge education programs Indiana University Outfitters; 1991 - 1993: Backpacking instructor, rock climbing coinstructor

#### PROFESSIONAL DEVELOPMENT

Venue Management School, Oglebay, WV, 2012 Grounded Theory Troubleshooter's Seminar, New York City, 2005 Publish and Flourish Seminar Participant, 2005 Advanced Writing TA/Faculty Workshop, 2005

Grounded Theory Troubleshooter's Seminar, New York City, 2004

Advanced Writing TA/Faculty Workshop, 2004

General Education Academy on Teaching and Learning, 2003

Teaching Assistant Supervisor Seminar, 2003

Teaching Partnerships Workshop Participant, 2002

Family Leisure Research Retreat, 2002

Writing Across the Curriculum Workshop, 2001

Publish Don't Perish Campus Workshop, 2001

Applied Sample Size Analysis Campus Workshop, 2001

BYU Faculty Development Series, 1999 - 2001

Wilderness First Responder NOLS Course, 2000

Publish Don't Perish Campus Workshop, 2000

Seeking External Research Funding Campus Workshop, 2000

Leave No Trace Trainer's Workshop, 1999

NRPA's Maintenance Management School, Colorado Springs, 1995

Writing Case Studies Campus Workshop, 1995

Challenge Course Instructor Certification Workshop, Adventure Experiences Inc., 1994

Executive Development Program, Indiana University, 1992 - 1993

Ropes Course Instructor II Certification, George Williams College, 1989

## **AWARDS AND HONORS**

National Advisory Council Distinguished Fellowship, 2020 - present

Outstanding Professional – Academics, Utah Recreation and Park Association, 2015

College Citizenship Award, Marriott School, 2012

Honored Faculty Lecture, College of Health and Human Performance, 2007

College Teaching Excellence Award, College of Health and Human Performance, 2006

CURPA Professional of the Year, 2004

Finalist, Murray State University Board of Regents Teaching Award, 1997

Exemplary Junior Faculty, Murray State University, 1995

Outstanding Graduate Student, 1988

#### TEACHING ASSIGNMENTS

#### Brigham Young University

\*Indicates courses I developed and prepared for curriculum review and university approval.

\*\* Indicates a General Education Course

RecM/EXDM 123 and 223R are continuing education classes and do not count as course load

#### FALL SEMESTER 2020

EXDM 123 – Introduction to Outdoor Recreation (2 hrs)

18 students

\*EXDM 585 –Experience Design Research Seminar

4 students

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WINTER SEMESTER 2020 EXDM 223R – Winter Camping (2 hrs)	16 students
FALL SEMESTER 2019 EXDM 123 – Introduction to Outdoor Recreation (2 hrs)	19 students
WINTER SEMESTER 2019 EXDM 223R – Winter Camping (2 hrs)	16 students
FALL SEMESTER 2018 RecM 123 – Introduction to Outdoor Recreation (2 hrs)	18 students
WINTER SEMESTER 2018 RecM 223R – Winter Camping (2 hrs)	16 students
FALL SEMESTER 2017 RecM 123 – Introduction to Outdoor Recreation (2 hrs)	16 students
SPRING TERM 2017 RecM 497R – Special Topics–Mentored Research Project	11 students
WINTER SEMESTER 2017 RecM 223R – Winter Camping (2 hrs) RecM 489 – Careers in Recreation (1 hr)	14 students 11 students
FALL SEMESTER 2016  RecM 123 – Introduction to Outdoor Recreation (2 hrs)  *RecM 430 – Managing Experience Industries (3 hrs)	17 students 36 students
SPRING TERM 2016 RecM 223R – Basic Backpacking (2 hrs)	12 students
WINTER SEMESTER 2016 RecM 223R – Winter Camping (2 hrs) *RecM 494R – Experience Design Lab (3 hrs)	16 students 12 students
FALL SEMESTER 2015  RecM 123 – Introduction to Outdoor Recreation (2 hrs)  *RecM 430 – Managing Experience Industries (3 hrs)  *RecM 430 – Managing Experience Industries (3 hrs)  *RecM 494R – Experience Design Lab (3 hrs)	16 students 32 students 20 students 9 students
SPRING TERM 2015 – Study abroad to Fiji, New Zealand, Australia BusM 430 – Introduction to International Business RecM 497R – Special Topics–Interntul. Experience Industry Mngmnt	15 students 15 students

	Freeman, 25
WINTER SEMESTER 2015 *RecM 430 – Venue Management (3 hrs) IAS 201R – Study Abroad Prep Class	28 students 16 students
FALL SEMESTER 2014  RecM 223R – Basic Backpacking (2 hrs)  *RecM 430 – Venue Management (3 hrs)	12 students 56 students
SPRING 2014 RMYL 223R – Basic Backpacking (2 hrs)	12 students
WINTER SEMESTER 2014  RecM 223R – Winter Camping (2 hrs)  *RecM 430 – Venue Management (3 hrs)	15 students 72 students
FALL SEMESTER 2013  RecM 223R – Basic Backpacking (2 hrs)  *RecM 430 – Venue Management (3 hrs)	13 students 60 students
SPRING TERM 2013 – Study abroad to Western Europe BusM 430 – Introduction to International Business RecM 497R – Special Topics–International Venue Management	23 students 23 students
WINTER SEMESTER 2013 RecM 223R – Winter Camping (2 hrs) *RecM 430 – Venue Management (3 hrs) IAS201R – Study Abroad Prep Class	15 students 50 students 23 students
FALL SEMESTER 2012  RecM 223R – Basic Backpacking (2 hrs)  *RecM 430 – Venue Management (3 hrs)	14 students 17students
SPRING TERM 2012 RMYL 223R – Basic Backpacking (2 hrs)	11students
WINTER SEMESTER 2012 RMYL 223R – Winter Camping (2 hrs) RMYL 497R – National Park Experience (2 hrs)	14 students 15 students
FALL SEMESTER 2011  RMYL 223R – Basic Backpacking (2 hrs)  *RMYL 610 – Statistics for Leisure Professionals (3 hrs)	15 students 4 students
SPRING TERM 2011 RMYL 223R – Basic Backpacking (2 hrs)	12 students

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WINTER SEMESTER 2011 RMYL 223R – Winter Camping (2 hrs) RMYL 497R – National Park Experience (2 hrs)	15 students 12 students
FALL SEMESTER 2010 RMYL 223R – Basic Backpacking (2 hrs)	12 students
*RMYL 610 – Statistics for Leisure Professionals (3 hrs) <u>SPRING TERM 2010</u>	8 students
RMYL 223R – Basic Backpacking (2 hrs) WINTER SEMESTER 2010	13 students
RMYL 223R – Winter Camping (2 hrs) RMYL 426 – COLT Preparation (3 hrs)	19 students 2 students
FALL SEMESTER 2009  **RMYL 223R – Basic Backpacking (2 hrs)  *RMYL 610 – Statistics for Leisure Professionals (3 hrs)	18 students 5 students
SPRING TERM 2009 – Study Abroad - New Zealand, Australia, Fiji  **RMYL 223R – Basic Backpacking (2 hrs)  **RMYL 223R – Outdoor Skills (2 hrs)  RMYL 427 – COLT Program (5 hrs)	25 students 25 students 25 student
WINTER SEMESTER 2009  **RMYL 223R – Winter Camping (2 hrs)  RMYL 426 – COLT Preparation (3 hrs)	17 students 6 students
FALL SEMESTER 2008  **RMYL 223R – Basic Backpacking (2 hrs)  *RMYL 610 – Statistics for Leisure Professionals (3 hrs)	15 students 5 students
SPRING TERM 2008  **RMYL 223R – Basic Backpacking (2 hrs)  **RMYL 223R – Basic Rock Climbing (2 hrs)  RMYL 427 – COLT Program (5 hrs)	6 students 6 students 6 students
WINTER SEMESTER 2008  **RMYL 223R – Winter Camping (2 hours)  RMYL 426 – COLT Preparation (3 hrs)	21 students 6 students
FALL SEMESTER 2007  **RMYL 223R – Basic Backpacking (2 hrs)  *RMYL 610 – Statistics for Leisure Professionals (3 hrs)	17 students 5 students

	Freeman, 27
SPRING TERM 2007  **RMYL 223R – Basic Backpacking (2 hrs)	10 students
WINTER SEMESTER 2007  **RMYL 223R – Winter Camping (2 hrs)	18 students
FALL SEMESTER 2006	
**RMYL 223R – Basic Backpacking (2 hrs) *RMYL 610 – Statistics for Leisure Professionals (3 hrs)	17 students 6 students
RWITE 610 – Statistics for Leisure Professionals (5 firs)	o students
SPRING TERM 2006 **RMYL 223R – Basic Backpacking (2 hrs)	14 students
WINTER SEMESTER 2006 – Study Abroad, New Zealand	
RMYL 199R – Academic Internship (1 – 3 hrs)	24 students
**RMYL 223R – Basic Backpacking (2 hrs)	31 students
**RMYL 223R – River Recreation (2 hrs)	32 students
**RMYL 223R – Rock Climbing (2 hrs)	32 students
RMYL 301 – Family Recreation (3 hrs)	22 students
RELC 492 – Senior Seminar in Youth Leadership (2 hrs)	21 students
FL 100 – Strengthening Marriage and Family (3hrs)	20 students
FALL SEMESTER 2005	
**RMYL 223R – Basic Backpacking (2 hrs)	17 students
**RMYL 487 – Research and Evaluation (3 hrs)	16 students
*RMYL 611 – Philosophy and Social Psychology of Leisure (3 hrs)	3 students
SPRING TERM 2005	
**RMYL 223R – Basic Backpacking (2 hrs)	12 students
Winter Semester 2005	
**RMYL 223R – Winter Camping (2 hrs)	25 students
**RMYL 487 – Research and Evaluation (3 hrs)	26 students
**FamL 100 – Strengthening Marriage and Family (3 hrs)	24 students
FALL SEMESTER 2004	
**RMYL 223R – Basic Backpacking (2 hrs)	20 students
**RMYL 487 – Research and Evaluation (3 hrs)	14 students
*RMYL 611 – Philosophy and Social Psychology of Leisure (3 hrs)	7 students
Spring Term 2004	
RMYL 223R – Basic Backpacking (2 hrs)	15 students

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Winter Semester 2004	
RMYL 223R – Winter Camping (2 hrs)	17 students
**RMYL 487 – Research and Evaluation (3 hrs)	14 students
RMYL 611 – Philosophy and Social Psychology of Leisure (3 hrs)	4 students
FALL SEMESTER 2003	
RMYL 223R – Basic Backpacking (2 hrs)	19 students
*RMYL 422 – Org. & Leadership of Outdoor Programs (3 hrs)	10 students
RMYL 423 – Outdoor Recreation (3 hrs)	10 students
Spring Term 2003	
RMYL 223R – Basic Backpacking (2 hrs)	18 students
Winter Semester 2003	
**FamL 100 – Strengthening Marriage and Family (3 hrs)	31 students
RMYL 223R – Winter Camping (2 hrs)	21 students
RMYL 487 – Research and Evaluation (3 hrs)	20 students
Fall Semester 2002	
RMYL 223R – Basic Backpacking (2 hrs)	19 students
RMYL 487 – Research and Evaluation (3 hrs)	28 students
RMYL 611 – Philosophy and Social Psychology of Leisure (3 hrs)	5 students
Spring Term 2002	
RMYL 223R – Basic Backpacking (2 hrs)	20 students
Winter Semester 2002	
RMYL 223R – Winter Camping (2 hrs)	20 students
RMYL 487 – Research and Evaluation (3 hrs)	28 students
RMYL 611 – Philosophy and Social Psychology of Leisure (3 hrs)	6 students
Fall Semester 2001	
RMYL 223R – Basic Backpacking (2hrs)	13 students
*RMYL 422 – Org. & Leadership of Outdoor Programs (3 hrs)	11 students
RMYL 423 – Outdoor Recreation (3 hrs)	11 students
RWITE 425 – Outdoor Recreation (5 ms)	11 Students
SUMMER TERM 2001	
RMYL 223R – Backpacking (2 hrs)	18 students
RMYL 487 – Research and Evaluation (3 hrs)	25 students
Winter Semester 2001	
RMYL 223R – Winter Camping (2 hrs)	23 students
RMYL 487 – Research and Evaluation (3 hrs)	15 students
RMYL 487 – Research and Evaluation (3 hrs)	25 students
RMYL 487 – Research and Evaluation (3 hrs) – overload class	14 students

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FALL SEMESTER 2000  *RMYL 421 – Outdoor Experiential Education (3 hrs)  *RMYL 422 – Org. & Leadership of Outdoor Programs (3 hrs)  RMYL 223R – Basic Backpacking	11 students 11 students 11 students
SPRING TERM 2000  RMYL 223R – Backpacking (2 hrs)  RMYL 304 – Leisure in Modern Society (3 hrs)	15 students 13 students
WINTER SEMESTER 2000 RMYL 223R – Winter Camping (2 hrs) RMYL 304 – Leisure in Modern Society (3 hrs) RMYL 611 – Philosophy and Social Psychology of Leisure (3hrs)	19 students 56 students 4 students
FALL SEMESTER 1999  RMYL 223R - Basic Backpacking (2 hrs)  RMYL 304 – Leisure in Modern Society (3 hrs)  RMYL 423 – Management of Outdoor Systems (2 hrs)	14 students 80 students 5 students
SPRING TERM 1999  RMYL 223R – Basic Backpacking (2 hrs)  RMYL 304 – Leisure in Modern Society (3 hrs)	11 students 15 students
University of Utah *Indicates courses I developed and prepared for curriculum review and university	ty approval.
SPRING SEMESTER 1999 PRT 3500 - Outdoor Recreation (3 hrs) *PRT 3350 - Site/Facility Management (2 hrs)	30 students 52 students
FALL SEMESTER 1998  *PRT 6040 - Facilitation of Recreation Experiences (3 hrs)  PRT 3350 – Site/Facility Management (2 hrs)	23 students 38 students
SUMMER TERM 1998 PRT 385R –Evaluation and Research (4 hrs)	23 students
SPRING QUARTER 1998 PRT 385R – Computer Application (3 hrs) PRT 192 – Introduction to Recreation Leisure (3 hrs)	12 students 30 students
WINTER QUARTER 1998 PRT 192 - Introduction to Recreation Leisure (3 hrs) PRT 378 - Research Methods (3 hrs) PRT 392 - Independent Study (3 hrs)	30 students 46 students 1 student

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Fall Quarter 1997	
PRT 192 - Introduction to Recreation Leisure (3 hrs)	42 students
PRT 378 - Research Methods (3 hrs)	38 students
PRT 392 - Independent Study (3 hrs)	1 student
Murray State University	
*Indicates courses I developed and prepared for curriculum review and u	university approval.
SUMMER TERM 1997	
HPER 311 - Outdoor Adventure Activities (3 hrs)	19 students
HPER 520 - Leisure and Aging (3 hrs)	16 students
PRING SEMESTER 1997	
HPER 304 - Practicum in Community Leadership (1 hr)	8 students
HPER 403 - Areas and Facilities in HPER (3 hrs)	26 students
HPER 450 - Recreational Uses of Natural Resources (3 hrs)	20 students
HPER 640 - Research Methods in HPER (3 hrs)	11 students
HPER 650 - Graduate Seminar in HPER (1 hr)	8 students
AUTUMN SEMESTER 1996	
HPER 101 - Introduction to Recreation (3 hrs)	23 students
HPER 476 - Natural Resource and Park Management (3 hrs)	8 students
HPER 490 – National Outdoor Recreation Consortium (3 hrs)	10 students
HPER 609 - Statistical Techniques for HPER (3 hrs)	8 students
HPER 650 - Graduate Seminar in HPER (1 hr)	8 students
SUMMER TERM 1996	
HPER 311 - Outdoor Adventure Activities (3 hrs)	21 students
HPER 520 - Leisure and Aging (3 hrs)	18 students
Spring Semester 1996	
*HPER 401 - Research and Evaluation in Recreation (3 hrs)	24 students
HPER 403 - Areas and Facilities in HPER (3 hrs)	25 students
HPER 450 - Recreational Uses of Natural Resources (3 hrs)	26 students
HPER 640 - Research Methods in HPER (3 hrs)	10 students
AUTUMN SEMESTER 1995	
HPER 101 - Introduction to Recreation (3 hrs)	21 students
HPER 311 - Outdoor Adventure Activities (3 hrs)	16 students
HPER 476 - Natural Resource and Park Management (3 hrs)	9 students
HER 609 - Statistical Techniques for HPER (3 hrs)	8 students
SUMMER TERM 1995	
HPER 311 - Outdoor Adventure Activities (3 hrs)	19 students
HPER 520 - Leisure and Aging (3 hrs)	19 students

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SPRING SEMESTER 1995	
HPER 401 - Research and Evaluation in Recreation (3 hrs)	22 students
HPER 403 - Areas and Facilities in HPER (3 hrs)	24 students
*HPER 411 – Principles of Challenge Education (3 hrs)	8 students
HPER 609 - Statistical Techniques for HPER (3 hrs)	7 students
HPER 650 - Graduate Seminar in HPER (1 hr)	7 students
AUTUMN SEMESTER 1994	
HPER 101 - Introduction to Recreation (3 hrs)	21 students
HPER 304 - Practicum in Community Leadership (1 hr)	8 students
HPER 311 - Outdoor Adventure Activities (3 hrs)	9 students
HPER 476 - Natural Resource and Park Management (3 hrs)	7 students
HPER 640 - Research Methods in HPER (3 hrs)	11 students
Summer Term 1994	
HPER 520 - Leisure and Aging (3 hrs)	16 students
Spring Semester 1994	
HPER 101 - Introduction to Recreation (3 hrs)	17 students
HPER 304 - Practicum in Community Leadership (1 hr)	7 students
HPER 403 - Areas and Facilities in HPER (3 hrs)	16 students
HPER 450 - Recreational Uses of Natural Resources (3 hrs)	22 students
HPER 650 - Graduate Seminar in HPER (1 hr)	4 students
AUTUMN SEMESTER 1993	
HPER 101 - Introduction to Recreation (3 hrs)	20 students
HPER 311 - Outdoor Adventure Activities (3 hrs)	12 students
HPER 405 - Administration of Recreation Services (3 hrs)	22 students
HPER 476 - Natural Resource and Park Management (3 hrs)	7 students